

Infant and Toddler Newsletter

Organizations that support Infant & Toddler Educators

Are you familiar with the agencies that support Infant & Toddler educators. Do you access the websites and use the resources? Here are a few of the Infant & Toddler resource agencies you should be familiar with.

- **ZERO TO THREE**—<https://www.zerotothree.org/>
ZERO TO THREE plays a key role in ensuring that babies and toddlers get a strong start in life by supporting:
parents with practical resources that help them connect more positively, deeply and continuously with their babies;
professionals with knowledge and tools that help them support healthy early development; and
policymakers in advancing comprehensive and coherent policies that support and strengthen families, caregivers and infant toddler professionals.

- **Maryland Infants and Toddlers Program**-
[https://marylandpublicschools.org/programs/Pages/Special Education/MITP/index.aspx](https://marylandpublicschools.org/programs/Pages/Special-Education/MITP/index.aspx)
The Maryland Infants and Toddlers Program (MITP) directs a family-centered system of early intervention services for young children with developmental delays and disabilities and their families. By recognizing each family's concerns and priorities and focusing on each child's strengths and needs, the MITP assists families of children with special needs during the first four years of the child's developmental journey. Support, information, and coordinated services in community settings are what families tell us they need to enhance their ability to manage the challenges and celebrate the gifts that each child has to offer.

- **Eastern Shore Child Care Resource Center**-
<http://www.easternshoreccrc.org/Technical-Assistance.html>
Infant and Toddler specialists, Rosalie Merryweather and Andrea Clymire are available to support your programs I&T needs. ESCCRC offers direct observation, consultation, and discussion. We can provide feedback and help with room arrangement, playground equipment, learning materials, and/or daily schedule. Sometimes making a few small changes in one or more of those areas can help improve the environment and behaviors in your child care setting. Take advantage of this FREE service and call our office to schedule an appointment time that is convenient for you.

Infant and Toddler Fall Training Opportunities:

Tuesday October 24 6:30-8:30 pm (Salisbury)

Discoveries of Infancy: The What and How of Learning

Tuesday November 14 6:30-8:30 pm (Wye Mills - ESHEC)

Math and Science Board Books for Babies

Saturday December 16 1-3 pm Wye Mills—(ESHEC)

Empowering I&T Understanding Through Discovery



Eastern Shore Child
Care Resource Center

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Let's Look at the Regs!

Regulations are not just rules. They are a guide to help us keep children safe.

13A.16.05.07 Water Supply.

A. The center shall have hot and cold running water, with hot water temperature not exceeding 120° F.

13A.16.05.08 Sanitary Facilities and Supplies.

A. For each group of infants or toddlers in a room, there shall be an approved diapering area with a sink that:

- (1) Is used only for diapering and toileting purposes; and
- (2) Permits continuous observation of, and immediate response to, each child in the group.

B. For every 15 children who are 2 years old or older, an operator shall provide one toilet and one sink that are:

- (1) Maintained in good operating condition and in a sanitary manner;
- (2) Easily accessible to the children; and
- (3) Equipped with water-resistant, nonabsorbent platforms which are safely constructed at a height that allows children to use the toilet and sink unassisted.

C. An operator which holds a certificate of approval to operate, or a letter of exemption from approval, that was issued by the State Board of Education before July 1, 1991, and is still in effect may receive a variance from the requirements of §B of this regulation if the office determines that:

- (1) The requirements can be met only with substantial physical modifications to the center; and
- (2) Sanitary facilities are accessible to every child in the center.

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Helping Children Develop Hand-washing Skills

Parents and caretakers play an important role in teaching children to wash their hands. Hand-washing can become a lifelong healthy habit if you start teaching it at an early age. Teach kids the five easy steps for hand-washing—wet, lath-er, scrub, rinse and dry—and the key times to wash hands, such as after using the bathroom or be-fore eating. You can find ways to make it fun, like making up your own hand-washing song or turning it into a game.

Remember:

Give frequent reminders

Lead by example by washing your hands

Having Soap and Water Available



The *Eastern Shore Child Care Resource Center* is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network, and Salisbury University.

