

Infant and Toddler Newsletter

Warm Weather Fun for Infants & Toddlers



Are you hesitant to take your Infants & Toddlers outside during warm weather? Are you unsure about sun safety? If you have ever worked with little ones you have probably pondered these questions and so many more. The American Academy of Pediatrics addresses these concerns in "Sun Safety and Protection Tips".

- Babies under 6 months of age should be kept out of direct sunlight. Move your baby to the shade under a tree, umbrella or stroller canopy. Dress babies in lightweight clothing that covers the arms and legs, and use brimmed hats that shade the neck to prevent sunburn.
- The first, and best, line of defense against harmful ultraviolet radiation (UVR) exposure is covering up. Stay in the shade whenever possible, and limit sun exposure during the peak intensity hours - between 10 a.m. and 4 p.m.

<https://www.healthychildren.org/English/safety-prevention/at-play/Pages/Sun-Safety-and-Protection-Tips.aspx>

Let's Look at the Regs!

Regulations are not just rules. They are a guide to help us keep children safe.

COMAR: 13A.15.05.05_ Outdoor Activity Area A. There shall be ample, accessible space for outdoor activity that is free from conditions that may be dangerous to the health or safety of children in care. B. If required by the office, the outdoor activity area shall be enclosed to protect children in care from accessible hazards such as a heavily trafficked area, a body of water, or environmental hazards. C. Any pool on the premises of the facility shall be made inaccessible to children in care and have security features, including but not limited to a:(1) Fence that surrounds the pool at least 4 feet in height;(2) Self-closing and self-latching mechanism on the gate, door, or access to the pool;(3) Lock that is operable and secured; and(4) Sensor or alarm in the pool and on the access door.



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Simply Summer Play Ideas for Infants & Toddlers



Finding ideas for summer play can come directly from your infants & toddlers. According to NAEYC, closely observing your children for signs of interests is a great start.

Observe the children in your room when they are investigating and making discoveries. What do you notice about their interests, understandings, and abilities? Try the following steps:

- * Observe closely and offer questions for children to consider.
- * Think about props and materials you can offer to further children's investigations.
- * Consider children's responses to your actions and questions. Are their responses what you hoped they would be?

<https://www.naeyc.org/resources/pubs/tyc/aug2018/considering-teachers-role-childrens-discoveries>

Infant and Toddler Summer Training Opportunities:

June 26th 6-9 pm

Understanding Temperament:
Implications for Working with Young Children

September 8th 6:30-8:30 pm

R.E.S.P.E.C.T.-What Infants and Toddlers Want

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