

# The Child Care Chat



Lower Shore Child Care  
Resource Center  
at Salisbury University

Published by the Lower Shore Child Care Resource Center

SUMMER 2017

## LETTER FROM THE DIRECTOR



**F**inally, summer is here. Freedom from the rules, rigor and structure of school. Long, lazy days full of sunshine stretching out for weeks; and it's time to relax. Not so!

For many, the summer is even busier than the school year. Camps and school-age programs ramp up, and the full-day population of child care increases. Child care centers may switch gears, but they do not slow down. There are field trips and water days, popsicles, and sweaty children. Family providers take in the siblings of their little charges, and the noise level really escalates. There is an energy that only summer can bring.

You are reading this thinking, "I'm tired already!" The sun drains our energy, and we look for a spot of shade. The children run, splash and play until they can't go any more.

Caregivers must be sure to actively observe children as they play and exert themselves outside in the heat and humidity.

Children don't think about it, and adults don't necessarily recognize it, but dehydration seems to come on quickly. Signs of dehydration include a feeling of fatigue, cramps and irritability. If a child has dark yellow urine (it should be the color of straw), is dizzy and complains of a headache, he/she may be dehydrated. If you suspect dehydration in a child, encourage the child to rest, apply a cool cloth to forehead or neck and give them a drink. Children can drink Pedialyte to restore their electrolyte balance, but water is fine.

While you are outside, remember to hydrate. During outdoor curriculum, take a thermos of water and cups.

Children can serve themselves and help each other. They should drink about 6 oz. of water every 20 minutes. It is not necessary to invest in sports drinks because sometimes those are full of calories and caffeine. Also, fruits like grapes, cantaloupe, grapefruit, oranges and strawberries are very high in water content, and children like them. Take a tray of fruit to the playground for a refreshing snack – and maybe a watermelon seed spitting contest!

The effort to keep everyone healthy and hydrated is not difficult, but it has to be a priority during summertime outside play.

Have a healthy and happy summer everyone!

*Leslie Sinclair*

# TRAINING CALENDAR

**All trainings are at the LSCRC, unless otherwise noted.**

## JULY

### **Basic Health & Safety Training (3 H)**

Tuesday, July 11 • 6-9 p.m.

Trainer: Jordon Helgason

Fee: \$30 Non-Members/\$20 Members

This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

### **EXCELS: Moving from Level 1 to Level 3 (2 P)**

Tuesday, July 11 • 6-8 p.m.

Trainer: Dianna Aguirre

Fee: no fee for this class

Participants will explore self-assessment, design an effective program plan, analyze documentation needed to reach level 3 in each content area and evaluate the benefits of tiered reimbursements. You will be able to begin the process of moving to Level 3 right away!

### **EXCELS Workgroup (no COK)**

Tuesday, July 11 • 8-9 p.m.

Trainer: Dianna Aguirre

Fee: no fee for this class

Participants will network with a facilitator and other caregivers to progress through EXCELS requirements. Join a support group and reach your professional goals!

### **Medication Administration (6 H)**

Saturday, July 15 • 9 a.m.-4p.m.

Trainer: Denise Conklin, RN

Fee: \$52 for all (non-refundable)

This training is held at Little Lambs in Berlin, MD Open to All!

Learn how to correctly administer medication to children in your care. As of July 2011, OCC requires that one center staff member and every family provider must be trained in this class and be present at all times children are present and must be responsible for administering medication.

### **The Child Care Provider as a Professional (3 P)**

Saturday, July 15 • 9 a.m.-Noon

Trainer: Leslie Sinclair

Fee: \$30 Non-Members/\$20 Members

What does it mean to be an early care professional? How can you make sure that your interactions with others are seen as professional at all times? Explore the role of the early care professional and how your professionalism

affects the children, family and the surrounding community. *This class meets the first-year requirement for family child care, but all providers may attend.*

### **CPR & First Aid (no COK)**

Thursday, July 27 • 6-9 p.m.

Trainer: Jay Hyde

Fee: \$65 for all (non-refundable)

This is a certification course in both CPR and First Aid. Participants will stay until training is complete – usually two hours. Certification is valid for two years. Next training will be September 2017.

