

# The Child Care



Eastern Shore Child Care  
Resource Center  
at Salisbury University

# Chat

Published by the Eastern Shore Child Care Resource Center

WINTER 2025

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

## LETTER FROM THE DIRECTOR

Happy New Year from the ESCCRC!

We hope that you all had a restful break, stayed warm, enjoyed some family and friends time, ate some delicious food, and are prepared for a successful 2025. The ESCCRC is looking forward to continuing our relationship with each of you as we learn, grow, and build relationships that benefit young children.

Exciting news to announce this quarter: The Eastern Shore Child Care Resource Center (ESCCRC) received two new grants that promote the Growing Opportunities for Family Child Care (GOFCC) program. Funding came from local sources: the Perdue Foundation and the Community Foundation of the Eastern Shore. The ESCCRC is so grateful for these generous grants that make state-required and small-business trainings available to in-home early childhood programs.

Over the last three years, the ESCCRC has worked diligently to support new home-based programs throughout our eight-county region with state funding. GOFCC has supported 36 new home-based early childhood programs on the Eastern Shore. With the private funding, the ESCCRC will continue to guide and support new programs with business trainings available to all interested home-based early childhood educators this year. Contact the office ★ for information if you know someone who would like to open a home-based early childhood program, or visit [www.openchildcaretoday.com](http://www.openchildcaretoday.com).

In January, the Business Foundations Series will be offered in four modules on January 7, 14, 21 and 28. This series is a broad overview of how to manage your child care business in your home. Business strategies, marketing, taxes

and programming will be covered. Call the main office for information and to sign up. This is such a helpful series that we encourage all home-based providers, no matter how experienced or how long they have been in business, to attend.

Another series that will transform your in-home child care business is All Our Kin. It is an in-depth look at business management specific to operating a child care business in your home and will be offered this spring. All interested home-based early childhood educators are encouraged to register and attend. Be on the lookout for the schedule.

In other training news, Block Parties are scheduled! Wicomico County child care providers will be able to participate in this training opportunity this February and March. There will be three sessions: February 5 (registration begins on January 22), February 19 (registration begins on February 5) and March 5 (registration begins on February 19). To be equitable and as impartial as possible, there are requirements for registration:

- Individuals must call Jenn Hogan to register: 410-543-6650
- Maximum of three classroom teachers/assistants from each center
- Material pick-up is two days before each session, 8:30 a.m.-6 p.m., Wicomico High School bus loop
- Family child care providers are encouraged to register
- ESCCRC will email pick-up information to registrants
- ESCCRC will email a Zoom invitation to all registrants

Last quarter, in *The Child Care Chat*, I asked if anyone read this letter where I share information not found in the training

schedule. Four people responded, and they received a surprise as promised. Again, as I write this, I wonder if my words found an audience. Find the star in my letter and email me where you found it. Four of you will be winners.

As always, if you have suggestions for training topics, please contact me at 410-543-6650. There are many new and current titles available. Coaching is available in all counties. Please reach out to your coach or call the office. The ESCCRC looks forward to working with you this year.

Best wishes for a memorable holiday season.

*Leslie*



### Price Updates

During the January through March 2025 quarter, two-hour training sessions will cost \$5 and three-hour training sessions will cost \$10. Other sessions are priced as marked. Medication Administration is \$60. An ESCCRC Membership continues to be \$30 and comes with a \$30 credit to be used toward training.

