

The Child Care Chat



Lower Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Lower Shore Child Care Resource Center

SUMMER 2019

LETTER FROM THE DIRECTOR

Can you believe it is the end of the school year? Time sure has flown by! This is the end of our fiscal year also, and it seems like a good time to recollect some of the highlights from the year and give a preview of plans for the new grant year that begins on July 1. I spent a little time looking through *The Child Care Chats* that were published this year, and it looks like we have all been very busy! We accomplished so much and hopefully learned a little something along the way.

Some highlights of the year included providers moving along in their credentialing process, becoming accredited and moving up in EXCELS. There was an assortment of new training topics offered, which many of you attended. There was also a grant opportunity for online training that was well supported. These are indicators of professionalism and high quality.

We hosted an informative EXPO, and the first-ever Leadership Luncheon was a success. The conference on STEM: Tinkering and Play was well attended, the Infant and Toddler Advisory Group was formed, and a National Association for Family Child Care training cohort was established. These show networking and collaboration toward a community of caregivers.

The documentary *No Small Matter* was a high point. It illustrated the importance of the early childhood years and how vital are the parents, caregivers and the community as a whole in raising healthy children to be productive, successful members of our society. There was the Early Childhood Fair at the Centre at Salisbury and MSDE-sponsored Town Hall meetings. These are ways we advocate for the needs of young children.

In FY20, the Lower Shore Child Care Resource Center will try a new

way to deliver trainings. We will ease into offering several Professional Development Days – sort of mini-conferences. There will be several choices to attend in the morning and in the afternoon. Each participant will receive 6 COK training. We are currently scoping out several locations and hope to travel around the region providing training that is relevant, convenient and affordable to everyone. Stay tuned!

As things slow down at school, things ramp up in child care. Be sure to take good care of yourselves as things get busier. Take time for yourself, peruse this publication for a couple of new ideas inside that will help you take care of you. Take a little vacation, enjoy your family, and above all, have fun with the children you care for every day.

Leslie Sinclair



TRAINING CALENDAR

All trainings are at the LSCRC, unless otherwise noted.

JULY

A Rainbow of Languages for Infants and Toddlers (3C) *NEW!*

Tuesday, July 9 • 6-9 p.m.
Trainer: Cathrene Connery
Fee: \$30 Non-members/\$20 Members

This workshop will increase participants' awareness of other cultures, especially their language, literature, and songs. You will learn ways to engage young children during daily routines, including transitions; and songs and chants to use during outdoor and movement activities.



Successfully Managing Children's Behaviors: Connecting in Meaningful Ways (3CD) *NEW!*

Tuesday, July 9 • 6-9 p.m.
Trainer: Leslie Sinclair
Fee: \$30 Non-members/\$20 Members

Managing children's behaviors depends on several factors, including

the relationship they have with their caregiver. This training session will discuss how to build trust and create a secure relationship with children in order to help them to interact with others in acceptable ways. Participants will leave with strategies they can put to use right away.

Understanding Developmentally Appropriate Practices with Infants and Toddlers (3 C) *NEW!*

Saturday, July 20 • 9 a.m.-Noon
Trainer: Margaret Clayville
Fee: \$30 Non-members/\$20 Members

Understanding Developmentally Appropriate Practice enables a teacher to utilize specific strategies and techniques to meet the individual needs of the children enrolled in their program. Individual children vary greatly in their development, prior experiences, abilities, preferences and interest. It is important to plan activities that build on what individual children already know and can do to increase their knowledge. This is especially true for children with special needs.

Fit from the Start (1.5 H, 1.5 C) *NEW!*

Saturday, July 20 • 9 a.m.-Noon
Trainer: Courtney Coleman
Fee: \$30 Non-members/\$20 Members

In this interactive training, participants will learn the definition of obesity and the factors that are leading to a rise in the obesity rates of children (and adolescents). Participants will discover strategies to utilize in their child care setting and curriculum to encourage healthy eating habits and movement activities for all young children.

CPR & First Aid (no COK)

Tuesday, July 23 • 6-9 p.m.
Trainer: Jay Hyde
Fee: \$65 for all (non-refundable)

This is a certification course by the American Health and Safety Institute. Certification is valid for two years. The next certification course will be offered in September 2019.