### **Science Exploration through the Senses (3 C)**

Thursday, July 27 • 6-9 p.m.

Trainer: Ellen Sprouls

Fee: \$30 Non-Members/\$20 Members

Participants will have meaningful science experiences that teach the many concepts that make up the scientific thinking domain. You will have the opportunity to use literature as the jump-off point for a science lesson!

## AUGUST

### **Including All Children & the Americans with Disabilities Act (3 SN)**

Tuesday, August 8 • 6-9 p.m.

Trainer: Leslie Sinclair

Fee: \$30 Non-Members/\$20 Members

How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.

### **Helping Our Kids: Strategies & Support for Childhood Anxiety (2 H, 1 CY)**

Tuesday, August 8 • 6-9 p.m.

Trainer: Latrice Gray

Fee: \$30 Non-Members/\$20 Members

During this training, participants will learn the significance of recognizing the various signs of normal and severe anxiety; and they will identify and practice strategies to support children with anxiety. Participants will also learn about trauma and resources they can access when working with young children.

### **Early Learning Assessment (8 P, 4 CD)**

Saturday, August 19 • 9 a.m.-4 p.m. (Part 1)

Saturday, August 26 • 9 a.m.-4 p.m. (Part 2)

Trainer: Leslie Sinclair

Fee: \$50 for all

This training is held at Little Lambs in Berlin, MD Open to All! Must attend both days to receive certificate.

Child care providers will learn how to use the MSDE assessment tool to recognize what children know in order to inform planning. Participants will also learn to measure growth over time, share activities with parents, use the online system to record observations to prepare for conferences and better prepare children for school.

### **Introduction to Observation & Assessment Birth through 12 Years of Age (3 CD)**

Saturday, August 19 • 9 a.m.-Noon

Trainer: Kelley Koontz

Fee: \$30 Non-Members/\$20 Members

This training provides participants with the tools to conduct and document objective observations to help instruct and plan for children based on their interests and developmental skill level.

### **Taking Learning Outside (3 C)**

Saturday, August 19 • 9 a.m.-Noon

Trainer: Bruce Travers

Fee: \$30 Non-Members/\$20 Members

This class will teach participants the importance of creating meaningful play activities in the daily plan for children. Participants will learn how to not only create experiences outside that promote growth and development, but will also become more aware of how to create learning in the unstructured outdoor play of children.

### **Basic Health & Safety Training (3 H)**

Thursday, August 24 • 6-9 p.m.

Trainer: Jordon Helgason

Fee: \$30 Non-Members/\$20 Members

This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

## Hours of Operation:

The Resource Center is open from 9 a.m.-5 p.m., Monday-Friday. We also will be open until 9 p.m. one Tuesday and Thursday each month and 9 a.m.-noon one Saturday each month.

**Check our website for details about weekly hours.**

## Facing Danger in Child Care Settings: Responding to a Hostile Intruder (2 CY)

Thursday, August 24 • 6:30-8:30 p.m.

Trainers: Trooper Hallman

Fee: \$26 Non-Members/\$16 Members

This training will address preparing staff and families so that they know their options for response, understand the role of law enforcement when responding, and are able to put environmental pieces in place that will work to prevent or at least lessen injuries in case of a hostile intruder.

## SEPTEMBER

### Medication Administration (6 H)

Tuesday, September 5 • 6-9 p.m. (Part 1)

Thursday, September 7 • 6-9 p.m. (Part 2)

Trainer: Denise Conklin, RN

Fee: \$52 for all (non-refundable)

Must attend both days to receive certificate.

Learn how to correctly administer medication to children in your care. As of July 2011, OCC requires that one center staff member and every family provider must be trained in this class, and be present at all times children are present and must be responsible for administering medication.



### CPR & First Aid (no COK)

Tuesday, September 5 • 6-9 p.m.

Trainer: Jay Hyde

Fee: \$65 for all (non-refundable)

This is a certification course in both CPR and First Aid. Participants will stay until training is complete – usually three hours. Certification is valid for two years. The next certification course will be offered in November 2017.