# TRAINING CALENDAR

**CPR & FIRST AID NOTICE:** The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:

**Jay Hyde:** 443-496-2464 • 1stalertcpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

*Please pay attention to the location information given with workshop details.*

## JANUARY TRAINING

**Salisbury, Lower Shore:** SU Office, 500 East Campus Complex, Power & Wayne Streets

**Wye Mills, Upper Shore:** Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, January 7 6:30-8:30 p.m. Virtual	\$10	<b>Business Foundations Series, Module I Family Child Care Only</b> This is a business introductory series that provides new family child care professionals with basic business training, resources, and support. This first session details the importance of identifying your business structure, start-up fees and expense tracking/record keeping.	2 PRO	Abilities Network
Thursday, January 9 6-9 p.m. Virtual	\$10	<b>Including All Children and the Americans with Disabilities Act</b> How does the Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	L. Sinclair
Tuesday, January 14 6:30-8:30 p.m. Virtual	\$10	<b>Business Foundations Series, Module II Family Child Care Only</b> This second session details the procedures for registering your business and setting up your finances with applying for an EIN and opening a business bank account.	2 PRO	Abilities Network
Tuesday, January 21 6:30-8:30 p.m. Virtual	\$10	<b>Business Foundations Series, Module III Family Child Care Only</b> This third session details the importance of creating a financial system for your business.	2 PRO	ESCCRC
Saturday, January 25 9 a.m.-4 p.m. Wye Mills	\$60	<b>Medication Administration</b> Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	Mary Williams
Saturday, January 25 10 a.m.-Noon Wye Mills	\$5	<b>Math and Literacy: The Perfect Pair</b> Literature is an ideal vehicle to help young children see the importance of numbers and math concepts in their daily lives. This workshop explores the many ways of creating a classroom environment that stimulates mathematical thinking and preparing fun math activities based on children's literature.	2 CUR	L. Doeler
Tuesday, January 28 6:30-8:30 p.m. Virtual	\$10	<b>Business Foundations Series, Module IV Family Child Care Only</b> This fourth session details the importance of setting your prices to be able to market and grow your business.	2 PRO	ESCCRC

## FEBRUARY TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, February 6 6:30-8:30 p.m. Virtual	\$5	<b>Enjoying Special Moments with Infants and Toddlers</b> This course will help you discover how to create special moments with infants and toddlers every day. Learn how to turn diaper changing and routine tasks into special moments that you share with each child.	2 CD	R. Merryweather
Tuesday, February 11 6-9 p.m. Virtual	\$10	<b>Basic Health and Safety with Supporting Breastfeeding in Child Care</b> This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of "learning disfluency" which challenges the learner to think about what they know; through discussion and research, confirm or expand their knowledge base; and share their experience with others.	3 HSN	L. Sinclair
Saturday, February 22 9 a.m.-4 p.m. Salisbury	\$60	<b>Medication Administration</b> Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Tuesday, February 25 6-9 p.m. Wye Mills	\$10	<b>Re-Boot Your Centers: Implementing and Managing a Dynamic Learning Environment</b> This workshop discusses the importance of emergent literacy, social emotional skills and self-regulation skills. Participants will gain strategies to use in their programs that encourage their children to use positive behaviors and express themselves	3 CUR	L. Doeler

### Up-to-Date Info from the ESCCRC

**Check your email inbox for the most up-to-date news from the ESCCRC.** Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

### Attention Directors

Think about a comfortable place to have meaningful discussions about what you do every day. Consider the benefits of talking your ideas through with colleagues who will be honest with you. Imagine supporting each other as you navigate the challenges associated with being a center director. If this appeals to you, follow the link below and join professionals as we do this work together. Call 410-543-6650 or <https://forms.gle/raethV72FPn2Qaqb6>.

To learn more about communities of practice read here:  
<https://www.earlylearningventures.org/what-are-communities-of-practice-in-early-childhood-education/>

# TRAINING CALENDAR

## MARCH TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Saturday, March 1 9 a.m.-Noon Salisbury	\$10	<b>Myths About Infants and Toddlers</b> Participants will identify and debunk common myths about infant and toddler development. They will learn to talk to parents about their concerns regarding the myths using reputable sources.	3 CD	R. Merryweather
Saturday, March 15 9 a.m.- Noon Virtual	\$10	<b>Planning for Mixed Age Groups</b> In this mixed-age group workshop, family child care providers will learn how environment influences learning and how to organize the environment to ensure a safe, accessible and effective classroom that can be adapted to meet the interests and needs of all children. Providers will also identify activities to meet the needs of all age groups, abilities and environments.	3 CUR	L. Doeler
Saturday, March 15 9 a.m.-4 p.m. Wye Mills	\$60	<b>Medication Administration</b> Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Williams
Tuesday, March 25 6-9 p.m. Virtual	\$10	<b>Including All Children and the Americans with Disabilities Act</b> How does the Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	L. Sinclair

### TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): “Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers’ classroom practice and child outcomes.”

“Almost all creativity involves  
purposeful play.”

– ABRAHAM MASLOW





## NEWS FROM THE INFANT AND TODDLER SCENE

### ***Stress-Free Developmentally Appropriate Learning Experiences for Infants and Toddlers***

Developing experiences (lesson plans) for infant and toddlers should not cause additional stress. Educators often over think play experiences for infants and toddlers. Activities should be simple, engaging, developmentally appropriate and include challenges that stimulate the mind. During the first year of life, babies begin to understand how different objects work together and what they can do in relationship to each other. Expensive learning toys are not necessary. Look around your environment for items you already have that will encourage exploration and thinking. How can you expand on songs or books that your children really enjoy? Running bus wheels through bright colored paint and then making bus tracks on plain paper would expand “The Wheels on the Bus” song. How often do you find yourself wanting to make handprint or footprint crafts to send home? Why not pair this activity with a great book, *Ten Little Fingers and Ten Little Toes*, by Mem Fox, illustrated by Helen Oxenbury (2008) and create a developmentally appropriate learning experience?

