

The Child Care Chat



Lower Shore Child Care
Resource Center
at Salisbury University

Published by the Lower Shore Child Care Resource Center

SUMMER 2020

LETTER FROM THE DIRECTOR

You all deserve a standing ovation! The last three months have been difficult. You were asked to put yourselves and your families at risk in order to provide nurturing environments for the children of essential workers. You reorganized arrival and departure routines, you instituted new cleaning and sanitizing protocols, you adapted to new ratios, and you managed staffing challenges. Your cooperation with state mandates kept child care in business. We appreciate you.

As of this printing, MSDE has authorized face-to-face trainings to resume on July 1. However, after discussion with other directors across the state, the LSCCRC will offer mainly virtual classes. The health risks are too serious to put any providers or trainers at risk. During this period of COVID-19, we learned that many providers were willing to participate in virtual training, so we will continue to offer most of our workshops virtually. The exceptions to this plan include CPR & First Aid and Medication Administration. Please see our training schedule for classes that will help with requirements for licensing and credentialing. Also, don't hesitate to contact the office at 410-543-6650.

Throughout this State of Emergency, the LSCCRC has worked on new and convenient ways to engage the child care community in support groups, round table discussions and virtual training. We



would like to continue these group activities into the next year. One of these groups is the Infant and Toddler Advisory Board. This group organized and hosted an event in which all teachers of infants and toddlers were invited, called The Remote Roundtable. I mention this in case there are teachers of other specialty groups (i.e., age level, interests, experience, licensing category) who would like to meet on our Zoom platform and perhaps plan events for like-minded child care staff. We would be glad to facilitate the meetings and help plan your activities.

Here is some new news: The office is closed and the Resource Room is not available for your use. There is also a change in cost of training. All two-hour workshops cost \$26, and three-hour workshops cost \$30. Memberships still cost \$25/year, but because of some limits with online registration, there is no discount for members beginning in

July. However, new members will receive one free 2-hour (\$26) class during your membership year plus one PAU. The biggest news is that we are now taking online registration for trainings. Check the article in this edition of *Child Care Chat* for detailed instructions.

You can access the most up-to-date information from the LSCCRC through our e-blasts – if you don't receive them, check to see if we have your current email address. Action items, workshop reminders, and state- and nation-wide surveys and opportunities are available on our Facebook page and on Twitter. Of course, you are welcome to contact us by phone and email. We continue to telework, receive voice mail frequently and provide TA remotely during regular working hours.

Thank you, again, for being so nimble during this crazy time. We applaud you!

Leslie Sinclair

TRAINING CALENDAR

Due to SU regulations, we are not permitted to hold classes in our training facility. Please pay attention to the location information given with workshop details. According to MSDE, we can host no more than 14 students in a face-to-face class. We will maintain physical distancing and MASKS ARE REQUIRED. There will be a temperature check and other health accommodations at the training site.

Virtual OR Impact Church, 206 Moonglow Road, Fruitland

JULY TRAINING

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, July 14 6:30-8:30 p.m. Virtual - Zoom	\$26	What Happened to the World? Helping Children Cope Adults largely set the emotional landscape for children. Children depend on us to be strong, to know what is happening and to guide them through turbulent times. Learn ideas and language for responding to children's questions and reactions during these times.	2COM	Katie Klein
Wednesday, July 15 6-9 p.m. Impact Church	\$65	CPR & First Aid This is a certification course by the American Health and Safety Institute. Certification is valid for two years. The next certification course will be offered in September 2020.		Jay Hyde
Thursday, July 16 6-9 p.m. Virtual - Zoom	\$30	Basic Health & Safety Training This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics and Maryland Family Network, with support from the Maryland State Child Care Association.	3H	Leslie Sinclair
Saturday, July 18 9 a.m.-4 p.m. Impact Church	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria. The next class is offered in August 2020.	6H	Denise Conklin, RN
Tuesday, July 21 6:30-8:30 p.m. Virtual - Zoom	\$26	Treat Yourself This training addresses the importance of self-care for teachers and administrators. Through self-reflective, hands-on activities and experiences, teachers will explore and increase their familiarity with best practices in self-care, including breathing techniques, using mantras, getting enough rest and feeling gratitude. Providers and administrators will create a plan to increase the use of self-care strategies in their program.	1P, 1SN	Latrice Gray
Thursday, July 23 6:30-8:30 p.m. Virtual - Zoom	\$26	Why Play Matters This interactive training will seek to build participants knowledge and understanding of the importance of play in the physical, cognitive and social development of children. This training will discuss the various aspects of play and the roles that each type plays in the growth and development in children. This training will conclude with discussing strategies for integrating developmentally appropriate practices into curriculum and daily activities to meet the individual needs of children.	2C	Cindy Collins
Tuesday, July 28 6:30-8:30 p.m. Virtual - Zoom	\$26	(IT) Sensory Play for Infants and Toddlers Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in Infants and toddlers.	2C	Cheryl Willis

