

The Child Care Chat



Lower Shore Child Care
Resource Center
at Salisbury University

Published by the Lower Shore Child Care Resource Center

SPRING 2018

LETTER FROM THE DIRECTOR

Blowing in on the March wind is your new *Child Care Chat*, presenting a collection of fresh and exciting training opportunities, and some partnerships and presenters you might not recognize, but I hope you will give them a try. There are also many new training titles to choose from this quarter and something for everyone!

There are a few events that I want to mention here. Wor-Wic Community College, in collaboration with partners you will recognize, is presenting a Child Care Technology Symposium on Saturday, April 14. You can earn 6 COK hours while you learn about how to incorporate technology in your classroom. From the most experienced computer user to a newcomer, there is something for you at this event. There are sessions on how to use Facebook to market your business, how to promote school readiness using technology, how to create a newsletter to communicate with families electronically and other useful topics. I hope you will come out and support this Symposium. If you are credentialed at a Level 2, you can request a reimbursement of your registration fee.

Something else new is EdCamp. The Lower Shore Child Care Resource Center is partnering with Maryland Public Television (MPT) to bring you a very different approach to professional development that is becoming

popular on the education scene. This three-hour session is offered on the SU campus, Conway Hall, first floor. If you have questions, you can contact the LSCCRC office, but you will have to register online at <http://thinkport.org/edcamp.html>. This revolutionary training opportunity is free. I hope you will be interested in trying another approach to professional development.

Also in the professional development arena, the MSCCA Conference by the Sea is coming up



the first weekend in May. If you have never been to a state-wide conference, you should consider attending this one. It's large, and busy, and right in your own back yard! You will connect with colleagues from across Maryland, earn two Professional Activity Units (PAUs) and can attend classes offering up to 17 hours of MSDE-approved training. I know you will enjoy networking on a large scale.

Another announcement, which may not be new to you, is the arrival of the Reader Van. This is an outreach program by the Wicomico County Library to promote early literacy skills and increase kindergarten readiness. The Reader Van will deliver to your door a large plastic tote full of books and activities based on a theme. There is something for all ages in the tote, so you can pick and choose what best meets your needs. The benefits of this program are many, but most importantly, children have access to books. If you want to take advantage of this program, please contact the Wicomico County Library at 410-749-3612.

Please take advantage of the new workshops planned for this quarter. As always, if you have suggestions of training topics, please contact me. lasinclair@salisbury.edu

Happy Spring!

Leslie Sinclair

TRAINING CALENDAR

All trainings are at the LSCRC, unless otherwise noted.

APRIL

Including All Children and the Americans with Disabilities Act (3 SN)

Tuesday, April 10 • 6-9 p.m.

Trainer: Leslie Sinclair

Fee: \$30 Non-members/\$20 Members

How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.

Autism: What You Need to Know (1H, 2SN) NEW!

Tuesday, April 10 • 6-9 p.m.

Trainer: Rhyannon Bemis, Ph.D.

Fee: \$30 Non-members/\$20 Members

Participants in this workshop will learn what autism is, how it effects a child's development and how to adapt your program to meet the special needs of children with this diagnosis.

Medication Administration (6 H)

Saturday, April 21 • 9 a.m.-4 p.m.

Trainer: Denise Conklin, RN

Fee: \$52 for all (non-refundable)

Learn how to correctly administer medication to children in your care. As of July 2011, OCC requires that one center staff member and every family provider must be trained in this class and be present at all times children are present and must be responsible for administering medication.

Storytime with Infants and Toddlers (1CD, 2 C) NEW!

Thursday, April 26 • 6-9 p.m.

Trainer: Jordon Helgason

Fee: \$30 Non-members/\$20 Members

Storytelling is one of the oldest and most powerful forms of teaching. In this session, we will discuss the benefits and developmental milestones of reading stories with infants and toddlers. We will explore many interesting and interactive ways to make your stories come to life!

Writing with Preschoolers (3 C) NEW!

Thursday, April 26 • 6-9 p.m.

Trainer: Amber Meyer

Fee: \$30 Non-members/\$20 Members

Participants will learn practical tips for writing with preschool-age children.