Could you play hide and seek with simple everyday items they already enjoy? Do you have items you could use for color matching and sorting? What are some items in your program that children can stack, roll, bounce, dump or fill? Many activities can be made from recycled materials. Think about simple items like boxes, plastic bowls and cups, bins and pocketbooks, scarfs, and wooden spoons. Children are naturally curious and will engage with a multitude of materials if they are made available to them. Always keep safety and the developmentally appropriateness of materials in mind. Small object choke testing tubes are readily available online and can be used to test the safety of materials before using.

Zero to Three encourages educators to include activities that are action oriented, include quiet play time, build thinking skills, enhance the senses and develop language. To read more about some fun experiences for young children go to: <https://www.zerotothree.org/resource/play-activities-for-birth-to-12-months/>

The ESCCRC offers an infant and toddler-specific training each month to support infant and toddler educators. Check out the training calendar to find one on a topic you are interested in or let training staff know of other topics of interest.

## **Update Your LOCATE Information and Enter to Win!**

Maryland Family Network’s LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN’s LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.

## **How to Get Your Training Hours**

**In Person:** At our SU and ESHEC locations

**ESCCRC:** Virtual classroom, networking with others through active discussion

**Self-Paced:** Convenient

**Individualized:** Training tailored to a group’s specific need

**Online:** Self-paced at your time and your location using ProSolutions at [www.prosolutionstraining.com/md](http://www.prosolutionstraining.com/md)

**Think about it, choose what best suits you, and contact Leslie Sinclair at [lasinclair@salisbury.edu](mailto:lasinclair@salisbury.edu) or at 410-543-6650.**



## Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

## How to File a Program Complaint

If you believe a particular child care program is in violation of state child care licensing laws or regulations, you may file an official complaint against that program. To file a complaint, contact the Regional Licensing Office covering the county where the program is located.

## TRAINING POLICY AND EXPECTATIONS

**CUR**-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

**Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:**

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at [www.training.easternshoreccrc.org](http://www.training.easternshoreccrc.org)
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your Assessment and Evaluation. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

**“Play is our brain’s favorite way of learning.”**

– DIANE ACKERSON,  
CONTEMPORARY AMERICAN AUTHOR



## MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at [MCCRNinfo@marylandfamilynetwork.org](mailto:MCCRNinfo@marylandfamilynetwork.org). As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

## GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out [openchildcaredtoday.com](http://openchildcaredtoday.com). If you have questions, you may contact the ESCCRC at 410-543-6650.

## Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.-5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

## Who's Who at the ESCCRC

- Lynne Doeler, Coach/GOFCC
- Jenn Hogan, Registrar
- Rose Merryweather, Coach/TA Coordinator
- Leslie Sinclair, Director/Training Coordinator

Contact the main office at 410-543-6650 and we will direct you to the right person by phone or by email.

## What Professionals Do

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!



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at Salisbury University

## WINTER 2025

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Child Care Resource Center

Suite 500 East Campus Complex  
Salisbury, MD 21801  
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[easternshoreccrc.org](http://easternshoreccrc.org)

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Salisbury  
UNIVERSITY

Make Tomorrow Yours



MARYLAND  
FAMILY  
NETWORK



MARYLAND CHILD CARE  
RESOURCE NETWORK



Maryland  
STATE DEPARTMENT OF EDUCATION



**“Playtime is precious. Play builds brain pathways for thinking, creativity, flexibility, empathy and many other lifelong skills.”**

– HEATHER SHUMAKER



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 NETWORK



**Maryland**  
 STATE DEPARTMENT OF EDUCATION



MARYLAND CHILD CARE  
 RESOURCE NETWORK

ADDRESS SERVICE REQUESTED



**Visit Us on the World Wide Web**

Just log onto [www.easternshoreccrc.org](http://www.easternshoreccrc.org) or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



**Check us out on Facebook:** Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

**REGISTRATION FORM**

Name \_\_\_\_\_ Resource Center Member? Yes \_\_\_\_\_ No \_\_\_\_\_

Center (if applicable) \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_  
Street City State Zip Area Code

Email Address \_\_\_\_\_

**Make personal check or money order for FULL AMOUNT payable to: Salisbury University**  
**Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,**  
**Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650**

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Name on card \_\_\_\_\_

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_