

The Child Care



Eastern Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Eastern Shore Child Care Resource Center

SUMMER 2023

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

LETTER FROM THE DIRECTOR

Hello Everyone,

Happy summer! Of course, you have creative ways to maximize your outside time during the summer months! Water play of all sorts cools the kids: water tables, sprinklers, misters, slip 'n' slides and pools. Planned outdoor snack time using watermelons, oranges, fruit pops and a cooler full of water keeps children hydrated. You could also make some ice cream. Setting up a cool, breezy outdoor activity area can be fun. Take the books out on a picnic blanket, set up easels under a canopy for shade, and take advantage of a great sprawling tree with acres of shade for manipulatives and puzzles, a game table, or a drawing spot. Summertime is full of opportunities to be creative and take your curriculum outdoors.

While summer outside play is fun and memorable (think about your summers outside with friends), here are some safety tips adapted from Seattle Children's Hospital (seattlechildrens.org) so everyone can stay safe while having a good time in the sun:

- Protect children from too much sun. The sun's rays are strongest between 10 a.m. and 4 p.m., so be extra careful during that time.
- Use sunscreen with a sun protection factor (SPF) of at least 15. Choose one that protects against UVA and UVB rays.
- Apply sunscreen 30 minutes before going outside. Reapply every two hours and after being in the water or sweating.
- Keep children under 1 out of the sun as much as you can. Dress babies in lightweight, light-colored clothing with long sleeves and long pants. Always cover their head. Children under 6 months of age can have small amounts of sunscreen put on their faces and the backs of their hands, but be careful not to get it in their eyes or mouth.
- Most of the sun's burning rays go right through clouds, so use sunscreen even on cloudy days.
- Make sure your children drink plenty of fluids even if they are not thirsty. Water is best.
- Take breaks to cool off in the shade.
- Consider humidity along with temperature when going outside to play.
- Never leave children alone in or near the water, even for a minute. Actively watch children when they are in and around water. Be super vigilant.
- Even buckets and wading pools are drowning hazards for very young children.



**CLEAN AIR
PARTNERS**
DC-MD-VA

Don't forget to check the air quality so children can breathe freely. There's an app for that! Download Clean Air Partners and check daily air quality forecasts, current air quality information and alerts when the air is unhealthy to breathe.

The Environmental Protection Agency (EPA) offers a flyer called *Action Steps for Sun Protection* that you can download and share with families and staff. The website is www.EPA.gov. Remember that *Supervision = Safety and Outdoor Play = Outdoor Curriculum*. Stay alert and, above all, have fun in the sun!

Leslie



TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:
Jay Hyde: 443-496-2464 • 1stalercpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details.

JULY TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, July 11 6:30-8:30 p.m. Wye Mills	\$10	Making the Most of Your Circle Time This training is an in-depth dissection of the major components that commonly influence successful circle time structure, behavior, and philosophies, including a detailed comparison of small group vs whole group.	2 CUR	J. Brestensky
Thursday, July 13 6:30-8:30 p.m. Virtual	\$10	Multiple Intelligences: Discovering Gifts & Empowering Children This training introduces participants to the theory of multiple intelligences and innovative teaching ideas that will assist in making your classroom an enhanced learning environment for children of all abilities.	1 CUR, 1 SN	M. Spencer
Saturday, July 15 9 a.m.-4 p.m. Salisbury	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Tuesday, July 18 6-9 p.m. Virtual	\$20	Community Collaboration & Learning Around Town In this workshop, participants will learn about how the community impacts children's learning, how family systems interact within the community and what collaborative partnerships benefit children.	3 COM	K. Klein
Thursday, July 20 6-9 p.m. Virtual	\$20	Basic Health & Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop.	3 HSN	L. Sinclair
Tuesday, July 25 6:30-8:30 p.m. Virtual	\$10	I/T Switch On - Switch Off: Babies & Technology This workshop explores some of the negative impacts and alternative strategies to screen time for our youngest learners to support healthy child development.	1 CD, 1 CUR	A. Clymire
Tuesday, July 25 6-9 p.m. Virtual	\$20	Center Aide Orientation This workshop satisfies the regulatory requirement for child care center aides. Participants will review professionalism, the basic of supervisions and interacting with families.	3 PRO	R. Merryweather

Temporary Closure of the Resource Center @ SU

The ESCCRC is planning some maintenance on the Resource Center at Salisbury University during the months of **July and August** and the **Resource Center will be closed**. During the closure, the ESCCRC will have temporary offices at the **Small Business Development Center in Suite 200** of this same building. You can still reach us at 410-543-6650. If you have questions, please get in touch.

