

The Child Care Chat



Lower Shore Child Care
Resource Center
at Salisbury University

Published by the Lower Shore Child Care Resource Center

SUMMER 2021

LETTER FROM THE DIRECTOR

Change is in the air – again! It's a good thing that teachers are flexible, isn't it?

As the country lifts some of the regulations put in place over that last year and a half, we are also beginning to be less restrictive. Salisbury University expects to open in the fall, which means we will be able to welcome you back. Everyone adjusted well to classes by Zoom, so we will continue to offer some that way, but we are looking forward to opening our training rooms again for face-to-face classes in October. This quarter, all classes except Medication Administration and CPR & First Aid are by Zoom, as they have been in the recent past.

MSDE has relaxed some rules also, and the LSCCRC is now able to provide onsite services. If you need technical assistance, we are glad to come to your program and work with you. The Lower Shore Child Care Resource Center can work with you on accreditation, credentialing and EXCELS as well as programming issues and classroom needs. Training also can be onsite. If you have a topic of interest or you are working on a professional development day, the LSCCRC is the training hub of the tri-county area, so call us.

Taking a step into a more open campus, the LSCCRC is planning for our **Expo: Get Up, Get Out, Get Going!** Details are included here, so check it out. Salisbury University requires that we stagger the attendance and that everyone register so we can maintain a safe space for all. Vendors and local businesses will be represented, resources will be available, and there will be some fun, water-based, a-mazing activities to



participate in while discovering how movement aids in learning. You will see familiar faces, some new ones and earn one PAU. Hope you can make it!

Perusing the *Child Care Chat*, you will notice that this quarter's training is based on a theme. The staff at the LSCCRC have had time to reflect on our training schedule and how it promotes professionalism in the field. Trainings reinforcing a theme will be featured. This quarter it is the same theme as the Expo: *Get Up, Get Out, Get Going!*, based on how movement and physical activity should be incorporated into all curriculum. Studies show that children who are more active exhibit better focus, faster cognitive processing and more successful memory retention than kids who spend the day sitting still.*

Thinking about professionalism, and the attributes of a professional, the LSCCRC is focusing on professionalism in several ways. We publish a list of professional responsibilities in every *Child Care Chat* and advocate for the early childhood profession. Now, we encourage you to reveal professionalism in all you do by providing continuity in professional development opportunities.

Another way the LSCCRC is reinforcing professionalism is by forming a group of like-minded providers to serve as consultants. This cohort will assist in guiding the fulfillment of our mission to help promote the availability of quality child care services in Somerset, Worcester and Wicomico counties. More to come on that later.

A third way we want to promote professionalism is through coaching and mentoring services that promote high-quality environments for young children. Our Technical Assistant Coordinator, Cheryl Willis, is available to help with all your program needs. She has open office hour Zoom meetings every Tuesday and Thursday, 1:30-2:30 p.m., but you are welcome to contact her at the office or by email at any time.

Professionalism is also about doing what needs to be done to meet a goal, which you have done without fail. When expectations change, you adapt while keeping children's best interests of prime importance. Throughout this unsettled time, you gave children nurturing environments in which to play and learn. Thank you for your professionalism.

Leslie Sinclair

* Abdelbary, M (2017) *Learning in Motion: Bring Movement Back to the Classroom* (Education Week) retrieved (6/11/2021) from <https://www.edweek.org/teaching-learning/opinion-learning-in-motion-bring-movement-back-to-the-classroom/2017/08>

TRAINING CALENDAR

Trainings will continue virtually until further notice except for *CPR & First Aid* and *Medication Administration*. Please pay attention to the location information given with workshop details. According to MSDE, we can host no more than 14 students in a face-to-face class. We maintain social distancing and MASKS ARE REQUIRED.

