

# The Child Care Chat



Lower Shore Child Care  
Resource Center  
*at Salisbury University*

Published by the Lower Shore Child Care Resource Center

WINTER 2019

## LETTER FROM THE DIRECTOR

Every day, child care providers welcome, nurture, teach and care for the next generation of leaders. There could be a president in your classroom right now! Look around. You can identify which child could become an attorney, a salesperson, a teacher or a contractor. You're probably smiling right now as you see faces appear in your mind.

Your role is an important one, and the way you approach your day depends on what you have learned along the way. What classes have you taken? What lessons have you learned? What degree or certification do you have? The National Association for the Education of Young Children (NAEYC) states that well-trained teachers of young children are more likely to have effective, positive interactions with children and their families. The NAEYC also says that skilled teachers create higher quality learning environments where children have hands-on, play-based experiences and learn through pleasant interactions with adults and other children. Teachers who know about child development and best practices, the NAEYC continues, also provide an emotionally secure environment, rich in language that supports learning.

How do you become that competent teacher? The Maryland State Department of Education (MSDE) promotes professional development (PD) for all early

childhood educators through incentives such as bonuses received through EXCELS, reimbursements and vouchers through credentialing, and scholarships/grants directly through MSDE. You can take advantage of these opportunities in several ways.

Are you credentialed? If not, now is the time to consider it. The Lower Shore Child Care Resource Center received a grant that will pay for online training in Child Care I: Child Development and Child Care II: Curriculum Methods through SmartHorizons. There is an application process, a small fee to participate and ongoing TA to help you along the way. More details will be available in January, and the application form will be on our website. Check it out!

Consider this opportunity to begin or continue your effort to become credentialed. Credentialing has financial benefits beginning at Level Two. Once you reach that level, you can be reimbursed for classes you take, and you can receive vouchers to pay for conferences or pre-service and college expenses. As a professional, you should take charge of your career in the early childhood field.

If you care for children in your home, you can use these courses to prepare for the National Association of Family Child Care accreditation. The courses supported by this grant are basic to what you need for that process. Once you are credentialed at a Level Two, the State of



Maryland is willing to invest in training for a highly educated early childhood teacher workforce.

Continuing your education with an associate or a bachelor's degree would logically be your next step. The Child Care Career and Professional Development Fund pays for tuition, fees and textbooks throughout your degree-seeking process. The State of Maryland recognizes your effort, your dedication and commitment to the field. After you finish your course of study and receive a degree in your chosen field, you will provide the best learning environment for young children.

Teachers are the most important part of the curriculum. Your influence is so important. Please consider your professional growth, how you can best serve children and contribute to early childhood education, where the most important members of our society begin their studies ... even presidents.

All the best for a wonderfully prosperous and enlightening 2019!

*Leslie Sinclair*

# TRAINING CALENDAR

**All trainings are at the LSCRC, unless otherwise noted.**

## JANUARY

### **Including All Children and the Americans with Disabilities Act (3 SN)**

Tuesday, January 8 • 6-9 p.m.

Trainer: Leslie Sinclair

Fee: \$30 Non-members/\$20 Members

How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.

### **CPR & First Aid (no COK)**

Tuesday, January 8 • 6-9 p.m.

Trainer: Jay Hyde

Fee: \$65 for all (non-refundable)

This is a certification course by the American Health & Safety Institute. Certification is valid for two years. The next certification course will be offered in March 2019.

### **Terrific Twos (3 CD) NEW!**

Saturday, January 19 • 9 a.m.-Noon

Trainer: Jordon Helgason

Fee: \$30 Non-members/\$20 Members

The two-year old is full of wonder and curiosity. They are beginning to show signs of independence. This workshop takes a look at the two-year old and how the environment as the "third teacher" can help terrific two-year olds growth.



### **Maryland EXCELS: Moving to Level 3 (2 P)**

Saturday, January 19 • 9-11 a.m.

Trainer: Dianna Aguirre

Fee: No fee

Participants will explore self-assessment, design an effective program plan, analyze documentation needed to reach Level 3 in each content area and evaluate the benefits of tiered reimbursements. You will be able to begin the process of moving to Level 3 right away! An EXCELS Workgroup (no COK) is included for an hour after this training to assist with your application process.

