

The Child Care



Eastern Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Eastern Shore Child Care Resource Center

SPRING 2025

The ESCCRC elevates the early childhood profession through cohesive professional learning opportunities, advocates for the highest quality learning environments for young children, and supports the unique needs of all families.

LETTER FROM THE DIRECTOR

Sunny greetings from the ESCCRC.

Are we all ready for warmer weather? Sunny skies? Outdoor play and picnic lunches? Winter weather is slowly revealing crocuses and daffodils, along with warmer temperatures and other spring-y changes we welcome after the snow-filled winter we had!

We face changes all the time: meeting someone new, starting a new position, working on a new skill or hobby, or taking on a new challenge. Change helps us grow. Spring is a great time to set a plan and try something new.

The first challenge I am suggesting is that you join a child care association. A child care association is a network of committed early childhood educators who create high-quality learning environments for young children on the Eastern Shore. Child care associations are organized groups of informed early childhood educators who get together to network, share ideas, analyze child care issues, promote quality, support families,

advocate for young children and boost the child care profession. The ESCCRC is working to support a network of child care associations. Please be on the lookout for an email about how you can be a part of a peer-led professional organization close to home – and accept that challenge.

The second challenge I propose is that you reflect on your strengths. We all have them. Sometimes we are hesitant to identify what we are good at, but I encourage you to go look in the mirror. Smile at yourself and give yourself a real compliment. Think about how you encourage children to try hard things by cheering them on or smiling confidently as they build new skills. What other strengths do you have? Maybe mentoring new staff, creating the best lesson plan ever, storytelling, implementing outdoor curriculum or perhaps you are the classroom management wizard. We all have unique talents that, when combined with those of our colleagues, contribute to a well-oiled child care program.

The third challenge is to use your strengths to benefit the profession. Once you've identified your strengths, look for ways to share with others. How can you do this? You are champions at observing children, so put that skill to use by observing your peers – help out when you see a need in your area of expertise. You could offer your services on social media, talk to your director or speak to others in the child care association mentioned above. ★ You could become a mentor, write an article for a newsletter, present to a group of parents, or set up a table at a resource event for the benefit of colleagues and families.

If you take on these challenges, you will make a difference in the lives of young children every day, you will improve their learning experiences, and you will add value to the early childhood profession on the Eastern Shore.

Finally, take some time to consider the professional development offered in this flyer. Find something that you'd like to learn more about and then sign up. If you see the star, let me know by emailing me at lasinclair@salisbury.edu. I'll send a little "thank you" to the first four I hear from.

Best wishes for a wonderful spring!

Leslie

Price Updates

Training cost is currently \$5 for a two-hour training and \$10 for a three-hour training. The Cost of Medication Administration is \$60. ESCCRC membership will now be \$30 and comes with a \$30 credit to be used toward training.



TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:

Jay Hyde: 443-496-2464 • 1stalertcpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details.

A P R I L T R A I N I N G

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, April 10 6-9 p.m. Virtual	\$10	Ants in Their Pants: Teaching Children Who Must Move to Learn Kinesthetic learners are naturally active and have a lot of energy to expend. The ideas and strategies in this workshop will help child care professionals work with and meet the needs of all the children in their care, especially the kinesthetic learner.	3 CUR	G. Wierengo
Thursday, April 17 6-9 p.m. Virtual	\$10	Teaching with Heart: Celebrating Children's Unique Talents This workshop is designed to help early childhood educators recognize and nurture the individual strengths and abilities of every child. Participants will learn how to create inclusive, strengths-based learning environments that inspire confidence and creativity.	1 CUR 2 SN	K. Mercer
Tuesday, April 22 6-9 p.m. Virtual	\$10	Basic Health & Safety Training with Supporting Breastfeeding in Child Care This second session details the procedures for registering your business and setting up your finances with applying for an EIN and opening a business bank account.	3 HSN	L. Sinclair
Saturday, April 26 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin

Up-to-Date Info from the ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC. Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

Attention Directors – Get Connected!

Think about a comfortable place to have meaningful discussions about what you do every day. Consider the benefits of talking your ideas through with colleagues who will be honest with you. Imagine supporting each other as you navigate the challenges associated with being a center director. If this appeals to you, follow the link below and join professionals as we do this work together. Call 410-543-6650 or visit <https://forms.gle/raethV72FPn2Qaqb6>.