We will discuss children's developmental stages of writing and research-based instructional approaches to support emergent writers. The instructional approaches will include teacher-guided writing experiences and student-centered writing during play. These fun and engaging approaches will help participants integrate writing throughout the day.



MPT-PBS EdCamp/Salisbury (3 P) NEW!

Saturday, April 28 • 8:30 a.m.-noon

Trainer: Karla Thompson, MPT

Fee: No fee

LOCATION: Conway Hall Room 179, SU Campus

Celebrate the Month of the Young Child with Maryland Public Television (MPT) by participating in this participant-driven professional development opportunity. Listen, learn, lead and engage – it's all up to you! Call us if you have questions.

MAY



Take Time to Talk to Infants and Toddlers (3 CD) NEW!

Tuesday, May 8 • 6-9 p.m.

Trainer: Pam Hall

Fee: \$30 Non-members/\$20 Members

Babies learn conversation skills well before they learn to speak. They engage adults by making noises and use facial expressions to send messages. Participants in this workshop will recognize the importance of using every opportunity to talk to and sing with infants and toddlers throughout the day to support cognitive development.

Basic Health and Safety Training (3 H)

Tuesday, May 8 • 6-9 p.m.

Trainer: Leslie Sinclair

Fee: \$30 Non-members/\$20 Members

This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

CPR and First Aid (no COK)

Thursday, May 10 • 6-9 p.m.

Trainer: Jay Hyde

Fee: \$65 for all (non-refundable)

This is a certification course through American Safety and Health Institute (ASHI). It is strongly recommended to take both CPR and First Aid together. Participants will stay until training is complete – usually three hours. Certification is valid for two years. The next certification course will be offered in July 2018.

Hours of Operation:

The Resource Center is open from 9 a.m.-5 p.m., Monday-Friday. We also will be open until 9 p.m. one Tuesday and Thursday each month and 9 a.m.-5 p.m. one Saturday each month.

Check our website for details about weekly hours.

Emergency Preparedness for Child Care Providers (3 H, 3 P)

Saturday, May 12 • 9 a.m.-4 p.m.
Trainer: Margaret Clayville
Fee: \$15 for all

Providing a safe environment for young children includes being ready for an emergency. Are you well-prepared for an unexpected event? Do you know how to shelter in place? Do you have a safe place to go in case you need to evacuate? Project Security Blanket provides training and technical assistance for Maryland child care center staff members, family child care providers and informal providers on the development of a written emergency plan for their programs.

Medication Administration (6 H)

Saturday, May 19 • 9 a.m.-4 p.m.
Trainer: Denise Conklin, RN
Fee: \$52 for all (non-refundable)

Learn how to correctly administer medication to children in your care. As of July 2011, OCC requires that one center staff member and every family provider must be trained in this class and be present at all times children are present and must be responsible for administering medication.

Culturally Responsible Practices in Early Childhood Education (3 CY) NEW!!

Saturday, May 19 • 9 a.m.-noon
Trainer: Jordon Helgason
Fee: \$30 Non-members/\$20 Members

Culture greatly influences a child's development and the expectations the family has for their child. Discover culture beyond holidays, clothing and food! Learn about internal cultural influences and how to partner with families to gain this information.

Maryland EXCELS: Moving to Level 3 (2 P)

Thursday, May 24 • 6-9 p.m.
Trainer: Dianna Aguirre
Fee: No Fee

Participants will explore self-assessment, design an effective program plan, analyze documentation needed to reach Level 3 in each content area and evaluate the benefits of tiered reimbursements. You will be able to begin the process of moving to Level 3 right away! An **EXCELS Workgroup** (no COK) is included for an hour after this training to assist with your application process.



ABCs of Yoga (3 C) NEW!

Thursday, May 24 • 6-9 p.m.
Trainer: Jen Krenitsky
Fee: \$30 Non-members/\$20 Members

Are you a beginner? Have you had some yoga experience? This workshop is all about discovering ways to help young children learn the alphabet through yoga poses. You will explore mindfulness techniques to help children increase focus and retention skills. This class will be active, enjoyable and you will leave with at least 26 new ways to teach the ABCs!