JULY TRAINING

Virtual OR Stepping Stones Learning Academy, 102 South Camden Ave., Fruitland

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, July 1 6-9 p.m. Virtual - Zoom	\$30	Get Up, Get Out! Preschoolers in Motion Have you struggled with implementing physical education activities in your early childhood program? In this interactive workshop, we introduce you to the SPARK (Sports, Play and Active Recreation for Kids) curriculum, while teaching strategies and implementation tips for integrating structured vigorous activities into your program. Participants should come prepared for a full hour of physical activity during this workshop by dressing in comfortable clothes and shoes. Participants leave inspired and motivated to implement an exciting physical education atmosphere to their early childhood program.	3 C	Diane Carey
Saturday, July 10 9 a.m.-4 p.m. Stepping Stones	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria. Next class is August 2021.	6 H	Denise Conklin, RN
Monday, July 12 6-9 p.m. Stepping Stones	\$85	CPR & First Aid This is a certification course by the American Health and Safety Institute. Certification is valid for two years. Next class is September 2021.	N/A	Jay Hyde
Tuesday, July 13 6-9 p.m. Virtual - Zoom	\$30	Planning the Day for Infants & Toddlers An infant and toddler's day is full of routines and experiences. In this session, we discuss how implement these routines and experiences appropriately. Participants also have an opportunity to explore and analyze daily schedules and lesson plan formats for infants and toddlers. They also review and find resources to assist them in planning developmentally appropriate activities.	3 C	Cheryl Willis
Thursday, July 15 6-9 p.m. Virtual - Zoom	\$30	You Can Do This! Accommodating All Children in Your Program This workshop session provides an overview of the characteristics of inclusive child care and ways caregivers can support different needs for different children. Participants discuss and develop ideas for identifying program modifications and accommodations for children who have special needs or disabilities.	3 SN	Patti Adkins
Saturday, July 17 9-Noon Virtual - Zoom	\$30	Basic Health & Safety Training This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics and Maryland Family Network, with support from the Maryland State Child Care Association. Next class is September 2021.	3 H	Leslie Sinclair
Thursday, July 22 6-9 p.m. Virtual - Zoom	\$30	Working Together: Community & Its Helpers All Around Town This course is designed to introduce child care providers to community/social studies through community helpers in early childhood education for children birth through 8 years of age.	3 COM	Katie Klein

KEY TO CORE OF KNOWLEDGE AREAS:

C=Curriculum

COM=Community

P=Professionalism

CD=Child Development

H=Health, Safety and Nutrition

SN=Special Needs

AUGUST TRAINING

Virtual OR Stepping Stones Learning Academy, 102 South Camden Ave., Fruitland (unless otherwise noted)

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, August 3 6-9 p.m. Virtual - Zoom	\$30	Successful Relationships Begin with You Why are relationships so important? Think about how often you are able to give one-on-one attention to a child and what that means to them. In this class, you learn how to embed social interactions for children into their day. Discover strategies to teach social skills and how to develop safe secure relationships with the children in your care.	3 P	Trina Tilghman-Dix
Saturday, August 7 9 a.m.-4 p.m. Stepping Stones	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria. Next class is October 2021.	6 H	Denise Conklin, RN
Thursday, August 12 6-9 p.m. Virtual - Zoom	\$30	Active Bodies, Active Minds Early childhood professionals have a unique opportunity to identify and support children with active learning styles early in their education career. Learning styles are identified and participants are able to identify the characteristics of a child with an active learning style and learn teaching strategies for incorporating active learners in the daily routine and lesson plan.	2 CD, 1 C	Katie Klein
Tuesday, August 17 6-9 p.m. Virtual - Zoom	\$30	Including All Children & the Americans with Disabilities Act How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement. Next class is October 2021	3 SN	Leslie Sinclair
Saturday, August 21 9-Noon Virtual - Zoom	\$30	Outdoor Environment Design for Infants & Toddlers Infants and toddlers are natural investigators. Fueled by their curiosity, they use their senses to learn about the world. Oftentimes, the outdoor environment is overlooked as an environment that can stimulate curiosity and learning in infants and toddlers. This workshop focuses on how to curate an outdoor learning environment for infants and toddlers to grow and learn based on their developmental needs and abilities.	2 C, 1 CD	Cheryl Willis
Tuesday, August 31 6-9 p.m. Virtual - Zoom	\$26	Success Over Stress: Gain Control of Your Life Working full time, providing quality child care and managing your personal life can lead to large amounts of stress. Learn how to recognize and manage stress triggers and gain control of your life.	3 H	Trina Tilghman-Dix



THE IMPORTANCE OF TAKING INFANTS AND TODDLERS OUTDOORS

From the Infant & Toddler Scene

During the first few years of life, infants and toddlers are trying to make sense of their world. One way they do this is by soaking up every sound and every experience they have. Brain synapses form at a rapid rate in the first three years of life based on the richness of the child's sensory environment. So, it makes sense that child care providers should provide a stimulating environment for infants and toddlers, both indoors and outdoors. To learn more about how you can set up an engaging environment and plan experiences for infants and toddlers please read the following article by Brenda Cobb: "The Importance of Taking Infants and Toddlers Outdoors" at <https://www.ucy.ac.cy/nursery/documents/importance-of-taking-infants-toddlers-outdoors.pdf>.