Basic Health & Safety Training (3 H)

Tuesday, July 23 • 6-9 p.m.
Trainer: Leslie Sinclair
Fee: \$30 Non-members/\$20 Members

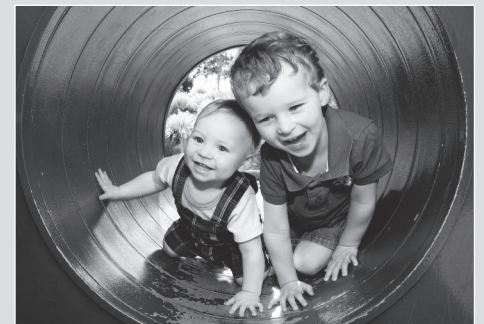
This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

AUGUST

Successfully Managing Children's Behaviors: Creating a Supportive Environment (3C) *NEW!*

Tuesday, August 6 • 6-9 p.m.
Trainer: Jordon Taylor
Fee: \$30 Non-members/\$20 Members

Participants will recognize the impact of the environment on children's behavior and will learn how to make minor adjustments that will have major effect on relationships and learning.



Hours of Operation:

The Resource Center is open from 9 a.m.-5 p.m., Monday-Friday. We also will be open until 9 p.m. one Tuesday and Thursday each month and 9 a.m.-noon one Saturday each month.

Detailed hours each month are posted on the door.

Adapting the Environment for David (3 SN) *NEW!*

Tuesday, August 6 • 6-9 p.m.
Trainer: Holly Hatton
Fee: \$30 Non-members/\$20 Members

This training session is based on TEACCH principles for students with autism, which involve changing the behavior and skill level of the person as well as developing an environment that matches the person's needs. Participants will learn best available approaches and methods for educating children with a diagnosis of autism.



Exploring Social Studies Concepts with Children's Books (3C) *NEW!*

Saturday, August 17 • 9 a.m.-Noon
Trainer: Ellen Sprouls
Fee: \$30 Non-members/\$20 Members

Young children are naturally curious about the people and places in their world; this desire to learn about their world is what social studies is all about. Creating a learning environment that encourages exploration of our world and its people is an important component of early education. Children's literature that focuses on the various concepts of social studies is an ideal catalyst to help children learn about the world and its peoples.

Medication Administration (6 H)

Saturday, August 17 • 9 a.m.-4 p.m.
Trainer: Denise Conklin, RN
Fee: \$52 for all (non-refundable)

Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria. The next class is offered in October 2019.

Including All Children and the Americans with Disabilities Act (3 SN)

Thursday, August 22 • 6-9 p.m.
Trainer: Dianna Aguirre
Fee: \$30 Non-members/\$20 Members

How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.

SEPTEMBER

CPR & First Aid (no COK)

Tuesday, September 10 • 6-9 p.m.
Trainer: Jay Hyde
Fee: \$65 for all (non-refundable)

This is a certification course by the American Health and Safety Institute. Certification is valid for two years. The previous certification course was offered in July 2019.

Conflict Resolution: How to Talk to Co-workers When You Disagree (3P) *NEW!*

Tuesday, September 10 • 6-9 p.m.
Trainer: Janell Hale
Fee: \$30 Non-members/\$20 Members

Working with others is a rewarding experience, but can also be difficult. How would you approach a colleague if you saw a problem? Do you know when and how to express or report your concerns? How can you help to maintain a pleasant atmosphere in the workplace while ensuring a safe and nurturing environment for the children in your care? Participants in this workshop will discuss ways to help a co-worker under stress defuse a potential incident before it happens.

EXPO!

Saturday, September 14 • 9 a.m.-Noon
Location: LSCCRC
SAVE THE DATE!

Network with colleagues, interact with vendors, learn about curricula, find out about our community of child care and earn a PAU! More information will be announced in an e-blast.



Sensory Play for Infants and Toddlers (2C) *NEW!*

Thursday, September 26 • 6:30-8:30 p.m.
Trainer: Jordon Taylor
Fee: \$26 Non-members/\$16 Members

Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to enhance memory and brain development in infants and toddlers.

Basic Health & Safety Training (3H)

Thursday, September 26 • 6-9 p.m.
Trainer: Leslie Sinclair
Fee: \$30 Non-members/\$20 Members

This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.

HOW TO GET YOUR TRAINING HOURS

At the LSCCRC: In a classroom, networking with others through active discussion.

Online: Convenient, individual, working @ home or @ the LSCCRC.

Onsite: Specifically arranged and tailored to the group's specific need.

Think about it, choose what best suits you, and contact the LSCCRC at 410-543-6650.