JUNE

Rubber Band Man (2 CD, 1 C) NEW!

Tuesday, June 5 • 6-9 p.m.
Trainer: Bruce Travers
Fee: \$30 Non-members/\$20 Members

You may have heard that children are resilient. They can be. In this session, you will learn ways to help children gain self-awareness, make good choices, and establish confidence that helps them persevere.



Show Me What I Can't Hear (3 CD) NEW!

Tuesday, June 5 • 6-9 p.m.
Trainer: Kelley Koontz
Fee: \$30 Non-members/\$20 Members

When children get tired of listening and ignore what we say, what can we do? In this workshop, we will talk about visual strategies, scripted stories and how to help children use their words to voice their needs and feelings.

Making Books with Kids (3 C) NEW!

Saturday, June 16 • 9 a.m.-noon
Trainer: Amber Meyer
Fee: \$30 Non-members/\$20 Members

Participants will learn practical tips for making books with kids. We will discuss the importance of kids seeing themselves as readers and writers and how this sense of literacy empowerment can be manifested through making books. Then, we will explore how to make books that help children learn content through active, fun and personalized approaches.



(Continued)



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at Salisbury University

SPRING 2018

Published by the Lower Shore
Child Care Resource Center

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410-543-6650
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1-877-261-0060
www.lowershoreccrc.org

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Salisbury
UNIVERSITY

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TRAINING CALENDAR

JUNE CONTINUED

Including All Children and the Americans with Disabilities Act (3 SN)

Saturday, June 16 • 9 a.m.-noon

Trainer: Leslie Sinclair

Fee: \$30 Non-members/\$20 Members

How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.



The Power of Parent Involvement (3 CY) NEW!

Thursday, June 21 • 6-9 p.m.

Trainer: Latrice Gray

Fee: \$30 Non-members/\$20 Members

Parents are the first and most important teachers of young children. A good relationship with them is essential to the success of their child in the classroom. Learn ways to communicate effectively and engage families in relationships that allow children to profit from their earliest education experiences.

Essential Skills for School and Life (3 CD) NEW!

Thursday, June 21 • 6-9 p.m.

Trainer: Marylou Fineran

Fee: \$30 Non-members/\$20 Members

Executive function skills are the foundation skills for life. Participants in this workshop will use *Mind in the Making* by Ellen Galinsky to identify these executive function skills that children need to be successful; and you will learn strategies to work on the development of these skills in the children they care for every day.

PROFESSIONAL DEVELOPMENT RESPONSIBILITIES

1. Take trainings in your specialty area whenever possible
 2. Network with your colleagues
 3. Join a professional organization
 4. Keep records of your training
- FYI: File certificates of training carefully

REQUIRED TRAININGS OFFERED AT THE RESOURCE CENTER:

- CPR and First Aid
- Working with Mixed-Age Groups
- Basic Health & Safety Training
- Including All Children and the Americans with Disabilities Act
- Medication Administration
- Emergency Preparedness
- Center Aid Orientation

TRAINING POLICY

C-Curriculum CD-Child Development CY-Community H-Health, Safety and Nutrition P-Professionalism SN-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must preregister for all classes. Registration forms can be found on LSCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. **You are not considered to be registered for a class until payment has been received in our office.**
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee.
- Class registration fees are nonrefundable. **However, if you are unable to attend a training session, you must notify our office by close of business the day before the training in order to receive credit towards another class.**

- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be cancelled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at LSCCRC, please do not bring them to class with you.

- Certificates will be awarded to all participants successfully completing a class. Please keep these certificates for licensing and credentialing purposes. If you need a duplicate copy of your certificate, you will be charged \$1 per copy.
- Please check with local television stations for any possible cancellations due to bad weather. If a training is cancelled, it will be rescheduled for a later date.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

INFANT AND TODDLER MINUTE

CHOOSING APPROPRIATE ART MATERIALS FOR TODDLERS

Young toddlers are more interested in exploring and manipulating art materials than in creating works of art. It is not surprising that when introduced to crayons and paper, they may be most interested in touching, looking at and even tasting the art materials. Once children find the marks crayons make on the paper are more interesting than how they taste, then they are ready for art experiences. Even at this point, staff need to provide close supervision and decide how to slowly introduce art materials as children become ready. Below are a list of age-appropriate art materials for our youngest ones.