AUGUST TRAINING

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, Aug. 4 6:30-8:30 p.m. Virtual - Zoom	\$26	Recognizing and Responding to Challenging Behaviors This workshop reviews the importance of recognizing challenging behaviors. Participants will learn what challenging behaviors look like, how to identify them and what they can do to help. Participants will also learn how to create written observations of behaviors to identify patterns and implement strategies to prevent challenging behaviors from occurring	2CD	Karen Price
Thursday, Aug. 6 6:30-8:30 p.m. Virtual - Zoom	\$26	(IT) Story Stretchers for Infants and Toddlers Infants and toddlers are naturally curious about the world around them. Children's literature is a great tool to enhance this curiosity. In this workshop, we will look at various children's books and extension activities to help our youngest learners gain a better understanding of the story.	2C	Cheryl Willis
Saturday, Aug. 15 9 a.m.-noon Virtual - Zoom	\$30	Including All Children and the Americans with Disabilities Act How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3SN	Leslie Sinclair
Tuesday, Aug. 18 6-9 p.m. Virtual - Zoom	\$30	Bibliotherapy: Helping Children Heal Through Books In this training, participants will learn about bibliotherapy and how books can help children recognize and deal with their feelings when faced with challenging situations. Attendees will also learn about sensory boxes and how to create such a box that will meet the unique needs of children in their care.	3CD	Latrice Gray
Thursday, Aug. 20 6:30-8:30 p.m. Virtual - Zoom	\$26	Making the Most of Your Circle Time This training is an in-depth dissection of the major components that commonly influence successful circle time structure, behavior and philosophies, including a detailed comparison of small group vs. whole group.	2C	Katie Mercer
Saturday, Aug. 29 9 a.m.-4 p.m. Impact Church	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria. The next class is offered in October 2020.	6HSN	Denise Conklin

EMAILS FROM THE LSCCRC

By checking your email, you will receive the most up-to-date news from the LSCCRC. Are you on our email list? Frequently we send an update on training or scheduled activities. You might also find links to other sites, and opportunities for you to take advantage of up-to-the minute news important to you. Sometimes there are last minute changes to office hours or open-late hours announced, PAU opportunities and events coming to our tri-county area. If you are not receiving these emails, we probably don't have your correct email address. Please get in touch so we can correct that. Call us at 410-543-6650. And, don't forget to check your email!

YOUR PROFESSIONAL RESPONSIBILITIES

1. Take trainings in your specialty area whenever possible
2. Network with your colleagues
3. Join a professional organization
4. Keep records of your training
5. Don't forget to take care of yourself!

TRAINING CALENDAR

SEPTEMBER TRAINING

Date/Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, Sept. 1 6-9 p.m. Virtual - Zoom	\$30	Basic Health & Safety Training This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.	3H	Leslie Sinclair
Thursday, Sept. 3 6:30-8:30 p.m. Virtual - Zoom	\$26	All Children Are Gifted Understanding the special needs of children prepares child development professionals to create environments and programs for the children in their care.	2SN	Cindy Collins
Thursday, Sept. 10 6:30-8:30 p.m. Virtual - Zoom	\$26	(IT) Infant and Toddler STEM From birth, children are inquisitive. You can nurture early science, technology, engineering and math (STEM) concepts and skills through daily routines, play and exploration activities that you provide for the babies and children in your program. By talking, reading, singing, playing, signing or using other ways to communicate – whatever works best for your infants and toddlers – you can help them purposefully develop STEM skills.	2C	Cheryl Willis
Thursday, Sept. 17 6-9 p.m. Impact Church	\$65	CPR & First Aid This is a certification course by the American Health & Safety Institute. Certification is valid for two years.		Jay Hyde
Saturday, Sept. 19 9 a.m.-noon Virtual - Zoom	\$30	Bibliotherapy: Helping Children Heal Through Books In this training, participants will learn about bibliotherapy and how books can help children recognize and deal with their feelings when faced with challenging situations. Attendees will also learn about sensory boxes and how to create such a box that will meet the unique needs of children in their care.	3CD	Latrice Gray
Tuesday, Sept. 22 6:30-8:30 p.m. Virtual - Zoom	\$26	Fostering a Father-Friendly Environment Today's fathers are very involved in their children's lives. Participants will learn ways to help involve fathers in their programs. This workshop includes information regarding the importance of fathers/male role models, father/child activities, parent's rights and the importance of being neutral as a child care provider.	2COM	Michelle Twilley
Thursday, Sept. 24 6-9 p.m. Virtual - Zoom	\$30	Center Aid Orientation This workshop satisfies the regulatory requirement for child care center aides. Participants will review professionalism, the basics of supervision and interacting with families.	3P	Leslie Sinclair

QUESTIONS ABOUT THE CORONAVIRUS?