### **Loveable Ones (2 C) NEW!**

Trainer: Keoshia Chaibou

Thursday, January 24 • 6:30-8:30 p.m.

Fee: \$26 non-members/\$16 members

Play-based learning experiences for the "Loveable One" are based on developmentally appropriate practice and our knowledge of young toddler development across all the domains of learning. Providers will explore how to use what they know about child development to create meaningful fun learning experiences for these loveable and fun learners.



### **Chatting with Children: Interactions that Go Places (3 CD) NEW!**

Thursday, January 24 • 6-9 p.m.

Trainer: Leslie Sinclair

Fee: \$30 Non-members/\$20 Members

Children learn from every word you say. Shouldn't we use our best language when speaking to young children? Shouldn't we make every conversation one to learn from? In this training, we will talk about embedding vocabulary lessons into our exchanges with children and how to make a conversation a pleasant learning experience.

## FEBRUARY

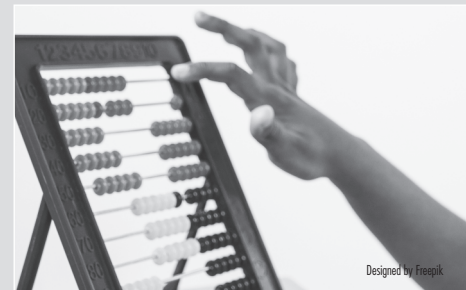
### **Marvelous Math (3 C) NEW!**

Tuesday, February 5, 6-9 p.m.

Trainer: Pam Hall

Fee: \$30 Non-members/\$20 Members

This training provides early care and education professionals the opportunity to learn different math strategies and activities to use in their classroom. This training is based on the Early Learning Assessment math domain.



### **Basic Health & Safety Training (3 H)**

Tuesday, February 5 • 6-9 p.m.

Trainer: Leslie Sinclair

Fee: \$30 Non-members/\$20 Members

This workshop satisfies the MSDE regulation requiring all child care providers, including all center staff and family providers, to complete this workshop. This three-hour workshop was developed in partnership with the National Center for Early Childhood Health and Wellness, Child Care Aware of America, the American Academy of Pediatrics, and Maryland Family Network, with support from the Maryland State Child Care Association.



### **Building Resilience in Children (3 CD) NEW!**

Trainer: Keoshia Chaibou

Saturday, February 16 • 9 a.m.-Noon

Fee: \$30 Non-members/\$20 Members

In this workshop, participants will learn that warm and nurturing relationships between children and the adults in their lives are the most important factor in developing resilience and overcoming potential negative effects of daily stress.

### **Hours of Operation:**

The Resource Center is open from 9 a.m.-5 p.m., Monday-Friday. We also will be open until 9 p.m. one Tuesday and Thursday each month and 9 a.m.-noon one Saturday each month.

**Detailed hours each month are posted on the door.**

**Winter Break Hours:** Because we run on the Salisbury University schedule, we are closed the week of December 24-28. We also are closed on December 31 and January 1. We open as usual on January 2.

## Medication Administration (6 H)

Saturday, February 16 • 9 a.m.-4 p.m.

Trainer: Denise Conklin, RN

Fee: \$52 for all (non-refundable)

Learn how to correctly administer medication to children in your care. This class is required, and meets the MSDE criteria. The next class is offered in April 2019.

## Behavior Guidance for Infants and Toddlers (3 CD) *NEW!*

Thursday, February 21 • 6-9 p.m.

Trainer: Jordon Helgason

Fee: \$30 Non-members/\$20 Members

This training will outline the developmentally appropriate, yet sometimes challenging, behaviors of children, birth through age 3. Through the review of developmentally appropriate behaviors and strategies to prevent or redirect sometimes challenging experiences, providers will complete the training with new strategies to implement with children in their programs. Participants will begin to develop the knowledge and strategies necessary to properly redirect children's negative or challenging behaviors into positive and appropriate behaviors.



## Cultural Competency: What Does it Really Mean? (2 P) *NEW!*

Thursday, February 21 • 6:30-8:30 p.m.

