

The Child Care



Eastern Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Eastern Shore Child Care Resource Center

SUMMER 2025

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

LETTER FROM THE DIRECTOR

Happy summer everyone!

Summer is the time of year when things move a little slower, we can take some rest and relaxation, and the fun goes on until dark. You can make plans, dream dreams and evaluate your accomplishments.

There is also time to reflect on what you've learned over the academic year and envision a plan for growth and learning in the fall. How is your professional development going? Have you logged all the training hours you need? Consider checking out the July-September ESCCRC training calendar, which you can find in this flyer and on the training page of our website. There are MSDE-required classes and elective classes offered every month. A highlight this quarter is a Super Saturday training scheduled in September at the Wye Mills location, called "Loose Parts Extravaganza." Keep your eye out for quarterly Super Saturdays in future editions of the *Child Care Chat*.

Are you ready to continue your education at a college or university? If you have an associate degree, it's possible your credit hours will transfer and speed up your progress toward a bachelor's degree. If you do not, there are early childhood degree programs in Maryland, including Chesapeake College, Wor-Wic Community College and Salisbury University, that accept an MSDE-sponsored grant program called the Child Care Career and Professional Development Fund (CCCPDF). Take some time to check them out and see how your schedule fits and call us about the details.

Maybe you've been out of school for a while and you'd like to work on your Child Development Associate (CDA). The CDA bills itself as "the best first step" toward learning the basics to be successful in the early childhood field. It is a nationally recognized credential that evaluates classwork, practical experience and knowledge of child development which culminates in a well-respected credential

that you'll be proud to have.

Any choice you make to further your early childhood education improves your performance in child care programs. Contact this office or talk to your coach. ESCCRC staff are always glad to talk about supporting you in continuing your education because it's always a very good idea.

This quarter there is a Business Foundations Series especially created for family child care providers. You will learn about taxes, contracts, marketing, managing records and more. There are two sessions each week for four weeks full of great information to build and sustain your child care business. To register, please call us.

There is a new section in *The Child Care Chat* called "Celebrations." This section is meant to celebrate early childhood educator accomplishments, including new programs that open, those that become accredited or achieve higher levels in EXCELS, or where a staff member is recognized for an achievement. Be sure to go to that article on page 5 and celebrate with your colleague. If you have professional celebrations to share, let us know. You may find yourself featured in *The Chat*. 😊

As you move into the summer season, stay safe, stay hydrated and have fun. You have great impact on the lives of the young children you care for. It's a big responsibility, but a lot of fun.

Thank you for your dedication,

Leslie

Price Updates

Training cost is currently \$5 for a two-hour training and \$10 for a three-hour training. The cost of Medication Administration is \$60. ESCCRC membership is \$30.



TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:

Jay Hyde: 443-496-2464 • 1stalercpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details.

JULY TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, July 8 6-9 p.m. Virtual	\$10	Including All Children and the Americans with Disabilities Act Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	M Stottlemeyer
Thursday, July 10 6-9 p.m. Salisbury	\$10	Acknowledge, Ask and Adapt: Supporting Infant and Toddler Families Working with families can be a challenge when the family's child-rearing practices, living circumstances and values differ from our own. In this workshop you will learn how to use the Program for Infant and Toddler Care, three "As" strategy of Acknowledge, Ask and Adapt to partner with parents to provide care for infants and toddlers that respects and values the family's culture.	2 COM 1 PRO	K Klein
Saturday, July 19 10 a.m.-Noon Wye Mills HEC 212	\$5	Go with the Flow: Classrooms Schedules and Transitions This second session details the procedures for registering your business and setting up your finances with applying for an EIN and opening a business bank account.	2 CUR	L Doeler
Tuesday, July 22 6:30-8:30 p.m. Virtual	\$5	Business Foundations in Family Child Care: Module 1-What to Know About Business Structures Call to register	2 PRO	L Sinclair
Thursday, July 24 6:30-8:30 p.m. Virtual	\$5	Business Foundations in Family Child Care: Module 2-What to Know About Setting Up Your Business Call to register	2 PRO	L Sinclair
Thursday, July 31 6-9 p.m. Virtual	\$10	Building Resilience in Young Children Participants will learn that warm and nurturing relationships between children and the adults in their lives are the most important factor in developing resilience and overcoming potential negative effects of daily stress.	3 CD	L Gray

