

The Child Care Chat



Eastern Shore Child Care
Resource Center
at Salisbury University

Published by the Eastern Shore Child Care Resource Center

FALL 2022

The ESCCRC elevates the early childhood profession through cohesive professional learning opportunities, advocates for the highest quality learning environments for young children, and supports the unique needs of all families.

LETTER FROM THE DIRECTOR

That was a fast summer! Here we are back to school with changes, transitions and perhaps a new group of children. It's an exciting time with new families, new faces, new materials, new plans for the day, new schedules and new expectations. One thing you can count on is that the ESCCRC is the same.

We are here to help you with all the challenges a new year brings. Use the Resource Room and consult with ESCCRC staff to be sure you are ready for the new year. We have coaching staff in the SU office in Salisbury and the ESHEC office in Wye Mills who are ready to help you with your program needs. Other services you may need include CDA binder review, accreditation consulting for home- and center-based programs, credentialing, and other educational advising. We're here to help you reach your goals. Call the main office at 410-543-6650.

We have exciting news! We are collaborating with the Early Childhood Mental Health Consultation Program to present a full day of training on **Saturday, September 17**, at Salisbury University's Guerrieri Student Union (there is still time to sign up!), and at the Eastern Shore Higher Education Center, Chesapeake Campus, in the spring of 2023. Participants will earn six Core of Knowledge (6 COK) hours by participating in **"Finding Your Joy"** (lessons in a self-care) and in **"Creating a Stress-Reducing Environment for Children of All Ages."** Lunch is provided and there will be door

prizes. The cost for this professional development is \$20 – a really great deal. Bring a colleague, sign up and spend the day with us at your chosen location. Registration is limited to 60 at each event, so register soon.

Our annual Expo! is scheduled for **Saturday, October 22**. Mark your calendars for this event called "Finding Joy in Your Program." We are continuing the theme of the trainings held in September and October, and we will share resources that will help you to create stress-free environments for the children and yourself, and you will receive one PAU.

For other training concerns, please reach out to our new training coordinator, Lynne Doeler, who works in our offices at the Eastern Shore Higher Education Center (ESHEC) in Wye Mills. Lynne comes to the ESCCRC from Queen Anne's County Schools where she taught pre-kindergarten and kindergarten for a combined 36 years. She plans the training calendar, arranges locations and instructors, and can work with you on your onsite training needs. She can be reached at 410-827-5734. Call and welcome her to the ESCCRC.

Entrepreneurs, attention! Another service the ESCCRC provides is assistance opening your small business. Whether you plan to open a home-based program or your own child care center, the ESCCRC can assist you with planning and registering your family-based child care program with the state. We can help you navigate the application process, the training requirements and



the inspections your facility needs. There may also be funding. For more information, call Leslie Sinclair at the ESCCRC @ SU, 410-543-6650.

We want to be sure all members of the child care community receive our flyers and the eblasts we send twice a month. If you did not receive this by email, it's because we don't have your address in our system. Let us know you'd like to receive this and all other updates by calling 410-543-6650. We would be glad to add your name to our contact list. Then you will receive the quarterly training flyers, our bi-weekly eblasts and any other communications we send out. It's really the best way to stay on top of all the news related to the ESCCRC. Social media is another outlet we use to share the most current information. Check out (and "like") our two Facebook pages: Eastern Shore Infant and Toddler Group, and Eastern Shore Child Care Resource Center.

The ESCCRC is your resource center and hub for child care training. Please don't hesitate to contact us to share your suggestions and ideas. Best wishes for a successful start to an incredible year. You've got this!

Leslie

TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:
Jay Hyde: 443-496-2464 • 1stalertcpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details. We maintain social distancing.

OCTOBER TRAINING

ESCCRC, Southern Area: SU Office, 500 East Campus Complex, Power & Wayne Streets

ESHEC, Northern Area: Eastern Shore Higher Education Center @ Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, October 6 6-9 p.m. Virtual	\$30	Working With Mixed-Age Groups Working with a group of children who are different ages presents childcare providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.	2 CD 1 CUR	L. Doeler
Saturday, October 15 9 a.m.-4 p.m. ESHEC Room 213	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M.M. Long
Saturday, October 15 9 a.m.-Noon ESHEC	\$30	Baby Blocks: Helping Infants and Toddlers Grow Block play provides endless opportunities for the enhancement and development of emerging skills in infants and toddlers. This workshop looks at the stages of block play and how to develop strategies to support your youngest learners through block play.	3 CUR	L. Doeler
Saturday October 22 10 a.m.-Noon SU	Free	Expo! Finding Joy in Your Program	1 PAU	
Tuesday October 25 6-9 p.m. Virtual	\$30	Basic Health and Safety Training with Supporting Breast Feeding in Child Care This workshop satisfies the MSDE regulation requiring all childcare providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics and Maryland Family Network, with support from the Maryland State Child Care Association.	3 HSN	L. Sinclair
Saturday, October 29 9 a.m.-4 p.m. SU	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin RN
Saturday, October 29 10 a.m.-Noon SU	\$26	Respecting All Family Structures Family structures continue to move away from the traditional nuclear family. Identify different family structures that you may encounter in your program. Explore ways to make all children and their families welcome in your program.	2 COM	R. Merryweather