### Attachment: Growing Bonds with Children (3 CD)

Thursday, September 7 • 6-9 p.m.

Trainer: Jordan Helgason

Fee: \$30 Non-Members/\$20 Members

This class investigates attachment theory, how attachment is formed and how the attachment style that the child has will affect their development as well as their interaction with their child care provider. This class will allow a child care provider to make intentional decisions about responding to a child's behavior based on what they learn about their attachment style.

### EXPO!

Saturday, September 16 • 9 a.m.-1 p.m.

No Fee

Drop in to our open house event. This year, we are focusing on social and emotional well-being. You will have a chance to spend some time in a yoga studio learning some moves to add to your daily schedule that can help children focus. Learn to be mindful. Also, learn some ways to take care of yourself because we know that happy teacher = happy class.

### Growing Up Wild (3 C)

Thursday, September 21 • 6-9 p.m.

Trainer: Bruce Travers

Fee: \$30 Non-Members/\$20 Members

Discover the joy of teaching children about science through nature using the wonderful curriculum, Growing Up Wild.

### NAFCC Accreditation Orientation (3 P)

Thursday, September 21 • 6-9 p.m.

Trainer: Dianna Aguirre

Fee: \$30 Non-Members/\$20 Members

Participants will be made aware of the benefits and requirements of accreditation by the National Association of Family Child Care (NAFCC). Find out how you can become accredited. This class is intended to create a cohort of interested providers who might want to work together toward NAFCC Accreditation.

### Lesson Planning (3 C)

Thursday, September 21 • 6-9 p.m.

Trainer: Kelley Koontz

Fee: \$30 Non-Members/\$20 Members

This class leads the participant through the process of lesson planning, from identifying goals and objectives, creating the lesson plan, facilitating learning, assessment and documentation, to personal evaluation of the lesson. Participants will work toward completing a plan that can be used the next week!

### The Maryland Child Care Credential Overview (2 P)

Saturday, September 23 • 9-11 a.m.

Trainer: Dianna Aguirre

Fee: no fee for this class

This training will provide information regarding the rationale behind program accreditation, how accreditation reflects quality practices, requirements of accreditation, timeline for pursuing accreditation, the application process and the support available to providers as they pursue accreditation.

### EXCELS Work Group (no COK)

Saturday, September 23 • 11 a.m.-Noon

Trainer: Dianna Aguirre

Fee: no fee for this work group

Participants will network with a facilitator and other caregivers to progress through EXCELS requirements. Join a support group and reach your professional goals!

### Basic Health & Safety Training (3 H)

Saturday, September 23 • 9 a.m.-Noon

Trainer: Leslie Sinclair

Fee: \$30 Non-Members/\$20 Members

This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

### FOR CREDENTIALING:

Applications can be mailed to:

**CC Central, P.O. Box 598,  
Baltimore, MD 21203**

or faxed to: **410-229-0145**

If you wish to check the status of an application that you submitted you can e-mail [ccccredential@xerox.com](mailto:ccccredential@xerox.com) or call **866-243-8796**.



Lower Shore Child Care  
Resource Center  
at Salisbury University

### SUMMER 2017

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Child Care Resource Center

Suite 500 East Campus Complex  
Salisbury, MD 21801  
410-543-6650  
LOCATE: Child Care  
1-877-261-0060

[www.lowershoreccrc.org](http://www.lowershoreccrc.org)

### The Lower Shore Child Care Resource Center at Salisbury University

is a member agency of the  
Maryland Child Care Resource Network —  
[www.mdchildcare.org](http://www.mdchildcare.org) —  
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**Salisbury**  
UNIVERSITY

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## TRAINING POLICY

**C-Curriculum CD-Child Development CY-Community H-Health, Safety and Nutrition P-Professionalism SN-Special Needs**

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must preregister for all classes. Registration forms can be found on LSCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. **You are not considered to be registered for a class until payment has been received in our office.**
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee.
- Class registration fees are nonrefundable. **However, if you are unable to attend a training session, you must notify our office by close of business the day before the training in order to receive credit towards another class.**

- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be cancelled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at LSCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing a class. Please keep these certificates for licensing and credentialing purposes. If you need a duplicate copy of your certificate, you will be charged \$1 per copy.
- Please check with local television stations for any possible cancellations due to bad weather. If a training is cancelled, it will be rescheduled for a later date.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

## CONGRATULATIONS ARE IN ORDER

The Lower Shore Child Care Resource Center congratulates the following providers on their most recent accomplishments:

- **Lubna Ansari:** EXCELS Level 3
- **Kathleen Hall:** Accepted into CCCPDF
- **Khloe Imes:** Accepted into CCCPDF
- **Molly Miller:** Graduated from Salisbury University through the CCCPDF program
- **Duawan Mills:** EXCELS Level 1
- **Diahann Shepard:** Credential Level 3
- **Tia Warner:** Opened Family Child Care Program

If you are interested in having your achievements published in our newsletter or would like support in meeting these accomplishments, contact your technical assistance coordinators at the LSCCRC.

## DO YOU WORK WITH CHILDREN AGES BIRTH TO THREE YEARS OLD?

### JOIN THE LSCCRC'S INFANT AND TODDLER FACEBOOK SUPPORT GROUP!



Whether you have been working with infants and toddlers for years or are new to the field, this group is for you! We provide support to one another through the sharing of recent research, ideas for developmentally appropriate activities, and events and trainings geared towards the age group.

### HOW DO YOU JOIN THE GROUP?

You can join the group by requesting to join on the LSCCRC's Facebook page or by providing your email address to Infant and Toddler Specialist Jordon Helgason at [jhelgason@salisbury.edu](mailto:jhelgason@salisbury.edu) or at 410-677-3130.



## UPDATE YOUR LOCATE PROFILE!

The LOCATE: Child Care annual update questionnaire is NOW AVAILABLE ONLINE!  
Choose the link most appropriate and update your LOCATE: Child Care information:

- Main Questionnaire Page: [www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires](http://www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires)
- Center/Group Questionnaire: [www.marylandfamilynetwork.org/resources/group-program-questionnaire](http://www.marylandfamilynetwork.org/resources/group-program-questionnaire)
- Family Child Care Questionnaire: [www.marylandfamilynetwork.org/resources/family-child-care-questionnaire](http://www.marylandfamilynetwork.org/resources/family-child-care-questionnaire)

## TECHNICAL ASSISTANCE: NEW CURRICULA RECOMMENDATIONS

The Maryland State Department of Education Early Childhood Curriculum Project provides guidance to child care and other non-public early childhood programs on curricular resources. The project has updated its recommended list of early childhood curricula for 3 and 4 year olds for child care, Head Start programs, and nursery schools.

MSDE is in the process of developing a comprehensive curriculum for programs for 3 and 4 year olds. The curriculum will be accessed online at no cost. A list of supplementary materials and resources that programs may purchase will be provided.

Programs implementing MSDE-recommended curricula with an expiration date of December 2017 can

continue to use this curriculum until the time that the new MSDE developed curriculum is available for public use. Once the MSDE developed curriculum is available, programs currently implementing MSDE-recommended curricula with an expiration date of December 2017 will have the choice of:

- Implementing the MSDE developed curriculum; or
- Purchasing and implementing a curriculum on the MSDE State Recommended Curriculum list that has not expired.

More information can be found at <http://earlychildhood.marylandpublicschools.org/child-care-providers/early-childhood-curriculum>. The Resource Center is currently working on obtaining curriculum samples of those newly added. Contact Jordon Helgason at 410-677-3130 if you are interested in learning more about them.



## GOODBYE AND BEST WISHES TO BONNIE NAY

We are sad to report that Bonnie Nay is leaving the Resource Center. Bonnie has been a part of Resource Center staff since 2009, first with the Early Intervention Program, then in 2015, she took the position of technical assistance coordinator for the Resource Center. Last year she also took on the responsibilities of the Child Care Career and Professional Development (CCCPDF) Program.