Credential Support Virtual Open Office Hours

**Second and Fourth Tuesday
of Every Month • 1-2 p.m.**

Email arclymire@salisbury.edu or
rdmerryweather@salisbury.edu
for Zoom link

AUGUST TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, August 1 6:30-8:30 p.m. Virtual	\$10	Schedules & Routines Participants will gain an understanding of the importance of daily schedules and routines on child development, enhance skills needed to develop and implement high-quality daily schedules and routines in your classroom, and learn strategies to effectively transition from one activity to another.	2 CUR	L. Doeler
Saturday, August 5 9 a.m.-4 p.m. Wye Mills	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	S. Laque
Saturday, August 5 9 a.m.-Noon Wye Mills	\$20	I/T More Than Twinkle Twinkle: Using Music with Infants & Toddlers This workshop explores the many ways in which music and movement for infants and toddlers can be incorporated into classroom as well as individualizing music and movement to meet the needs of individual children in your program.	3 CUR	A. Clymire
Tuesday, August 8 6-9 p.m. Virtual	\$20	Including All Children & the Americans with Disabilities Act (ADA) How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	L. Sinclair
Tuesday, August 22 6:30-8:30 p.m. Virtual	\$10	Recognizing & Responding to Challenging Behaviors This workshop reviews the importance of recognizing challenging behaviors. Participants will learn what challenging behaviors look like, how to identify them and what they can do to help. Participants will also learn how to create written observations of behaviors to identify patterns and implement strategies to prevent challenging behaviors from occurring.	2 CD	A. Clymire
Thursday, August 24 6-9 p.m. Salisbury	\$20	Professionalism: The Impact on Children, Families, Colleagues & the Community This training explores the ways in which both professionalism and unprofessionalism can impact others. The training will encourage providers to inspect the ways in which your professionalism directly impacts the children you work with, the families you serve, the colleagues you are in contact with and the greater community.	3 PRO	R. Merryweather

“Children are human beings to whom respect is due, superior to us by reason of their innocence and of the greater possibilities of their future.”

– Maria Montessori



TRAINING CALENDAR

SEPTEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, September 7 6:30-8:30 p.m. Wye Mills	\$10	Jumping Into Social Emotional Development Children's social and emotional health affects their overall development and learning. Participants will explore the importance of developing social-emotional skills in young children and how you can support those skills with simple materials. Participants will experience using the social-emotional materials and will create materials to utilize in your own program.	2 CUR	L. Doeler
Tuesday, September 12 6:30-8:30 p.m. Virtual	\$10	Understanding Attention Deficit Hyperactivity Disorder Participants will gain an understanding of ADHD/ADD behaviors, diagnosis procedures and strategies for overcoming challenging behaviors from children with ADHD/ADD.	2 SN	A. Clymire
Saturday, September 16 9 a.m.-4 p.m. Salisbury	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	J Laque
Tuesday, September 19 6-9 p.m. Virtual	\$20	Basic Health & Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop.	3 HSN	L. Sinclair
Thursday, September 21 6-9 p.m. Wye Mills	\$20	I/T Loveable Ones Providers will explore how to use what you know about child development to create meaningful fun learning experiences for these loveable and fun learners utilizing developmentally appropriate practice and knowledge of young toddler development.	3 CD	L. Doeler
Tuesday, September 26 6-9 p.m. Salisbury	\$20	Positive Words for Positive Actions Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reword your directions and other guidance techniques you can use in your child care.	3 CD	R. Merryweather
Thursday, September 28 6:30-8:30 p.m. Virtual	\$10	Introduction to the Maryland Credential The Maryland Child Care Credential Program recognizes individual child care providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The program is voluntary. Registered family child care providers and child care center staff are encouraged to participate. If you would like more information on the how to participate in the Maryland Child Care Credential, this workshop is for you!	2 PRO	A. Clymire

TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): "Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers' classroom practice and child outcomes."