NOVEMBER TRAINING

ESCCRC, Southern Area: SU Office, 500 East Campus Complex, Power & Wayne Streets
 ESHEC, Northern Area: Eastern Shore Higher Education Center @ Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, November 10 6-9 p.m. Virtual	\$30	Including All Children and Americans with Disabilities Act (ADA) Including All Children and the Americans with Disabilities Act (ADA) How does the Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	R. Bievenour
Thursday, November 10 6-9 p.m. Virtual	\$30	Cultural Competency in Early Childhood Education Participants explore different topics relating to culture and cultural competence in early childhood programs. By engaging in self-reflection and small group discussion, participants create plans to enhance relationships and increase inclusive practice.	1.5 COM 1.5 PRO	L. Doeler
Tuesday, November 15 6-9 p.m. Virtual	\$30	Enhancing Rituals and Routines This workshop focuses on why rituals and routines are important and shares new ideas for enhancing or extending what educators do to encourage children's growth and development, connect with families, and highlight the unique aspects of their program. Participants have opportunities to share ideas, try strategies and learn new techniques for helping children with separations and transitions, enriching group times, providing adaptations for children who need assistance, and transforming everyday routines into learning opportunities.	3 CUR	K. Price
Thursday, November 17 6-9 p.m. Virtual	\$30	Understanding Developmentally Appropriate Practices with Infants and Toddlers Enables a teacher to utilize specific strategies and techniques to meet the individual needs of the children enrolled in their program. Individual children vary greatly in their development, prior experiences, abilities, preferences and interest. It is important to plan activities that build on what individual children already know and can do to increase their knowledge. This is especially true for children with special needs.	3 CUR	TBD



DECEMBER TRAINING

ESCCRC, Southern Area: SU Office, 500 East Campus Complex, Power & Wayne Streets

ESHEC, Northern Area: Eastern Shore Higher Education Center @ Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, December 1 6-9 p.m. Virtual	\$30	What To Do? Ethics and the Early Childhood Educator As an early childhood educator, your actions and words impact children, their families, your colleagues, the community and society. A knowledge of ethics and the NAEYC Code of Ethical Conduct provides the guidance all early childhood educators need to be caring and competent professionals.	3 PRO	J. Jackson
Thursday, December 1 6-9 p.m. Virtual	\$30	Transition Techniques How Long Can a Child Wait? How many transitions do you have during the day? A transition is any time a child shifts from one activity to another, some are planned and some are not. Discuss development, social-emotional skills and how long children can wait, and then join forces to come up with CSEFEL-based transition techniques that will be very effective in making those transitions easier and flow smoothly.	3 CUR	R. Merryweather
Saturday, December 10 9 a.m.-Noon ESHEC	\$30	Basic Health and Safety Training with Supporting Breast Feeding in Basic Health and Safety Training with Supporting Breastfeeding in Child Care This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics and Maryland Family Network, with support from the Maryland State Child Care Association.	3 HSN	L. Sinclair
Saturday, December 10 9 a.m.-4 p.m. ESHEC	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M.M. Long
Tuesday, December 13 6-9 p.m. Virtual	\$30	Infants and Toddlers Developing a Sense of Self Enables a teacher to utilize specific strategies and techniques to meet the individual needs of the children enrolled in their program. Individual children vary greatly in their development, prior experiences, abilities, preferences and interest. It is important to plan activities that build on what individual children already know and can do to increase their knowledge. This is especially true for children with special needs	1 CD 1 COM 1 HSN	L. Doeler
Tuesday, December 13 6-9 p.m. Virtual	\$30	Center Aid Orientation This workshop satisfies the regulatory requirement for child care center aides. Participants review professionalism, the basic of supervisions and interacting with families.	3 PRO	L. Sinclair

OFFICE HOURS AT EASTERN SHORE HIGHER EDUCATION CENTER (ESHEC)

We are working to staff the northern office as quickly as we can. Searching for and hiring qualified early childhood professionals are our main priorities at this time. You are welcome to contact the Salisbury University office with any questions. Register for virtual classes and those that are scheduled at ESHEC and SU throughout this quarter by calling 410-543-6650.