The Centers for Disease Control (CDC) is an excellent source for Coronavirus/COVID-19 information and updates. Check out this website, and stay informed. www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-for-schools.html

NOTICE: THE RESOURCE CENTER IS NOT OPEN AT THIS TIME. WE ARE TELEWORKING. YOU MAY REACH US DURING WORKING HOURS AT 410-543-6650 OR LASINCLAIR@SALISBURY.EDU

When we are permitted to return to our office, we will resume regular hours of operation: Monday through Friday 9 a.m. to 5 p.m. We will also be open until 9 p.m. at least one Tuesday and Thursday each month, and 9 a.m.-noon at least one Saturday each month. Check our website for details about weekly hours and watch for email blasts from the LSCRC. Detailed hours each month are posted on the door. If you need to meet outside these hours, please call to make arrangements.



MARYLAND CREDENTIAL PROGRAM UPDATE

The Maryland Child Care Credential Program booklet was updated last year. Updated information includes a description of application types and more detailed descriptions of the documentation for Professional Activity Units (PAUs). The booklet and other forms for the Credential Program can be found at: <https://earlychildhood.marylandpublicschools.org/child-care-providers/office-child-care/credentialing-branch/child-care-credential-program>.

ONLINE TRAINING @ LSCCRC

The SmartHorizons 45-hour **Infant and Toddler Growth and Development** portion of the preservice is now available. We do not have information on when the Methods and Materials course will be approved and back on the SmartHorizons platform. We will keep you posted.

SmartHorizons is the platform we support for high-quality online trainings. You can access their site through an easy link from our website! Click on the training tab at www.lowershoreccrc.org, then click on "Online Training Classes from SmartHorizons." There is a good selection of online training to help you get what you need, when you need it. If you want to take these online courses, and have difficulty, call us and we will walk you through the registration process. If you do not have reliable connectivity at your address, we have a laptop for you to use at the LSCCRC Resource Room. Come on in!

UPDATE YOUR LOCATE INFORMATION AND ENTER TO WIN!

Relying on word of mouth to promote your child care business is no longer enough. This comes from a new *Forbes Magazine* report that gathered data on over 150,000 child care providers across the United States. As parents become busier and more tech savvy with each passing year, they are looking online to find child care and relying less on talking to their friends for information.

The good news is that when you regularly update your Maryland Family Network LOCATE: Child Care record with complete and current information, parents are better able to find and choose your program. Update your information every month at marylandfamilynetwork.org and tell us when your program has vacancies, changes to hours, fees, etc. Your information will be reviewed and made live in just two business days. Every time you update your record you will be entered into a monthly sweepstakes to win a \$25 Amazon gift card.



The **LOCATE: Child Care** annual update questionnaire is also available through this link: marylandfamilynetwork.org/for-providers/update-your-record.

CREDIT FOR CLASSES THAT WERE CANCELED DUE TO THE PANDEMIC

If you paid for a class that we were unable to provide during the COVID-19 restrictions and you did not receive a refund, you have class credit with the Resource Center. You can use it for our virtual or face-to-face classes (any that are included in our calendar) or for your membership at any time. Please email kayungel@salisbury.edu or call our office to register with a class credit. If you do not see a class that you need, please let us know.



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www.lowershoreccrc.org

The Lower Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.



MARYLAND CHILD CARE RESOURCE NETWORK

NEW ONLINE REGISTRATION AND PAYMENT! **Starting in July 2020**

For your security and convenience, we are rolling out online registration and payment at <https://training.lowershoreccrc.org>

The landing page will show a list of available classes arranged by date. You can choose other ways of displaying them. When you're ready to choose classes you would like to enroll in, click on Login at the top. This is where you'll create an account if you're new to the Resource Center. In that case, click on (NEW? Sign Up Here) use your preferred email address, create a password, fill in your contact information, log in and you're ready to go!

If you have taken classes with the Resource Center (we have your email and contact information in our system), you can skip down to "Forgot my Password" and follow the instructions. You will receive a one-time-use, temporary password that you will need to change the next time you log in; the one you create will be your permanent password. Your contact information should appear in your account screen. If needed, you can edit your information.

When you have logged in, choose the classes you want, click "Enroll Now" to add them to your shopping basket and proceed to the secure checkout. You can add/edit your billing address in your account screen (it should match your credit card billing address). You may pay with Visa or Mastercard. You will receive an order confirmation/receipt by email. If you need help, contact kayungel@salisbury.edu

You will notice that we don't have a member/non-member price at this time in order to accommodate this service. Starting in July, members of the Resource Center will receive one free 2-hour class per membership year (maximum value is \$26. You are also still eligible for one PAU for joining the Resource Center. You can purchase your membership online, too! For those who have class credit with us, you will need to call our office or email me to register for a class and use your credit.