Young Toddlers

(12-23 months of age):

- Large, non-toxic crayons
- Large paper (white and different colors) taped to a surface (table, easel, wall)
- Non-toxic finger paint
- Large, non-toxic chalk and chalk boards

Older Toddlers

(24-30 months of age):

- The items listed above for younger toddlers
- Watercolor markers
- Tempera paints
- Painting tools, such as paint brushes of various widths and short handles



- Paper of different sizes and colors
- Easy-to-use blunt scissors
- Unbreakable chalk boards and chalk
- Play dough and simple tools (rollers, plastic or wooden utensils)
- Large self-stick stamps, stickers and tape
- Scrap paper and cut-out pictures for collage with glue sticks

Inappropriate Art Materials for Toddlers:

- Shaving cream
- Glitter
- Permanent markers
- Items children can choke on such as small broken pieces of crayons, small beads or Styrofoam peanuts

Cryer, D., Harms, T., & Riley, C. (2004). *All about the ITERS-R: a detailed guide in words and pictures to be used with the ITERS-R.* (Lewisville, NC): Pact House Pub.

If you would like more information on appropriate art experiences for toddlers, please reach out to Infant and Toddler Specialist Jordon Helgason at 410-677-3130 or jlhelgason@salisbury.edu.

GENEROSITY MATTERS

Think about contributing to your child care resource center. Everyone can use a tax deduction, and here is a way to help the LSCCRC through the Salisbury Foundation, Inc. Visit this site and be generous, please: <https://salisburyu.givecorps.com/projects/26911-seidel-school-of-education-professional-studies-the-lower-shore-child-care-resource-center>

BIRTH TO FIVE

2018 PLAYGROUP SCHEDULE

All playgroups are free to attend and are held the first Wednesday of the month at 10 a.m., unless otherwise noted.*

Playgroup is open to any child who is between the ages of birth to five years old, and a resident of Wicomico County.

Please call/email Kelly at 410-677-5250 or ksoscia@wcboe.org to confirm your attendance and playgroup location, or if you have any questions. Locations are subject to change.

Children must be accompanied by an adult and some activities require signed parent/guardian release of liability to participate.

April 4: Nor'Eastern Storm and Galaxy Gymnastics Club

May 2: Kindred Spirits Farm

June 6: Fruitland Fire Department

July 4: No Playgroup (Holiday)

August 1: Salisbury Zoo



UPDATE YOUR LOCATE PROFILE!

The LOCATE: Child Care annual update questionnaire is NOW AVAILABLE ONLINE!

Choose the link most appropriate and update your LOCATE: Child Care information:

- Main Questionnaire Page: www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires
- Center/Group Questionnaire: www.marylandfamilynetwork.org/resources/group-program-questionnaire
- Family Child Care Questionnaire: www.marylandfamilynetwork.org/resources/family-child-care-questionnaire

EDCAMP @ SU

Saturday, April 28, 2018

8:30 a.m.-Noon

Salisbury University

Conway Hall Room 179, First Floor

At EdCamp, you will experience a peer-led training session based on your particular needs.

Come for a new experience, stay for the networking, leave with knowledge and 3

COK in Professionalism. This training opportunity is free, and breakfast is included. Register at <http://thinkport.org/edcamp.html>.



MARYLAND CREDENTIAL PROGRAM CONTACT INFORMATION

The email address is cccredential@conduent.com.

Don't forget to contact our office 410-543-6650 if you need help submitting your materials or if you need a second set of eyes to review your documents.