Trainer: Dianna Aguirre

Fee: No fee

This workshop will explore the many facets of developing and promoting a culturally competent environment for children, families and staff, including administrative practices, curriculum and family engagement. Participants will also learn how they can earn the Cultural Competency endorsement to add to their Maryland EXCELS rating.

# MARCH

## You've Got a Friend: Teaching Friendship Skills (1 CD, 2 C)

Tuesday, March 5 • 6-9 p.m.

Trainer: Jordon Helgason

Fee: \$30 Non-members/\$20 Members

Throughout the day, children learn to share, solve problems and collaborate. They also build friendships that promote positive social and emotional development. This workshop uses CSEFEL based tools and strategies to help providers teach appropriate social skills and create opportunities for children to practice these skills, teachers can improve all children's social behaviors potentially for a lifetime.

## Playing Together (3 SN)

Tuesday, March 5 • 6-9 p.m.

Trainer: Pam Hall

Fee: \$30 Non-members/\$20 Members

Including children with special needs in childcare reflects the community where people with and without disabilities live, work and play together. Join us to learn about creating an inclusive child care environment where all children learn and play together; and providers, children and parents benefit.

## CPR & First Aid (no COK)

Thursday, March 14 • 6-9 p.m.

Trainer: Jay Hyde

Fee: \$65 for all (non-refundable)

This is a certification course by the American Health & Safety Institute. Certification is valid for two years. The next certification course will be offered in May 2019.

## Including All Children and the Americans with Disabilities Act (3 SN)

Saturday, March 16 • 9 a.m.-noon

Trainer: Leslie Sinclair

Fee: \$30 Non-members/\$20 Members

How does the Americans with Disabilities Act affect child care providers? How do you make sure that a child with special needs is included in every activity in your child care? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.

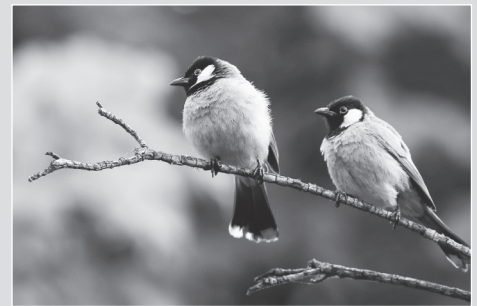
## Successful Relationships Begin with You! (3 P) *NEW!*

Saturday, March 16 • 9 a.m.-Noon

Trainer: Emily Marvel

Fee: \$30 Non-members/\$20 Members

Why are relationships so important? Think about how often you are able to give one-on-one attention to a child and what that means to them. In this class, you will learn how to embed social interactions for children into their day. Discover strategies to teach social skills and how to develop safe secure relationships with the children in your care.



## Counting the Birds and Watching the Weather: Preschoolers Collect Data That Matters (3 CY) *NEW!*

Thursday, March 21 • 6-9 p.m.

Trainer: Ellen Sprouls

Fee: \$30 Non-members/\$20 Members

Community or citizen science is research that happens when members of the public voluntarily contribute information or data to scientific projects. Learning and counting birds, understanding and recording the weather, and observing wildlife can introduce our youngest learners about collecting and interpreting data, introduce pie charts and graphs, and demonstrate through active participation how scientists do their work. In this workshop, participants will engage in hands-on activities and will leave with the knowledge they need to get their students involved in community science projects to collect data that matters.

## Fostering a Father-Friendly Environment (2 CY) *NEW!*

Thursday, March 21 • 6:30-8:30 p.m.

Trainer: Latrice Gray

Fee: \$26 Non-members/\$16 Members

Today's fathers are very involved in their children's lives. Participants will learn ways to help involve fathers in their programs. This workshop includes information regarding the importance of fathers/male role models, father/child activities, parent's rights and the importance of being neutral as a child care provider.



## TRAINING POLICY

**C-Curriculum CD-Child Development CY-Community H-Health, Safety and Nutrition P-Professionalism SN-Special Needs**

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must preregister for all classes. Registration forms can be found on LSCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. **You are not considered to be registered for a class until payment has been received in our office.**
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee.
- Class registration fees are nonrefundable. **However, if you are unable to attend a training session, you must notify our office by close of business the day before the training in order to receive credit towards another class.**

- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be cancelled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at LSCCRC, please do not bring them to class with you.