HOW TO GET YOUR TRAINING HOURS

At the LSCCRC: In a classroom, networking with others through active discussion.

Online: Convenient, using SmartHorizons or virtually through LSCCRC.

Onsite: Specifically arranged and tailored to the group's specific need.

Think about it, choose what best suits you and contact Leslie Sinclair at 410-543-6650 or at lasinclair@salisbury.edu

LSCCRC MEMBERSHIP AND CONTRIBUTION
Join/update now for \$25.
You will earn one PAU and will receive one free class per membership year.

Think About Contributing to your Child Care Resource Center. Everyone can use a tax deduction, and there is a way to help the LSCCRC through the Salisbury Foundation. Go to this site and be generous! giving.salisbury.edu/campaigns/the-lower-shore-child-care-resource-center

TRAINING POLICY

C-Curriculum CD-Child Development CY-Community H-Health, Safety and Nutrition P-Professionalism SN-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must preregister for all classes. Registration forms can be found on LSCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. **You are not considered to be registered for a class until payment has been received in our office.**
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee.
- Class registration fees are nonrefundable. **However, if you are unable to attend a training session, you must notify our office by close of business the day before the training in order to receive credit towards another class.**

- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be cancelled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at LSCCRC, please do not bring them to class with you.

- Certificates will be awarded to all participants successfully completing a class. Please keep these certificates for licensing and credentialing purposes. If you need a duplicate copy of your certificate, you will be charged \$1 per copy.
- Please check with local television stations for any possible cancellations due to bad weather. If a training is cancelled, it will be rescheduled at a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

CREDENTIAL REMINDER

A reminder that a cover sheet (checklist) must be submitted with all Maryland Child Care Credential applications.

Application Cover Sheets are available here:

First-time applicant - <https://bit.ly/2UVxwIf>

Renewal Cover Sheet - <https://bit.ly/2UUthNc>



From the Infant & Toddler Scene

HELPING YOUNG CHILDREN LEARN LANGUAGE: INSIGHTS FROM RESEARCH

Ellen Galinsky writes about using brain technology to learn about how children learn language. She says that researchers are “able to take movies of the brain in action” and determine how children transform the sounds they learn into words. Research shows that children visualize the actions they need to make in order to speak the words they are learning. This means that children not only listen and store sounds, but also plan how to express themselves. Teachers can use this knowledge to help young children gain language and literacy skills. Start by being a “Brain Builder.” Below are some ideas.

- Recognize when the baby is alert and most open to learning. Maintain eye contact while speaking and smiling. Be alert to when the baby has had enough stimulation.
- Speak to the baby. Tell him/her about the world. “Oh, you just woke up. Are you hungry?”
- Use *teacher-ese*, which is the sing-song voice that comes naturally when speaking to babies. But use everyday language rather than baby-talk.
- Help babies focus by using gestures and giving vocabulary.
- Interpret expressive language the baby is using. “You said ba-ba. Do you want your bottle?”

To learn more about becoming a Brain Builder – and to access over 1,000 free activities for use in your program or to share with families – visit www.vroom.org/for-professionals. The website and mobile app offer family-friendly tips and videos for caregivers to turn everyday moments, like mealtime or bedtime, into brain-building moments for children.

*Galinsky, E. (2018). *Helping Young Children Learn Language: Insights from Research*. *Young Children*, 73(3), caring for and about infants and toddlers, 16-17.

LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers, and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well. Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

Less Serious Complaint – No Violation: Complaints that do not involve violations of child care regulations; complaints about situations that do not pose a threat to the safety, health or welfare of a child.

Less Serious Complaint Involving Violation: Complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations and/or the Health Department that do not pose a threat to the health, safety or welfare of a child.

Serious Complaint: Any threat to the immediate health, safety or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided. When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE director also communicates with the appropriate regulatory agency personnel about the complaint and maintains the “hold” on the provider/facility until the agency’s disposition of the complaint is known. Should the investigation result in no action, the “hold” status is removed from that provider’s/facility’s records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE’s actions in writing. A provider may appeal the LOCATE director’s decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network.

It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the caregivers in the files, and parents’ and children’s rights to safety are addressed, as well. Any questions on this policy should be addressed to LOCATE at Maryland Family Network (MFN) at 410-659-7701.



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Suite 500
East Campus Complex
Salisbury, MD 21801



ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto www.lowershoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.

Check us out on Facebook: Lower Shore Child Care Resource Center

The yearly membership cost is \$25. Membership benefits include a PAU and reduced price for most training classes. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Lower Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____