UP-TO-DATE INFO FROM THE ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC. Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

HOW TO GET YOUR TRAINING HOURS

ESCCRC: Virtual classroom, networking with others through active discussion
Self-Paced: Convenient
Individualized: Training tailored to a group's specific need
Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md (English portal) and www.prosolutionstraining.com/md-espanol (Spanish portal)
Think about it, choose what best suits you, and contact Leslie Sinclair at lasinclair@salisbury.edu or at 410-543-6650.

UPDATE YOUR LOCATE INFORMATION AND ENTER TO WIN!

Relying on word of mouth to promote your child care business is no longer enough. This comes from a new *Forbes Magazine* report that gathered data on over 150,000 child care providers across the United States. As parents become busier and more tech savvy with each passing year, they are looking online to find child care and relying less on talking to their friends for information.

The good news is that when you regularly update your Maryland Family Network LOCATE: Child Care record with complete and current information, parents are better able to find and choose your program. Update your information every month at marylandfamilynetwork.org and tell us when your program has vacancies or changes to hours, fees, etc. Your information will be reviewed and made live in just two business days. Every time you update your record you will be entered into a monthly sweepstakes to win a \$25 Amazon gift card.

The *LOCATE: Child Care* annual update questionnaire is also available – follow the links on this page for either the Family Program Questionnaire or the Group Program Questionnaire: www.marylandfamilynetwork.org/for-providers/update-your-record

Maryland Child Care Resource Network Complaint Policy

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

NEWS TO KNOW

Congratulations to Wanda Jones for earning her Family Child Care CDA and Stephanie Pinchback for earning her Infant and Toddler CDA from the Council for Professional Recognition, and to Kenya Senyasu (owner) and Cindy Collins (director) for successfully opening The Amazing Grace Learning Center on Pemberton Drive.



HOW TO RECEIVE YOUR CERTIFICATE

- **Check out the Training Policy below.**
- **In short, to receive credit for attendance, you must:**
 - Attend the entire training session
 - Submit the assessment
 - Complete the evaluation and turn it in
 - This allows the ESCCRC to maintain funding as your CCRC and training hub.
- **ESCCRC will record responses and generate your certificate.**

ZOOM ETIQUETTE

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

RESOURCE ROOMS OPEN

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.-5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

TRAINING POLICY AND EXPECTATIONS FOR IN-PERSON WORKSHOPS

C-Curriculum CD-Child Development COM-Community H-Health, Safety and Nutrition P-Professionalism SN-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training in order to receive credit toward another class. • In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your *Assessment and Evaluation*. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

CDA NEWS

If you are not aware of the scholarship for acquiring the Child Development Associate (CDA) credential, please get in touch. The CDA is a nationally recognized credential that is a best first step in professionalism for some child care providers. The State of Maryland has funding for materials and the application process. Our office will support your training and work with you as you compile your resource file. We can also connect you with the CDA Council and help you find a professional development specialist. Contact us at 410-543-6650.

ROCKING AND ROLLING: PROMOTING INCLUSION IN INFANT AND TODDLER SETTINGS

From the Infant & Toddler Scene

In practice, there are many benefits to including children with varying abilities in early education settings. For young children (including infants and toddlers) with developmental delays or disabilities, inclusive settings offer:

- access to challenging curricula and learning experiences
- opportunities to develop age-appropriate social skills and early friendships and to build relationships with adults outside the family
- immersion in language- and literacy-rich environments
- the development of self-help skills (hanging up a jacket or backpack) that promote independence over the long term

Inclusive settings also have important benefits for infants and toddlers without disabilities. Children will develop appreciation for individual differences and the unique strengths and abilities of others, benefit from different pathways to engaging and learning in the early education setting, and participate in and prepare for an inclusive world.

<https://www.naeyc.org/resources/pubs/yc/winter2021/inclusion-infant-toddler>

What Professionals Do

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!

TRAINING VOUCHER AND REIMBURSEMENT PROGRAM

All Training Voucher and Reimbursement applications must be submitted using the online application form and the online voucher form:

<https://earlychildhood.marylandpublicschools.org/child-care-providers/office-child-care/credentialing-branch/training-vouchers-and-reimbursements>



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The Eastern Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.

Salisbury
UNIVERSITY



MARYLAND
FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



MARYLAND STATE DEPARTMENT OF
EDUCATION
EQUITY AND EXCELLENCE



MARYLAND CHILD CARE
RESOURCE NETWORK





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Visit Us on the World Wide Web

Just log onto www.easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

Join/renew now for \$25. You will earn one PAU and will receive one free two-hour class per membership year. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____