Up-to-Date Info from the ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC. Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

AUGUST TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, August 5 6-9 p.m. Virtual	\$10	Basic Health and Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of "learning disfluency," which challenges the learner to: 1. Think about what they know; 2. Through discussion and research confirm or expand their knowledge base; and 3. Share their experience with others.	3 HSN	D Satterlee
Tuesday, August 12 6:30-8:30 p.m. Virtual	\$5	Business Foundations in Family Child Care: Module 3-Business Finances Call to register	2 PRO	L Sinclair
Thursday, August 14 6:30-8:30 p.m. Virtual	\$5	Business Foundations in Family Child Care: Module 4-What to Know About the Market and Rate Setting Call to register	2 PRO	L Sinclair
Saturday, August 16 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D Conklin
Saturday, August 16 9 a.m.-Noon Virtual	\$10	Infant and Toddler Language Development and Communication Building relationships with infants and toddlers is the foundation for building language and literacy development and skills. As you talk, read and share language-rich experiences with infants and toddlers, whether one on one or in a group, you are helping them to build an understanding of the language being spoken and the world around them. When you respond to a child's attempts at communicating you are showing them that efforts matter, their communication matters and these attempts at language should be encouraged. Learn strategies to build these meaningful relationships that support language acquisition and communication skills.	2 CD 1 PRO	R Merryweather
Thursday, August 21 6-9 p.m. Virtual	\$10	Planning for Mixed Age Groups In this mixed age group workshop, Family Child Care providers will learn how environment influences learning and how to organize the environment to ensure a safe, accessible and effective classroom which can be adapted to meet the interests and needs of all children. Providers will also identify activities to meet the needs of all age groups, abilities, and environments.	3 CD	M Stottlemeyer

Attention Directors – Get Connected!

Think about a comfortable place to have meaningful discussions about what you do every day. Consider the benefits of talking your ideas through with colleagues who will be honest with you. Imagine supporting each other as you navigate the challenges associated with being a center director. If this appeals to you, follow the link below and join professionals as we do this work together. Call 410-543-6650 or visit <https://forms.gle/raetHV72FPn2Qaqb6>.

To learn more about communities of practice read here:
<https://www.earlylearningventures.org/what-are-communities-of-practice-in-early-childhood-education/>

TRAINING CALENDAR

SEPTEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Saturday, September 6 9 a.m.-4 p.m. Wye Mills HEC 213	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M Williams
Saturday, September 6 9 a.m.-Noon Virtual	\$10	Avoiding Burnout in a Demanding Occupation Do you work in the early childhood education field? Are you stressed? Burnt out? This training is for early childhood educators who need strategies to boost their health and wellness. Participants will define burnout syndrome in current health and safety trends and identify what aspects of the workplace add to that built up stress. Participants will recognize and discuss occupational components that contribute to burnout. Participants will identify strategies to avoid burnout and participate in group discussions. Participants will be provided the support and resources to implement self-care opportunities in their own lives as well as those of others. Through activities and action plans, participants will gain the knowledge to build their strength and avoid burning out in their very important roles as early childhood educators.	2 HSN 1 PRO	L Doeler
Thursday, September 11 6:30-8:30 Salisbury	\$5	Crunch, Rustle, Explore! Fall Activities for Young Children This interactive workshop explores the rich opportunities fall offers for outdoor learning in early years settings. Participants will discover practical, low-cost activity ideas and learn how to use the season to support children's development.	2 CUR	K Price
Thursday, September 18 6-9 p.m. Virtual	\$10	Including All Children and the Americans with Disabilities Act Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	M Stottlemeyer
Saturday, September 27 9 a.m.-3:30 p.m. Wye Mills HEC 110	\$15	SUPER SATURDAY: A Loose Parts Extravaganza Creating Culturally Rich Environments with Loose Parts Young children are naturally curious about the people and places in their world, beginning with their family and local community. Creating an environment filled with loose parts that encourages exploration of their local culture and its people is an important component of early education. Sticks, Stones and Pinecones: Exploring Loose Parts in ECE Environments In this workshop, we will discuss and define loose parts play, a type of open-ended play using materials with no defined purpose and infinite possibilities. We will engage in hands-on experiences and dive deep into its methodology and how to set up rich and engaging environments.	3 COM 2 CD	D Satterlee H Quinn



“Playtime is precious. Play builds brain pathways for thinking, creativity, flexibility, empathy and many other lifelong skills.”