- Certificates will be awarded to all participants successfully completing a class. Please keep these certificates for licensing and credentialing purposes. If you need a duplicate copy of your certificate, you will be charged \$1 per copy.
- Please check with local television stations for any possible cancellations due to bad weather. If a training is cancelled, it will be rescheduled for a later date.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.



## UPDATE: ONLINE TRAINING @ LSCCRC

SmartHorizons is the source we support for high-quality online trainings. You can access their site through an easy link from our website! Click on the training tab at [www.lowershoreccrc.org](http://www.lowershoreccrc.org), then click on "Online Training Classes from SmartHorizons."

We are pleased to announce that we now offer, through SmartHorizons, the 90-hours Child Care I & II, Child Development and Curriculum Methods. If you want to add this to your professional development portfolio, you can work at your own pace. Contact this office before you sign up.

There is a good selection of online training to help you get what you need, when you need it. If you want to take these online courses and have difficulty, call us and we will walk you through the registration process. If you do not have reliable connectivity at your address, we have a laptop for you to use at the LSCCRC Resource Room. Come on in!

If you want to take advantage of grant funding for this new title, get in touch with Leslie at the LSCCRC or check out the online application on our website.

## REQUIRED TRAININGS OFFERED AT THE RESOURCE CENTER:

- Basic Health and Safety Training
- Including All Children and the Americans with Disabilities Act
- Medication Administration
- Emergency Preparedness
- Center Aid Pre-service
- CPR and First Aid

## NEWSLETTER TEMPLATE

Thinking about creating a newsletter? We recently found a site that allows you to use a monthly template and simply add content. This allows you to print out the newsletter or send it electronically.

Visit [www.2care2teach4kids.com/newsletters.html](http://www.2care2teach4kids.com/newsletters.html) and try it out. Let us know how it works for you! Of course, you can share your newsletters with us too.

## LSCCRC MEMBERSHIP

**Join or update your membership now for \$25. You receive a discount on most workshops and receive updates by email. Membership in a professional organization also counts as one PAU.**



## MARYLAND CREDENTIAL PROGRAM UPDATE

The Maryland Child Care Credential Program booklet recently was updated! Updated information includes a description of application types and more detailed descriptions of the documentation for Professional Activity Units (PAUs). The booklet and other forms for the Credential Program can be found at <https://earlychildhood.marylandpublicschools.org/child-care-providers/office-child-care/credentialing-branch/child-care-credential-program>.



## LSCCRC'S INFANT AND TODDLER ADVISORY BOARD

The LSCCRC held its first Infant and Toddler Advisory Board meeting on November 27, 2018. The mission of the board is to provide feedback and suggestions to improve the infant and toddler services offered at the LSCCRC.

Early childhood professionals gathered to discuss training sessions, special events and materials they would like to see offered specific to the children they serve. The board will meet quarterly and is looking to expand its members. If you are passionate about infants and toddlers and interested in having your voice heard about the services at the LSCCRC, please contact Jordon Helgason at 410-677-3130 or [jlhelgason@salisbury.edu](mailto:jlhelgason@salisbury.edu).

The next meeting will be held on February 5, 2019, from 6-8 p.m. at the LSCCRC. Members who attend three meetings annually will be eligible for two PAUs for the Maryland Child Care Credential Program.



Lower Shore Child Care  
Resource Center  
*at Salisbury University*

### WINTER 2018

Published by the Lower Shore  
Child Care Resource Center

Suite 500 East Campus Complex  
Salisbury, MD 21801

410-543-6650

LOCATE: Child Care

1-877-261-0060

[www.lowershoreccrc.org](http://www.lowershoreccrc.org)

### The Lower Shore Child Care Resource Center at Salisbury University

The Lower Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.