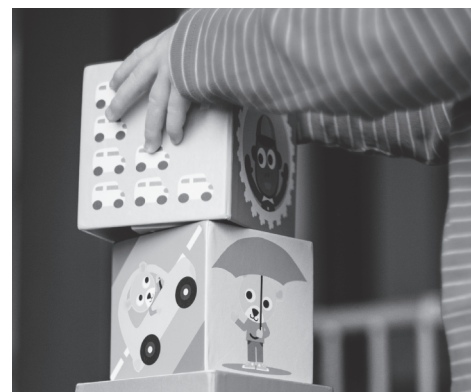


ACCESS THE LSCCRC'S INFANT AND TODDLER SERVICES

The Lower Shore Child Care Resource Center invites you to access their FREE infant and toddler services. These technical assistance services focus on providing developmentally appropriate and high-quality care for children birth to three years of age. Consultations can be through phone, email or in person.

- Daily Schedules
- Lesson Planning
- Environment
- Material Selection
- Curriculum Selection and Support
- Assessment
- Assistance with the ITERS
- Expansion of Infant and Toddler Care

If you are interested in receiving the Infant and Toddler Services, please contact Jordon Helgason at 410-677-3130 or jlhelgason@salisbury.edu



CONGRATULATIONS ARE IN ORDER

The Lower Shore Child Care Resource Center congratulates the following providers on their most recent accomplishments:

- **King's Kids Academy:**
Achieved MSDE Accreditation
- **Sandra Horsey:**
Achieved EXCELS Level 2
- **Charlene Collins:**
Achieved EXCELS Level 2

If you are interested in having your achievements published in our newsletter or would like support in meeting these accomplishments, contact your technical assistance coordinator at the LSCCRC.

MEMBERSHIP AT THE LOWER SHORE CHILD CARE RESOURCE CENTER

Join/Renew now! Your \$25 yearly membership provides discounts on most classes. Your membership is eligible for 1 PAU in the Maryland Credential program.

TRAINING POLICY

C-Curriculum CD-Child Development CY-Community H-Health, Safety and Nutrition P-Professionalism SN-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must preregister for all classes. Registration forms can be found on LSCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. **You are not considered to be registered for a class until payment has been received in our office.**
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee.
- Class registration fees are nonrefundable. **However, if you are unable to attend a training session, you must notify our office by close of business the day before the training in order to receive credit towards another class.**
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be cancelled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at LSCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing a class. Please keep these certificates for licensing and credentialing purposes. If you need a duplicate copy of your certificate, you will be charged \$1 per copy.
- Please check with local television stations for any possible cancellations due to bad weather. If a training is cancelled, it will be rescheduled for a later date.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

TRAINING VOUCHER AND REIMBURSEMENT PROGRAM

Training Vouchers and Reimbursement are designed to assist child care professionals participating in the Maryland Child Care Credential Program at Level Two or higher with the costs of training for professional development. Training Voucher and Reimbursement Applications can be submitted to MSDE: By mail MSDE-Credentialing Branch 200 West Baltimore St. - 10th Floor Baltimore, MD 21201 or Online: earlychildhood.marylandpublicschools.org/childcare-providers/office-child-care/credentialing-branch/training-vouchersand-reimbursements

Applications faxed to MSDE will not be processed. Important: Training voucher and reimbursement applications should not be mailed, faxed or emailed to Child Care Central. Applications sent to Child Care Central will not be forwarded to MSDE for processing. For more information, visit earlychildhood.marylandpublicschools.org/credentialing.

NEWS ON MULTICULTURALISM

In the most recent issue of *Young Children*, from the NAEYC, there are some tips that will help you communicate with children of another culture who may not speak English. I have included this first tip because it makes sense and may be useful to you during this season:

Use children's home languages as a resource:

"Even if you do not speak the home languages of children in your program, you can still include their languages in conversations. Get help from family members by inviting them to come teach you and the class important words; also ask them for recommendations on literature and songs written and recorded in their languages. Additionally, remember that it is always possible to respond to children's communications, regardless of whether or not you speak the same language. You can do so with body language and other ways to communicate, such as using pictures and objects. Responding to children's multilingual contributions sends the message that diversity is valued in your early childhood environment. It shows multilingual children that they have important ideas and questions to contribute, and that all forms of communication are of value."

This "tip" reminds us that we communicate with not just our words and tone of voice, but with our facial expression and our gestures. All children can see a smiling face and a welcoming gesture. They will respond in the same way. I wish you successful communications with all children. Celebrate diversity!



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Published by the Lower Shore
Child Care Resource Center

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www.lowershoreccrc.org

The Lower Shore Child Care Resource Center at Salisbury University

The Lower Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.