TRAINING CALENDAR

SEPTEMBER TRAINING

Virtual OR Stepping Stones Learning Academy, 102 South Camden Ave., Fruitland (unless otherwise noted)

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, September 2 6-9 p.m. Virtual - Zoom	\$30	Exploring the Great Outdoors in Autumn The connections we make as children to the nature of the world around us impact our ability to become attentive, self-confident, respectful, responsible people. Explore how to incorporate the great outdoors into your program in a meaningful and fun way!	3 C	Katie Klein
Thursday, September 9 6-9 p.m. Virtual - Zoom	\$30	Raindrops on Noses & Toes in the Dirt: Infants & Toddlers in the Outdoor Classroom Creating an outdoor classroom that enables infants and toddlers to explore and experience the outdoors enables them to increase their cognitive skills through a variety of sensory experiences. This workshop takes a look at how to develop and create an outdoor classroom across all the domains of learning for infants and toddlers in your care.	3 C	Cheryl Willis
Tuesday, September 14 6-9 p.m. Virtual - Zoom	\$30	Basic Health & Safety Training This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics and Maryland Family Network, with support from the Maryland State Child Care Association. Next class is November 2021.	3 H	Leslie Sinclair
Saturday, September 18 10 a.m.-1 p.m. LSCCRC Parking Lot	FREE	Expo: Get Up, Get Out, Get Going! <i>Read about this event in the cover letter from the director.</i>	1 PAU	
Wednesday, September 22 6-9 p.m. Stepping Stones	\$85	CPR & First Aid This is a certification course by the American Health and Safety Institute. Certification is valid for two years. Next class is November 2021.	N/A	Jay Hyde
Thursday, September 23 6:30-8:30 p.m. Virtual - Zoom	\$26	Treat Yourself This training addresses the importance of self-care for teachers and administrators. Through self-reflective, hands-on activities and experiences, teachers explore and increase their familiarity with best practices in self-care, including breathing techniques, using mantras, getting enough rest and feeling gratitude. Providers and administrators create a plan to increase the use of self-care strategies in their program.	1 P, 1 SN	Leslie Sinclair
Tuesday, September 28 6-9 p.m. Virtual - Zoom	\$30	Therapeutic Play for the Classroom Participants will learn to help children with social or emotional deficits communicate better, change their behavior, develop problem-solving skills and relate to others in positive ways.	3 SN	Latrice Gray

UPDATE YOUR LOCATE INFORMATION AND ENTER TO WIN!

Relying on word of mouth to promote your child care business is no longer enough. This comes from a new *Forbes Magazine* report that gathered data on over 150,000 child care providers across the United States. As parents become busier and more tech savvy with each passing year, they are looking online to find child care and relying less on talking to their friends for information.

The good news is that when you regularly update your Maryland Family Network LOCATE: Child Care record with complete and current information, parents are better able to find and choose your program. Update your information every month at marylandfamilynetwork.org and tell us when your program has vacancies or changes to hours, fees, etc. Your information will be reviewed and made live in just two business days. Every time you update your record you will be entered into a monthly sweepstakes to win a \$25 Amazon gift card.

The **LOCATE: Child Care** annual update questionnaire is also available – follow the links on this page for either the Family Program Questionnaire or the Group Program Questionnaire: www.marylandfamilynetwork.org/for-providers/update-your-record

NEW: CHILD CARE PROVIDER SPOTLIGHT

The Centers for Disease Control (CDC) Each month, the LSCCRC is highlighting a child care provider, nominated by a peer, who exhibits professionalism, leadership and an outstanding display of passion for the early childhood field. You may nominate a colleague by visiting <https://forms.gle/4oy7h6M24CqqwaNM7>.

The Provider of the Month will be featured at the end of each month on both the Infant and Toddler and LSCCRC Facebook pages and Twitter.

TRAINING VOUCHER AND REIMBURSEMENT PROGRAM

Beginning April 1, 2021, all Training Voucher and Reimbursement applications must be submitted using the online application form: <https://earlychildhood.marylandpublicschools.org/node/510> and the online voucher form: <https://earlychildhood.marylandpublicschools.org/node/511>

OFFICE ACCESS REMINDER

THE PUBLIC IS NOT PERMITTED TO ENTER THE RESOURCE CENTER UNTIL FURTHER NOTICE; HOWEVER, WE ARE IN THE OFFICE. YOU MAY REACH US BY PHONE DURING WORKING HOURS AT 410-543-6650 OR BY EMAIL. Regular hours of operation are: Monday-Friday, 9 a.m.-5 p.m.



DON'T FORGET: RESOURCE ROOM CURBSIDE SERVICE

Resource Room services are available. We are open weekdays 9 a.m.-5 p.m. Let us know when you arrive and come back to pick up your finished materials. What could be easier?

WHAT PROFESSIONALS DO

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/providers/find-your-child-care-resource-center>.



