



Lower Shore Early Childhood
Mental Health
Consultation Program
at Salisbury University

Hello *Spring*

We are so excited to continue offering our services this year, including consultation, technical assistance, referrals, training, and education! Our program works to develop and support the social emotional literacy of the early childhood population ages birth to 5, in addition to supporting early childhood professionals, parents, caregivers, and families.

Call Janelle Parker at 410-677-6590, email us at jiparker@salisbury.edu, or fax us at 410-677-0206!

Spring 2022 Newsletter

LSECMHC Collaborates with the Wicomico Judy Center


The Program Coordinator of our agency, Janelle Parker, LCSW-C, shared different approaches to discipline at the Judy Center's "Grandparents Raising Grandchildren"

Outreach Meeting! She explained that providing expectations, flexibility, and positive behavior support are evidence-based practices for discipline and produce better outcomes than traditional discipline. According to the Judy Center, it was "an inspiring success!"

Further information can be found at www.devereux.org and www.thelaboroflove.com



Left: Intern Consultant Cristina Mahmood is pictured with several grandchildren of the attendees as she helps them make Calm-Down Kits!



Early Childhood Mental Health Legislation Arrives to the Governor's Desk!

House Bill 513, "Infant and Early Childhood Mental Health Support Services Program," was passed in the Maryland House of Delegates by a 137-1 vote AND passed in the Senate with a 47-0 vote!

This legislation establishes an early childhood program that promotes effective, positive health practices through referrals and services for children, families, educators, and caregivers.

The bill additionally increases funding for the operation of the Program by \$1 million to address the need for consultation services.

Passing the bill provides security and stability to the Support Services Program.

Governor Hogan will now decide if this bill becomes law!



April is the Month of the Young Child

Topic: Redirection

Redirection can be defined as a way to change your child's behavior from "inappropriate to appropriate." It is a useful and impactful tool because it allows the parent or teacher to give consequences, set expectations, and offer a positive behavior in place of the undesirable behavior.

Redirection creates teachable moments and helps support children's positive behaviors and decision-making in a healthy way.

Consistency is key! Redirection is a learning process and is more effective long term than simply saying 'no' or 'stop.' Making sure this tool is used consistently will generate the most effective results.

Redirection in action:

Look at your child.

Remain physically close.

Use a stern facial expression.

Make a brief, limit-setting statement. For example, "First, you do ____, then you may ____."

Keep your voice at a low volume and low intensity.

Use effective praising and redirect your child to another positive behavior.

Source: YAI Project Intervene and At-Home Behavior Management



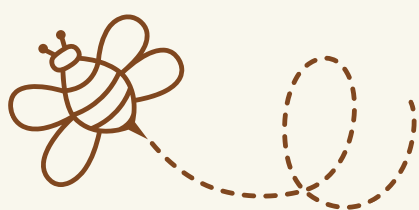


Trainings in April

16th - Math is Fun, 9am-12pm via Zoom (\$30)

16th - Summer Science Activities for Preschool Children,
10am-12pm via Zoom (\$26)

19th - Including All Children & the Americans with
Disabilities Act (ADA), 6-9pm via Zoom (\$30)



Trainings in May

12th - Teaching Parents About School Readiness, 6:30-
8:30pm via Zoom (\$26)

12th - Basic Health & Safety Training with Supporting
Breastfeeding in Child Care, 6:30-9:30pm via Zoom (\$30)

21st - Supporting Children of Gay & Lesbian Parents, 10am-
12pm via Zoom (\$26)

21st - CPR & First Aid, 9am-12pm at ESHEC Room 201 (\$85)

21st - CPR & First Aid, 3-6pm at Stepping Stones (\$85)

24th - Take a Look in a Book: Infant & Toddler Emergent
Literacy, 6:30-8:30pm via Zoom (\$26)

24th - Exploring Scientific Thinking & Inquiry with Children's
Literacy, 6-9pm at ESCCRC (\$30)



Events

Wicomico

4/16 @2pm-5pm- Community Easter Egg Hunt at Billy Gene Jackson Sr. Park Youth Center

4/11 @6pm- Virtual Games with BoardgameArena

[https://wicomicolibrary.evanced.info/signup/EventDetails?](https://wicomicolibrary.evanced.info/signup/EventDetails?EventId=46962&lib=5&backTo=Calendar&startDate=2022/04/06)

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4/29 @4pm - Insect Exploration with Origami and Beaded Bug Craft

Register at [https://wicomicolibrary.evanced.info/signup/EventDetails?](https://wicomicolibrary.evanced.info/signup/EventDetails?EventId=47087&lib=5&backTo=Calendar&startDate=2022/04/06)

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Somerset

Every Tuesday @10am at the Crisfield Library Play Pals Sponsored by the Judy Center

Every Thursday @10 at the Princess Anne Library- Play Pals- Sponsored by Judy Center

4/23 @10am- Family Storytime: April Showers at Princess Anne Library

5/21 @10am- Family Storytime: May Flowers at Princess Anne Library

Worcester

4/9 @11am at Sturgis Park Community Easter Egg Hunt

4/19 @10:30am at Berlin Branch Library: Story Time

Nursery Rhymes

5/4 @10:30am at Ocean City Meeting

Room: Story Time 'Jungle Animals'

5/10 @10:30am in Pocomoke Meeting

Room: Sensory Stomp Painting



Programs

Childcare and COVID-19 Training FREE-4/13 & 4/19

Register at

https://docs.google.com/forms/d/e/1FAIpQLSfcL4xMNHAb_uuakST47jC7mpSCEbFK6bn6_d4ajb94I_iBQ/viewform

Emergency Preparedness for Child Care Programs: \$5
May 23rd @6:30pm - Register at anprojectact.org

It's the Questions, Not the Answers: Encouraging STEM
Learning \$30 - April 11th at 6:30 - Register at
anprojectact.org

Making Meaningful Connections: Building the Foundation
of the Young Brain \$35 - April 25th @6pm - Register at
www.thepromisecenter.org

FLIP IT Training \$30 - at
<https://centerforresilientchildren.org/dcrc-shop/flip-it/flipitonlinelearning/>