She will be greatly missed by her co-workers and the child care community. Bonnie is known for going the extra mile with help and support whenever needed. Join us in thanking her for her insight and guidance along the way, and in wishing her the best of luck on all the new ventures that will come her way.



This is the final project of the Loose Parts class that was taught on May 25 at the LSCCRC. It was created by Lelia Larkin, Wilma Davis, Virginia Muir, Lisa Parker and Teresa Mills.

## BASIC HEALTH & SAFETY TRAINING

The member agencies of the Maryland Child Care Resource Center, including the Lower Shore Child Care Resource Center, have been approved by MSDE to provide a three-hour Basic Health and Safety Training in-person workshop. This workshop will satisfy the pending regulation requiring all child care providers, including all center staff and family providers, to complete this workshop.

This workshop was developed in

partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

If you are looking to take this required training class, check out the dates listed in this newsletter. There is at least one class offered each month. You may also contact Leslie Sinclair, 410-543-6650, to schedule an on-site training. We are working to train all providers in the tri-county area.

## PROFESSIONAL DEVELOPMENT RESPONSIBILITIES

1. Take trainings in your specialty area whenever possible
2. Network with your colleagues
3. Join a professional organization
4. Keep records of your training  
FYI: File certificates of training carefully



## CACFP NEWS

The Child and Adult Care Food Program has made some changes you need to know about. If you currently accept the subsidy at your program, you should register for this informational training session. Brenda Harding will present at two locations in August.

Register with her by calling/texting 443-496-0193 or emailing [bharding@theplanningcouncil.org](mailto:bharding@theplanningcouncil.org). Include your name and provider number, and identify the class you wish to attend. You will receive a certificate of attendance.

### *Training Sessions*

**Thursday, August 10 • 6:30-8:30 p.m. • Worcester County Library  
307 N. Washington Street, Snow Hill, MD**

or

**Thursday, August 17 • 6:30-8:30 p.m. • Salisbury University,  
Guerrieri Student Union, Nanticoke Room (2nd Floor)  
Use Dogwood Drive Entrance (Parking Lot D)**

If you have questions, call the Resource Center at 410-543-6650

## HAVE YOU THOUGHT OF AN ON-SITE TRAINING?

**Need COK hours?  
Want something different?  
Looking for something special?  
It sounds like an on-site training  
is right for you!**

When you have a subject that you would like to learn more about, a simple call to the LSCCRC is the quickest way to schedule an individualized training. We will talk with you about your concerns, identify a workshop topic and get a convenient date on the calendar for you at your location.

**Could that be any easier?**



## DIRECTOR AND FAMILY CHILD CARE NETWORK MEETINGS

This quarter's Director and Family Child Care Provider Network Meeting can be called a Round-Table Meeting, a Sharing Time, a Free-for-All or a Gripe Session! Whatever you'd like to call it, have a refreshment, the table will be open for all conversation and/or discussion.

- Do you have some great things going on that you would like to tell us about?
- Are there issues at your place you would like advice on?

- Is there a grant opportunity you would like to explore?
- How are things going with your curriculum choice? Your assessment tool?

**Meet with us on Wednesday, July 12**

**Center Directors: 1 p.m.**

**Family Child Care Providers: 6 p.m.**

**REMINDER:** In an effort to provide important information to caregivers in both family- and center-based environments, the Lower Shore Child Care Resource Center will host Director/Family Child Care Provider Network Meetings quarterly rather than bi-monthly.

## EARLY LEARNING ASSESSMENT - AN UPDATE

*The ELA is a formative assessment that identifies a pathway of knowledge and behaviors for children between the ages of 36 and 72 months. These standards establish and define the expectations of all children as the foundation for school readiness and life-long success. By incorporating this tool into everyday routines and activities, you will be able to make meaningful observations of the children in your care, plan individualized lessons and track progress toward kindergarten readiness.*

Our next ELA training is scheduled for August 19 and 26. The training consists of two, six-hour Saturdays and a simulator assessment at the end. Registration is online; and at that time, you must identify a data administrator. If you are not yet using an assessment tool or you are looking to adapt this one please contact the LSCCRC for information on trainings and how to register for the next training.