Learn more about communities of practice:

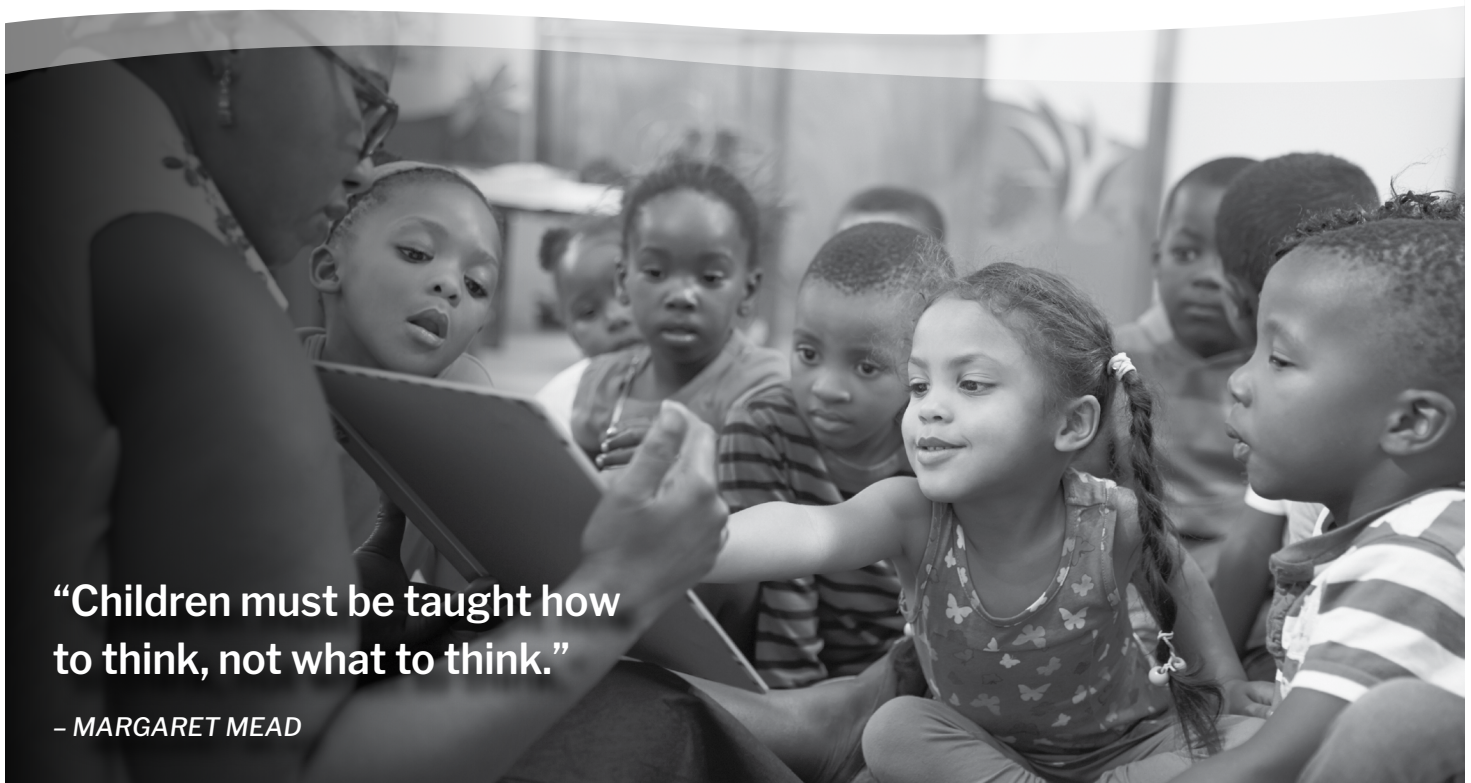
<https://www.earlylearningventures.org/what-are-communities-of-practice-in-early-childhood-education/>

MAY TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, May 8 6-9 p.m. Virtual	\$10	Including All Children & the Americans with Disabilities Act This course will help you discover how to create special moments with infants and toddlers every day. Learn how to turn diaper changing and routine tasks into special moments that you share with each child.	3 SN	L. Sinclair
Saturday, May 10 10 a.m.-Noon ESHEC Room 212	\$10	Go with the Flow: Classrooms Schedules & Transitions Participants will gain an understanding of the importance of daily schedules and routines and enhance skills needed to develop and implement schedules and routines in their classroom. Participants will learn strategies to effectively transition from one activity to another.	2 CUR	L. Doeler
Saturday, May 10 9 a.m.-4 p.m. ESHEC Room 213	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Williams
Tuesday, May 13 6:30-8:30 p.m. Salisbury	\$5	More Than Running Around: Connecting the Mind & Body This training presents information to develop practice and skills to create an environment designed to support children's learning through movement. Participants will engage in discussions and activities that will help them learn how to explain how movement influences learning and how to develop environments that incorporate movement for learning in multiple areas of the learning environment	1 CD 1 CUR	A. Lanius



“Children must be taught how to think, not what to think.”