Salisbury  
UNIVERSITY



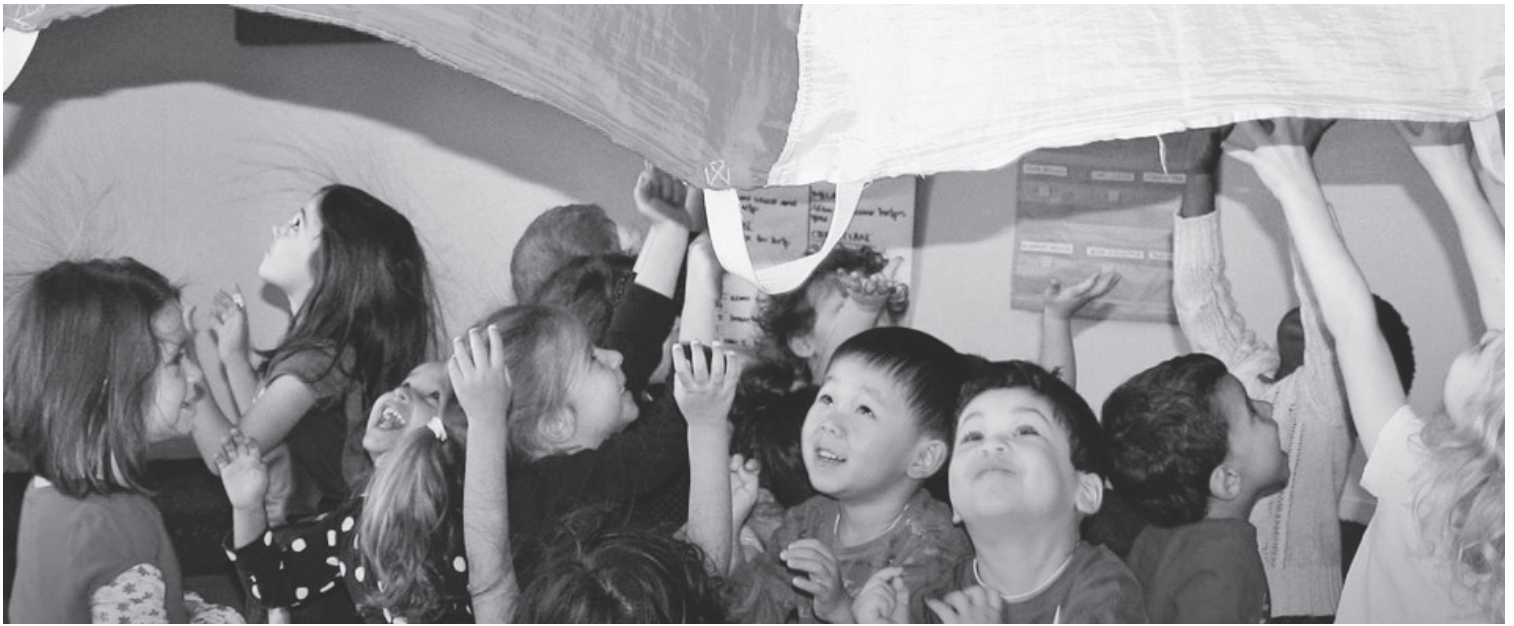
MARYLAND  
FAMILY  
NETWORK

*Leading Maryland's  
Child Care Resource Centers*



MARYLAND CHILD CARE  
RESOURCE NETWORK





## CONGRATULATIONS ARE IN ORDER

The Lower Shore Child Care Resource Center congratulates the following providers on their most recent accomplishments:

- **Carrie Brown:**  
Opened Family Child Care Program
- **Danyelle Dixon:**  
Achieved EXCELS Level 2
- **Duawan Mills:**  
Achieved Credential Level 3
- **Mitchell's Martial Arts:**  
Achieved EXCELS Level 5

*If you are interested in having your achievements published in our newsletter or would like support in meeting these accomplishments, contact your technical assistance coordinator at the LSCCRC.*

## THINK ABOUT CONTRIBUTING TO YOUR CHILD CARE RESOURCE CENTER

Everyone can use a tax deduction, and there is a way to help the LSCCRC through the Salisbury University Foundation. Go to this site and please be generous!