Up-to-Date Info from the ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC.

Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

How to Get Your Training Hours

In Person: At our SU and ESHEC locations

ESCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Training tailored to a group's specific need

Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md

Think about it, choose what best suits you, and contact Leslie Sinclair at lasinclair@salisbury.edu or at 410-543-6650.

Update Your LOCATE Information and Enter to Win!

Relying on word of mouth to promote your child care business is no longer enough. This comes from a new *Forbes Magazine* report that gathered data on over 150,000 child care providers across the United States. As parents become busier and more tech savvy with each passing year, they are looking online to find child care and relying less on talking to their friends for information.

The good news is that when you regularly update your Maryland Family Network LOCATE: Child Care record with complete and current information, parents are better able to find and choose your program. Update your information every month at marylandfamilynetwork.org and tell us when your program has vacancies or changes to hours, fees, etc. Your information will be reviewed and made live in just two business days. Every time you update your record you will be entered into a monthly sweepstakes to win a \$25 Amazon gift card.

The **LOCATE: Child Care** annual update questionnaire is also available – follow the links on this page for either the Family Program Questionnaire or the Group Program Questionnaire: www.marylandfamilynetwork.org/for-providers/update-your-record

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

Family Resource Specialist Information

In case you didn't know, the Eastern Shore Child Care Resource Center has a family resource specialist (FRS). Guerline Desimond joined our team last summer and assists families looking for child care. Not only does she help families identify the best child care environment, but she also assists families applying for the Child Care Scholarship. Guerline can also help families locate and then apply for other resources available in the community. If you know of a family that needs assistance with finding child care or navigating the resource system, you can reach Guerline in the Salisbury office at 410-543-6650.



How to Receive Your Certificate

Check out the Training Policy below.

In short, to receive credit for attendance, you must:

- Attend the entire training session
- Submit the assessment
- Complete the evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub.
- **ESCCRC will record responses and generate your certificate.**

Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.- 5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

TRAINING POLICY AND EXPECTATIONS FOR IN-PERSON WORKSHOPS

CUR-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your *Assessment and Evaluation*. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

Northern Notes

We congratulate all our prize winners for Teacher Appreciation Week. We would love to have pictures on our Facebook page (parental permission required) depicting the use of the items you won.

We have a variety of training topics on the calendar and hope to see you this summer. Please send any ideas for training topics, events and other professional activities you are interested in.

Enjoy Your Summer! - Lynne



RED FLAGS IN INFANT DEVELOPMENT

From the Infant & Toddler Scene

- Cannot bend arms or legs
- Does not smile, move or look at you when you talk or play with them
- Does not want to be held
- Does not make sounds by age 3 months
- Does not babble by age 6 months
- Shows no affection for caregivers
- Seems very floppy, like a rag doll
- Doesn't respond to sounds around them

Sharing information and effectively communicating with families can assist them in requesting a more formal developmental screening with a health care provider or other agency like the Maryland Infants & Toddlers Program.

<https://referral.mditp.org/Milestones.html>

GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out www.openchildcaretoday.com. If you have questions, you may contact the ESCCRC at 410-543-6650 and speak to GOFCC Coordinator Carolyn Frisby.

CDA News

If you are not aware of the scholarship for acquiring the Child Development Associate (CDA) credential, please get in touch. The CDA is a nationally recognized credential that is a best first step in professionalism for some child care providers. The State of Maryland has funding for materials and the application process. Our office will support your training and work with you as you compile your resource file. We can also connect you with the CDA Council and help you find a professional development specialist. Contact us at 410-543-6650.

WHAT PROFESSIONALS DO

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!

Training Voucher and Reimbursement Program

All Training Voucher and Reimbursement applications must be submitted using the online application form and the online voucher form:

<https://earlychildhoodmarylandpublicschools.org/child-care-providers/office-child-care/credentialingbranch/training-vouchers-and-reimbursements>



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Salisbury
UNIVERSITY

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MARYLAND
FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



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MARYLAND CHILD CARE
RESOURCE NETWORK

ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto www.easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

Join/renew now for \$25. You will earn one PAU and will receive one free two-hour class per membership year. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University

**Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650**

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____