– MARGARET MEAD

TRAINING CALENDAR

JUNE TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, June 10 6:30-8:30 p.m. Salisbury	\$5	Caring for Little Ones: Using Sign Language to Communicate This training is designed to introduce infant and toddler teachers to using sign language with children to support communication. Through this highly interactive training, students will learn 8-10 signs for "needs-meeting" words such as more, all done, mommy, daddy, stop, etc. Students will also walk away with created hand sign placards and pair them with the spoken words that match the signs.	2 CD	R. Merryweather
Saturday, June 14 9 a.m.-Noon Virtual	\$10	Basic Health & Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of "learning disfluency," which challenges the learner to 1. Think about what they know; 2. Through discussion and research confirm or expand their knowledge base; and 3. Share their experience with others.	3 HSN	L. Sinclair
Saturday, June 14 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Tuesday, June 24 6-9 p.m. Virtual	\$10	Child Care as a Profession Childcare professionals use the best standards, practices, strategies, resources and materials available. Gain a better understanding of ways that you can embrace professionalism to enhance your personal and professional practice	3 PRO	K. Klein



"Almost all creativity involves purposeful play."

– ABRAHAM MASLOW



NEWS FROM THE INFANT AND TODDLER SCENE

Outdoor Play Offers Sensory Exploration Opportunities

From the Good2Know Network

Infants and toddlers enjoy using their five senses to discover the world around them. The feeling of sand, dirt and grass between toes; the scent of newly cut grass; the sound of a dog barking, or the sensation of a breeze through leaves are just some of the exciting outdoor sensory experiences available to little learners.

Non-nature outdoor sights and sounds are also sources of discovery and learning for children, as described in a video from the Head Start Early Learning and Knowledge Center:

“No matter where young children live, the outdoor world offers them interesting things to see, discover and learn. Everything that happens outside – crawling from grass to a hard surface and being surprised by the change in texture, waving to a mail carrier while out on a neighborhood walk, feeling excitement as a fire truck races by with the siren blaring, looking at the different shapes, sizes, and colors of buildings and street signs – helps children develop social/emotional, physical, cognitive, language and literacy skills.”

<https://good2knownetwork.org/supporting-infant-toddler-development-through-outdoor-play/#:~:text=Outdoor%20Play%20Offers%20Sensory%20Exploration,language%2C%20and%20literacy%20skills.%E2%80%9D>

Update Your LOCATE Information and Enter to Win!

Maryland Family Network's LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN's LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.

TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): “Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers’ classroom practice and child outcomes.”

How to Get Your Training Hours

In Person: At our SU and ESHEC locations

ESCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Training tailored to a group's specific need

Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md

Think about it, choose what best suits you, and contact Leslie Sinclair at lasinclair@salisbury.edu or at 410-543-6650.



TRAINING POLICY AND EXPECTATIONS

CUR-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in — This allows the ESCCRC to maintain funding as your CCRC and training hub.
ATTENTION: In order to provide your certificate in a reasonable amount of time, you must submit your Assessment and Evaluation. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes.
This is your professional responsibility!
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

How to File a Program Complaint

If you believe a particular child care program is in violation of state child care licensing laws or regulations, you may file an official complaint against that program. To file a complaint, contact the Regional Licensing Office covering the county where the program is located.

Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

What Professionals Do

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.



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easternshoreccrc.org

The Eastern Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.

Salisbury
UNIVERSITY

Make Tomorrow Yours



MARYLAND
FAMILY
NETWORK



MARYLAND CHILD CARE
RESOURCE NETWORK



Maryland
STATE DEPARTMENT OF EDUCATION

Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.-5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out openchildcaretoday.com. If you have questions, you may contact the ESCCRC at 410-543-6650.

Who's Who at the ESCCRC

- Lynne Doeler, Coach/GOFCC
- Jenn Hogan, Registrar
- Rose Merryweather, Coach/Technical Assistance Coordinator
- Leslie Sinclair, Director/Training Coordinator

Contact the main office at 410-543-6650 and we will direct you to the right person by phone or by email.

**"Playtime is precious. Play builds
brain pathways for thinking, creativity,
flexibility, empathy and many other
lifelong skills."**

- HEATHER SHUMAKER





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STATE DEPARTMENT OF EDUCATION



MARYLAND CHILD CARE
RESOURCE NETWORK

ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University

**Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650**

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____