<https://salisburyu.networkforgood.com/projects/26911-seidel-school-of-education-the-lower-shore-child-care-resource-center>

## DO YOU RECEIVE EMAILS FROM THE LSCCRC?

By checking your email, you will receive the most up-to-date news from the LSCCRC. Are you on our email list? Frequently, we send an update on training or scheduled activities. You might also find links to other sites and opportunities for you to take advantage of up-to-the minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, as are PAU opportunities and events coming to our tri-county area. If you are not receiving these emails, we probably don't have your correct email address. Please get in touch so we can correct that. Call us at 410-543-6650. And, don't forget to check your email!



## A PLAN FOR ACTION:

On January 28, child care providers and children's advocates of all types are invited to the State House in Annapolis to speak to elected officials about how we care for young children and their families here in Maryland.

The Lower Shore Child Care Resource Center is arranging for two vans to transport 22 providers to Annapolis. We leave from the parking lot at Mitchell's Martial Arts at 2 p.m. and will return by 9 p.m. Here are the details:

- LSCCRC is taking registrations
- Cost is \$10, payable to Mitchell's Martial Arts (check or cash)
- Waiver with Mitchell's must be signed onsite to ride
- 1 PAU available
- Pack your food/drinks – we will not stop either way

Please take this step to advocate for all Maryland's children. Other providers from across the state also will be there. Register early. Call 410-543-6650.

## LOCATE: UPDATE YOUR LOCATE PROFILE WITH NEW SELF-SERVICE LINK

<https://locate.marylandfamilynetwork.org/Provider/login>

The LOCATE: Child Care annual update questionnaire is also still available through these links! Choose the most appropriate one to request an update:

- Main Questionnaire Page: [www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires](http://www.marylandfamilynetwork.org/for-child-care-providers/provider-questionnaires)
- Center/Group Questionnaire: [www.marylandfamilynetwork.org/resources/group-program-questionnaire](http://www.marylandfamilynetwork.org/resources/group-program-questionnaire)
- Family Child Care Questionnaire: [www.marylandfamilynetwork.org/resources/family-child-care-questionnaire](http://www.marylandfamilynetwork.org/resources/family-child-care-questionnaire)

### PROFESSIONAL DEVELOPMENT RESPONSIBILITIES

1. Take trainings in your specialty area whenever possible
2. Network with your colleagues
3. Join a professional organization
4. Keep records of your training  
FYI: File certificates of training carefully



### THANK YOU!

The Leadership Luncheon was a great success! Such a success, that we plan to repeat this event next year. Everyone who attended enjoyed the fellowship, the food and the featured speakers. It was a great time to discuss leadership style and explore new ways to promote professionalism in the child care environment. Topic for next year? It's all up to you.

## HOW TO GET YOUR TRAINING HOURS

**At the LSCCRC:** In a classroom, networking with others through active discussion.

**Online:** Convenient, individual, working @ home or @ the LSCCRC.

**Onsite:** Specifically arranged and tailored to the group's specific need.

**Think about it, choose what best suits you, and contact the LSCCRC at 410-543-6650.**



## MARYLAND EXCELS 2.0 UPDATE

Since the Maryland EXCELS 2.0 launch on Friday, October 26, 2018, there have been reports of challenges providers and programs are experiencing in the Maryland EXCELS and Maryland Accreditation portals. Maryland EXCELS is working to identify solutions to improve your experience in the new system. For more information about common challenges and their solutions, visit the Solution Center at [www.marylandexcels.org/system](http://www.marylandexcels.org/system).



THE LOWER SHORE CHILD CARE RESOURCE CENTER  
Suite 500  
East Campus Complex  
Salisbury, MD 21801

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ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto [www.lowershoreccrc.org](http://www.lowershoreccrc.org) or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Lower Shore Child Care Resource Center

*The yearly membership cost is \$25. Membership benefits include a PAU and reduced price for most training classes. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.*

## REGISTRATION FORM

Name \_\_\_\_\_ Resource Center Member? Yes \_\_\_\_\_ No \_\_\_\_\_

Center (if applicable) \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip Phone Area Code

Email Address \_\_\_\_\_

**Make personal check or money order for FULL AMOUNT payable to: Salisbury University**

**Mailing Address: C/O Lower Shore Child Care Resource Center, Suite 500, East Campus Complex,  
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650**

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
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Credit card: \_\_\_\_\_ Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Name on card \_\_\_\_\_

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_