– HEATHER SHUMAKER

Update Your LOCATE Information and Enter to Win!

Maryland Family Network's LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN's LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.



Celebrations

ESCCRC congratulates Taylor Luck for being named TidalHealth Team Member of the Year! Luck has the distinction of being the first TidalHealth child care center employee ever to earn this award. Her dedication, hard work and commitment have truly paid off, and this accomplishment is a testament to her dedication to the early childhood field. Luck takes advantage of community resources like the Parkside Planetarium and the Wicomico County Library to enhance her curriculum.

She was also featured on WMDT as a super reader for the Wicomico County Library because she checks out approximately 30 books a week to support literacy in her classroom. Luck sets a high standard for excellence, and the ESCCRC is pleased to share this exciting news.

Taylor shared: "I've known I wanted to be a teacher since I was in seventh grade. My entire teaching career up until about seven years ago when I first stepped foot in a pre-K classroom, I always said that I could never teach the little kids, and now I can't imagine doing anything else."

ESCCRC also celebrates with Vanessa Jones-Warner. Both of her centers, God's Little Angels and Building Blocks, moved to EXCELS Level 5. Staff at those programs worked very hard to illustrate their high quality for observations and evaluation. Congratulations to Vanessa and her staff at both programs.



NEWS FROM THE INFANT AND TODDLER SCENE

Loose Parts in the Infant Setting

Encouraging loose parts in infant environments can be beneficial for babies' development. This kind of exploration allows them to engage their senses and fosters cognitive and physical growth. However, safety is of the greatest importance. Constant supervision during loose parts explorations is essential to ensure infants' safe and active engagement (Daly & Beloglovsky 2016).

Because mouthing is expected as infants explore the materials in their environments, it is crucial to select materials that are appropriate in size and free from harmful substances on their coatings or finishes (Daly & Beloglovsky 2016). Teachers can use a choking tester or cardboard paper towel tube to test materials' sizes to ensure they are safe.

Transparent, colorful scarves can ignite an infant's visual curiosity. Items like jar lids, wooden or plastic cups, wooden or metal bowls, and boxes offer a diverse range of sensory experiences, from sound to texture to spatial awareness. Sensory bottles can appeal to and engage infants with their visual and auditory stimuli. Larger wooden rings, napkin holders and similar objects promote fine motor skills through grasping and manipulation.

If you'd like to know more, check out this online article from the NAEYC called "Rocking and Rolling: Using Materials Creatively to Enhance Toddler Learning Environments," at:

<https://www.naeyc.org/resources/pubs/yc/fall2024/rocking-and-rolling>

What Professionals Do

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!



TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): “Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers’ classroom practice and child outcomes.”

TRAINING POLICY AND EXPECTATIONS

CUR-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC’s website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in — This allows the ESCCRC to maintain funding as your CCRC and training hub.
ATTENTION: In order to provide your certificate in a reasonable amount of time, you must submit your Assessment and Evaluation. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes.
This is your professional responsibility!
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

How to File a Program Complaint

If you believe a particular child care program is in violation of state child care licensing laws or regulations, you may file an official complaint against that program. To file a complaint, contact the Regional Licensing Office covering the county where the program is located.

Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

How to Get Your Training Hours

In Person: At our SU and ESHEC locations

ESCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Training tailored to a group’s specific need

Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md

Think about it, choose what best suits you, and contact Leslie Sinclair at lasinclair@salisbury.edu or at 410-543-6650.





MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.



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Salisbury
UNIVERSITY

Make Tomorrow Yours



**MARYLAND
FAMILY
NETWORK**



MARYLAND CHILD CARE
RESOURCE NETWORK



Maryland
STATE DEPARTMENT OF EDUCATION

Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.-5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out openchildcaretoday.com. If you have questions, you may contact the ESCCRC at 410-543-6650.

Who's Who at the ESCCRC

- Lynne Doeler, Coach/GOFCC
- Jenn Hogan, Registrar
- Rose Merryweather, Coach/
Technical Assistance Coordinator
- Leslie Sinclair, Director/
Training Coordinator

Contact the main office at 410-543-6650 and we will direct you to the right person by phone or by email.



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MARYLAND CHILD CARE
RESOURCE NETWORK

ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University

**Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650**

Course Title	Date	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____