REGISTER NOW

Technology Symposium

Saturday, April 14, 2018

Wor-Wic Community College

At this Symposium, dedicated to the needs of the child care community, you will receive up to 6 COK hours. You may choose what is most interesting to you from six breakout sessions. Lunch is included in the registration fee. For more information please contact Kim Joseph at kjoseph@worwic.edu or call 410-334-2815. You can also find a flyer/ registration form on our website: www.lowershoreccrc.org/CC_Tech_Symp_Registration.pdf

CONGRATULATIONS ARE IN ORDER

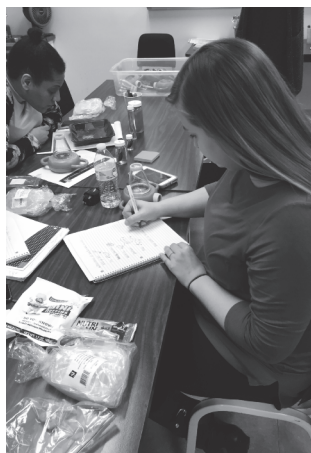
The Lower Shore Child Care Resource Center congratulates the following providers on their most recent accomplishments:

- **Autumn Fairbanks** – Achieved EXCELS Level 2
- **Elva Smith** – Opened Family Child Care Program
- **God's Little Angels Learning Center** – Achieved EXCELS Level 5
- **Tenderheart Early Learning Center** – Achieved MSDE Accreditation

If you are interested in having your achievements published in our newsletter or would like support in meeting these accomplishments, contact your Technical Assistance Coordinator at the LSCCRC.

STEM PROJECT: USING SCIENCE IN THE PRESCHOOL SETTING

The Lower Shore Child Care Resource Center received a grant from the Community Foundation of the Eastern Shore to present training called The STEM Project: Using Science in the Preschool Setting. This was a three-session training advertised to teachers and assistant teachers in the preschool classroom who would commit to attending all three trainings and to including STEM activities in their daily curriculum. Here are a few pictures showing how much fun they had learning about science for young children.



DIRECTOR AND FAMILY CHILD CARE NETWORK MEETINGS AT LSCCRC

Wednesday, April 11, 2018

Center Directors: 1 p.m. • Family Child Care Providers: 6 p.m.

Presenter: Patti Adkins from Wicomico Birth to Five

The April Director and Family Child Care Network Meeting will feature Patti Adkins from Wicomico Birth to Five. She will be presenting about what makes a good referral for early intervention and other information about special education. As always, bring your lunch, and we will provide dessert. Please call our office to reserve a spot at 410-543-6650.



LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers, and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well. Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint: No Violation: Complaints that do not

involve violations of child care regulations; complaints about situations that do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: Complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations and/or the Health Department that do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: Any threat to the immediate health, safety or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided. When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE director also communicates

with the appropriate regulatory agency personnel about the complaint and maintains the “hold” on the provider/facility until the agency’s disposition of the complaint is known. Should the investigation result in no action, the “hold” status is removed from that provider’s/facility’s records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE’s actions in writing. A provider may appeal the LOCATE director’s decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents’ and children’s rights to safety are addressed, as well. Any questions on this policy should be addressed to LOCATE at Maryland Family Network (MFN) at 410-659-7701.

INTERESTED IN ONLINE TRAINING?

Access is an easy link from our website! It is convenient to earn COK hours online by clicking on the training tab at www.lowershoreccrc.org and then clicking on “Online Training Classes from Smart Horizons.” There is a good selection to help you get the training you need when you need it. If you want to take these online courses and have difficulty, call us and we will walk you through the registration process. If you do not have reliable connectivity at your address, we have a laptop for you to use at the LSCCRC Resource Room. Come on in!

ONSITE TRAINING OPPORTUNITY

COK hours brought to you – How convenient!

Training that addresses the needs particular to your center – Very useful!

Individualized instructor – So helpful!

An on-site training sounds like what you need!

Call the LSCCRC to discuss your concerns, identify a workshop topic and get a convenient date on the calendar **for you at your location.**

Could that be any easier?

DO YOU RECEIVE EMAILS FROM THE LSCCRC?

Every week (at least) we send an email update. In it there are links to other sites and opportunities for you to take advantage of up-to-the minute news important to you! Office hours and late open hours are announced, as are events coming to our tri-county area. If you are not receiving these emails, we probably don’t have your correct email address. Please get in touch so we can correct that. Call us at 410-543-6650.