## INTERESTED IN ONLINE TRAINING?

Access is an easy link from our website! It is convenient to earn COK hours online by clicking on the training tab at [www.lowershoreccrc.org](http://www.lowershoreccrc.org) and then clicking on "Online Training Classes from Smart Horizons." There is a good selection to help you get the training you need when you need it. If you want to take these online courses and have difficulty, call us and we will walk you through the registration process. If you do not have reliable connectivity at your address, we have a laptop for you to use at the LSCCRC Resource Room. Come on in!



## LOOSE PARTS FOR INFANTS AND TODDLERS

Infant and toddlers are naturally curious learners and enjoy investigating, discovering and problem-solving.

You can support their curiosity by providing them with loose parts. What are loose parts? Loose parts are open-ended materials that have unlimited play opportunities. They have multiple outcomes, which means that there is no specific way to use the items.

When incorporating loose parts for infants into your environment, consider

appropriate items (of a safe size!) that invite action and opportunity for babies to touch, mouth, explore, move, bang and rearrange. Examples include: balls, knotted cloth napkins, hair rollers and bracelets. For toddlers, select items that may transform, transport and construct. Examples include bins of different sizes, large stones, coasters and scarves.

Once the loose parts are in place, stand back and watch as children engage with the materials in powerful and amazing ways. Be prepared to be surprised and delighted!

## GENEROSITY MATTERS

Think about contributing to your child care resource center. Everyone can use a tax deduction, and here is a way to help the LSCCRC through the Salisbury Foundation, Inc. Visit this site and be generous, please: <https://salisburyu.givecorps.com/causes/7882-the-lower-shore-child-care-resource-center>

## NEWS FROM THE EARLY CHILDHOOD MENTAL HEALTH DESK: SELF-REGULATION IN THE EARLY CHILDHOOD YEARS

*May/June 2017 • Volume 1, Issue 6*

Four-year-old Anna sees a few of her friends playing in the dramatic play area of her pre-school classroom. Anna informs the teacher that she would like to join her friends in the dramatic play learning center. Anna's teacher, Mrs. Bailey, advises Anna to select another center, as dramatic play is full. Extremely emotional, Anna runs over to dramatic play and knocks the kitchen dishes off of the table. Anna then lays on the floor and begins to cry excessively.

Anna, like most young children, needs continued support and practice monitoring self-regulation. Self-regulation is the ability to manage his/her emotions and behaviors, as well as maintain appropriate attention and focus to a task at hand. Self-regulation is directly related to neurological maturation. Therefore, self-regulation skills are often not mastered until the early adult years. With that being said, it is important to help your child master this skill, as it is critical for school readiness. Practice can take place in a variety of ways.

### **Examples include, but are not limited to the following:**

- Provide consistent, structured routines
- Eliminate distractions when task completion is required
- Model appropriate responses
- Create a quiet corner
- Structure transitions with reminders and/or timers

*If you have questions regarding a young child in your care (birth through five years old), contact the LSECMHCP at 410-677-6590.*



THE LOWER SHORE CHILD CARE RESOURCE CENTER  
 Suite 500  
 East Campus Complex  
 Salisbury, MD 21801

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### Visit Us on the World Wide Web

Just log onto [www.lowershoreccrc.org](http://www.lowershoreccrc.org) or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Lower Shore Child Care Resource Center

*The cost of membership at the Lower Shore Child Care Resource Center is, of course, priceless, but we do need to put a price on it. As of July 1, 2017, the cost of membership increases to \$25. Join/update now to save a couple of dollars!*

## REGISTRATION FORM

Name \_\_\_\_\_ Resource Center Member? Yes \_\_\_\_\_ No \_\_\_\_\_

Center (if applicable) \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_  
 Street City State Zip Area Code

Email Address \_\_\_\_\_

**Make personal check or money order for FULL AMOUNT payable to: Salisbury University**  
**Mailing Address: C/O Lower Shore Child Care Resource Center, Suite 500, East Campus Complex,**  
**Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650**

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Name on card \_\_\_\_\_

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_