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at Salisbury University

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Salisbury
UNIVERSITY



MARYLAND FAMILY NETWORK
Leading Maryland's Child Care Resource Centers



MARYLAND CHILD CARE RESOURCE NETWORK

HOW TO RECEIVE YOUR CERTIFICATE

- Check out the **Training Policy** bullet number 5.
- **In short, the policy states that to receive credit for attendance, you must:**
 - Attend the entire training session.
 - Submit the assessment.
 - Complete evaluation and turn it in.
 - This allows the LSCCRC to receive funding as your CCRC and training hub.
- **LSCCRC will record responses and generate your certificate.**



CONGRATULATIONS ARE IN ORDER

Wanda Thomas advanced to Level 4 in Maryland Child Care Credentialing.

QUESTIONS ABOUT THE CORONAVIRUS?

The Centers for Disease Control (CDC) is an excellent source for Coronavirus/COVID-19 information and updates. Check out this website and stay informed: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>

To learn more about COVID-19 and Child Care in Maryland, visit the MSDE Coronavirus website: marylandpublicschools.org

HOW TO GET YOUR TRAINING HOURS

LSCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Virtual training tailored to a group's specific need

Think about it, choose what best suits you, and contact Leslie Sinclair at lasinclair@salisbury.edu or at 410-543-6650.

TRAINING POLICY

C-Curriculum CD-Child Development COM-Community H-Health, Safety and Nutrition P-Professionalism SN-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on LSCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.lowershoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training in order to receive credit toward another class.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at LSCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

SAVE THE DATE!

EXPO: *GET UP, GET OUT, GET GOING!*

Saturday, September 18 • 10 a.m.-1 pm.
LSCCRC Parking Lot • Wayne Street Entrance

To participate, you must register for a time at
<https://forms.gle/5rcbTGS2bRNfi7xS9>

You will verify your COVID-19 status once you arrive.
More details will follow by email and social media.

LOCATE COMPLAINT POLICY

Through the Maryland Family Network's LOCATE: Child Care service, parents can share feedback about the programs in the database, including licensed child care centers, registered family child care providers, and accredited preschools and camps. This feedback can sometimes involve complaints about caregivers. MFN and the Maryland Child Care Resource Network use this information in a way that is fair to providers and parents – while protecting children.

The LOCATE: Child Care Complaint Policy was developed by the board of directors of one of MFN's legacy organizations, the Maryland Committee for Children, and was approved by that body in November 1983. According to this policy, all complaints made to LOCATE: Child Care about child care providers and facilities are recorded.

TYPES OF COMPLAINTS

- **Less Serious Complaints with No Violation** do not involve violations of child care regulations; do not involve situations that pose a threat to the safety, health or welfare of a child.
- **Less Serious Complaints Involving Violation** include any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations and/or the Health Department; situations do not pose a threat to the health, safety or welfare of a child.
- **Serious Complaints** include any threat to the immediate health, safety or welfare of a child.

When a parent or guardian calls LOCATE: Child Care with a complaint, the referral specialist advises to register the complaint directly with the appropriate regulatory agency and/or Protective Services. The parent is given the names and telephone numbers for the people they should contact.

When a **Serious Complaint** is received concerning a provider in the LOCATE: Child Care system, referrals to that provider cease until the situation is resolved. The LOCATE: Child Care director communicates with the appropriate regulatory agency about the complaint and maintains the hold on referrals until the disposition of the complaint is known. Should the investigation result in no action, the hold status is removed from the provider's record. Should the license or registration be revoked, the facility is removed from the LOCATE: Child Care database. Providers are advised of LOCATE: Child Care's actions in writing.

A provider may appeal the LOCATE: Child Care decision to cease referrals. Appeals are first addressed to the LOCATE: Child Care Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE: Child Care and MFN that the Complaint Policy is both fair and effective. Safeguards and due process are afforded to providers while parents' and children's rights are upheld. Any questions about this policy should be addressed to LOCATE: Child Care Director FloJean Speck at fspeck@Marylandfamilynetwork.org.

UP-TO-DATE INFORMATION FROM THE LSCCRC

Check your email inbox for the most up-to-date news from the LSCCRC.

Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the tri-county area. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

OPEN OFFICE HOURS

Cheryl Willis has a scheduled open office hour by Zoom every Tuesday and Thursday from 1:30-2:30 p.m. In addition, you can call or email her at any time. <https://salisbury.zoom.us/j/92862645809>





THE LOWER SHORE CHILD CARE RESOURCE CENTER
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 Salisbury, MD 21801

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ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto www.lowershoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Lower Shore Child Care Resource Center and Lower Shore Infant and Toddler Support Group

Join/renew now for \$25. You will earn one PAU and will receive one free two-hour class per membership year. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Lower Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____