Salisbury
UNIVERSITY



MARYLAND
FAMILY
NETWORK

Leading Maryland's
Child Care Resource Centers



MARYLAND CHILD CARE
RESOURCE NETWORK

MARYLAND EXCELS 2.0 UPDATE

Since the Maryland EXCELS 2.0 launch on Friday, October 26, 2018, there have been reports of challenges providers and programs are experiencing in the Maryland EXCELS and Maryland Accreditation portals. Maryland EXCELS is working to identify solutions to improve your experience in the new system. For more information about common challenges and their solutions, visit the Solution Center at www.marylandexcels.org/system.



BOOK CLUB

A small group of like-minded folks might enjoy being a part of a Professional Child Care Book Club, which is also a PAU opportunity! This is a great way to stay up to date on early childhood topics and network with others to discuss current issues, share concerns and plan programs. The LSCCRC will host, but a provider **must** be the facilitator. After the group is established, the facilitator would collaborate on the book choice and meeting schedule, and then manage the book discussion and dialogue between staff, families and other book club members. The Lower Shore Child Care Resource Center will support and attend every meeting. If you are interested, please contact Leslie Sinclair at the LSCCRC.

THINK ABOUT CONTRIBUTING TO YOUR CHILD CARE RESOURCE CENTER

Everyone can use a tax deduction, and there is a way to help the LSCCRC through the Salisbury University Foundation. Go to this site and please be generous!

<https://salisburyu.networkforgood.com/projects/26911-seidel-school-of-education-the-lower-shore-child-care-resource-center>

TOWN HALL THANK YOU

Thank you to all who attended one (or both) of the Town Hall meetings held at Wor-Wic Community College. It is a part of your professional responsibility to be a part of decision-making for the state. Your insight into the needs of families and young children in our community were taken seriously, and your ideas were included on discussion lists for possible funding later. Kudos for your advocacy!



UPDATE: ONLINE TRAINING @ LSCCRC

Currently, the *SmartHorizons* 45-hour Infant and Toddler Preservice is not available. It is undergoing updates and re-writes, and it is not supported by MSDE. When it is available, we will let you know.

SmartHorizons is the source we support for high-quality online trainings. You can access their site through an easy link from our website! Click on the training tab at www.lowershoreccrc.org, then click on "Online Training Classes from *SmartHorizons*." There is a good selection of online training to help you get what you need, when you need it. If you want to take these online courses, and have difficulty, call us and we will walk you through the registration process. If you do not have reliable connectivity at your address, we have a laptop for you to use at the LSCCRC Resource Room. Come on in!



YOUR PROFESSIONAL RESPONSIBILITIES

1. Take trainings in your specialty area whenever possible
2. Network with your colleagues
3. Join a professional organization
4. Keep records of your training
5. Don't forget to take care of yourself!

REQUIRED TRAININGS OFFERED AT THE RESOURCE CENTER:

- Basic Health and Safety Training
- Including All Children and the Americans with Disabilities Act
- Medication Administration
- Emergency Preparedness
- Center Aid Pre-service
- CPR and First Aid

LOCATE: UPDATE YOUR LOCATE PROFILE WITH NEW SELF-SERVICE LINK

<https://locate.marylandfamilynetwork.org/Provider/login>

The LOCATE: Child Care annual update questionnaire is also still available through these links! Choose the most appropriate one to request an update:

- Main Questionnaire Page: www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires
- Center/Group Questionnaire: www.marylandfamilynetwork.org/resources/group-program-questionnaire
- Family Child Care Questionnaire: www.marylandfamilynetwork.org/resources/family-child-care-questionnaire



INFANT AND TODDLER PICNIC IN THE PARK: A PEER SHARING EVENT

Who: Child care providers who work with infants and toddlers

When: Saturday, June 1, noon-2 p.m. (Rain Date: Saturday, June 8)

Where: Picnic Island, Salisbury City Park (picnic tables at the Salisbury Zoo West Gate Entrance – across from Ben's Red Swings)

What: Bring your lunch and be ready to network with other infant and toddler providers. We will be diving into topics specific to infant and toddlers, such as feedings, potty training and biting. You will have time to talk with your peers to discuss your strengths, challenges and solutions in these areas. You will be eligible for one PAU for MSDE Credentialing for attending this community child care event.

To ensure we have enough space, RSVP to Jordon Helgason by Wednesday, May 29, at 410-677-3130 or jlhelgason@salisbury.edu.



THE LOWER SHORE CHILD CARE RESOURCE CENTER
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East Campus Complex
Salisbury, MD 21801



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ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto www.lowershoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Lower Shore Child Care Resource Center

The yearly membership cost is \$25. Membership benefits include a PAU and reduced price for most training classes. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Lower Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: _____ Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____