

The Child Care



Eastern Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Eastern Shore Child Care Resource Center

FALL 2024

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

LETTER FROM THE DIRECTOR

Greetings Everyone!

I hope you enjoyed a summer filled with enjoyable experiences with friends and family. Staff at the Eastern Shore Child Care Resource Center (ESCCRC) have had some downtime and are ready to jump into a new year with creative ideas and energy!

In the last issue of the *Child Care Chat*, I announced the plans for a quarterly Professional Development Institute (PDI), the first of which was in September. I hope you attended and enjoyed the September Storybook Spectacular. This quarter, on December 7, the PDI will be held at the Wye Mills location and is called Surviving the Holiday Hullabaloo. You will receive five hours of COK training that will prepare you and the children you work with to manage stress and self-regulate. There will be box lunches and a make/take session mid-day. Sign up early so you can be one of the 20 participants. Hope to see you there!

We are excited to now offer training in our revitalized space at the Salisbury University location. We have had some maintenance done to the training and resource rooms, and our space is looking trendy and up to date now. We have

installed some new technology that will allow us to offer hybrid classes. This means you can attend the in-person session at the Salisbury location or you can tune in virtually to the same training. This is a new experience for us, and we are looking ★ forward to using this new training format.

I am especially glad to be a part of Literacy Wonderland: A New Approach to Book Clubs. It is held virtually on the second Thursday of every month. This quarter, we will meet on October 10, November 14 and December 12, 6-8 p.m.-ish. Join us to explore reading experiences outside of book discussions and analysis. We will use articles and podcasts to learn about storytelling, reading to a group and bringing literature to life for children. Call the office or contact me at lasinclair@salisbury.edu. I hope to see you there!

Advocacy is the act of supporting a cause or helping someone express their views. You advocate for young children every day as you manage their safety, health and learning. Please continue to be a haven for children: a place they can try out new things and take risks, a place where they have experiences they don't have anywhere else, and a place they can express themselves through writing, movement and art. Uphold their right to play and uphold their unique development; and support parents as they learn to support their children. There are many ways to advocate.

Joining a professional organization is a great way to be with others who are also passionate about supporting young children. If you have not joined the National Association for the Education of Young Children (NAEYC), check out their website. When you join the

national organization, you are also joining the Maryland chapter. There are local and statewide child care groups made up of people near you and some you may know. Please choose one you are comfortable with and make a difference in the lives of our youngest citizens. If you'd like some guidance or support, or have questions, contact the ESCCRC.

Lastly, as I write this Director's Note to you outlining ESCCRC news, I wonder if anyone actually reads it. I include information that you can't find anywhere else in the Chat that might inspire you or support your professional development. I also try to encourage you to participate in activities we host. If you have read this far into my letter, and have found the star please contact me at my email address: lasinclair@salisbury.edu. Four of you will receive a surprise.

As always, the ESCCRC staff is available for coaching, mentoring, training and any other support you need. The Resource Centers in the Upper and Lower Shore locations are open; and we look forward to working with you this year.

Leslie

Training/Membership Cost Updates

Effective July 1, training now costs \$20 for a two-hour training and \$30 for a three-hour training. The cost of Medication Administration is \$60. ESCCRC membership is now \$30 and comes with a \$30 credit to be used toward training.



TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:

Jay Hyde: 443-496-2464 • 1stalertcpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details.

OCTOBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Saturday, October 5 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Saturday, October 5 9 a.m.-Noon Virtual	\$30	Community Collaboration & Learning Around Town When schools, families and community groups work together to support learning, children tend to do better in school, stay in school longer and like school more. In this workshop, participants will learn about how the community impacts children's learning, how family systems interact within the community and that collaborative partnerships benefit children.	3 COM	L. Sinclair
Thursday, October 17 6-9 p.m. Virtual	\$30	Including All Children & the Americans with Disabilities Act (ADA) How to ensure a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program.	3 SN	C. Berkey
Thursday, October 24 6:30-8:30 p.m. Wye Mills Room #212	\$20	Building Caring Communities This training addresses the various components involved in creating a supportive classroom community. In such a classroom environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other so that everyone can learn and grow. The training explores the three major leadership styles and their impact on a classroom, and it demonstrates how to utilize essential skills for building positive relationships between all staff and children. Throughout the training, the elements of a caring classroom community are identified. It ends with practical strategies to create a personalized action plan for building a classroom community in your current classroom.	2 COM	L. Doeler

Center Directors' Community of Practice

Think about a comfortable place to have meaningful discussions about what you do every day. Consider the benefits of talking your ideas through with colleagues who will be honest with you. Imagine supporting each other as you navigate the challenges associated with being a center director. If this appeals to you, follow the link below and join professionals as we do this work together. We will meet the last Tuesday of each month at 1 p.m. Call 410-543-6650 or <https://forms.gle/raethV72FPn2Qaqb6>.

To learn more about communities of practice read here:
<https://www.earlylearningventures.org/what-are-communities-of-practice-in-early-childhood-education/>

NOVEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, November 7 6:30-8:30 p.m. Salisbury	Free	Female Empowerment Seminar Salisbury Neighborhood Housing Training focused on financial clarity and improving your relationship with money, setting goals, and how to improve your credit safely and accurately. Register at ndonoway@salisburynhs.org 410-543-4626	N/A	Salisbury Neighborhood Housing Services Team
Saturday, November 9 9 a.m.-4 p.m. Wye Mills Room #213	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Conway
Saturday, November 16 9 a.m.-Noon Hybrid: @ Salisbury & Virtual	\$30	Wonderful Ones (Infant & Toddler) Child care professionals will gain a better understanding of wonderful ones and learn strategies to support this young toddler's growth and development.	2 CD 1 CUR	R. Merryweather
Saturday, November 16 9 a.m.-Noon Virtual	\$40	Surviving the Holiday Hullabaloo A Professional Development Institute Building Your Resilience In this workshop, participants will learn how to improve resilience in their personal and professional lives. By improving resilience factors, they will be able to better cope with or recover from change, loss, adversity and mistakes, as well as have the skills to bounce back from adverse situations. Calm in the Chaos: Tools to Increase the Peace In this engaging training, participants will learn about the neuroscience behind understanding emotional awareness and regulation. They will explore and experience mindfulness-based evidence informed tools that will increase emotional regulation in children and adults. Participants will leave with a plan to help with overall well-being.	3 PRO 2 CD	TBA L. Doeler
Thursday, November 21 6-9 p.m. Virtual	\$30	Basic Health & Safety with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop. This training is meant to be highly interactive and is based on the research-based concept of "learning disfluency," which challenges the learner to 1. Think about what they know; 2. Through discussion and research confirm or expand their knowledge base; and 3. Share their experience with others.	3 HSN	C. Berkey

“Not all children are ready to learn the same thing at the same time in the same way.”

– KATHY WALKER



TRAINING CALENDAR

DECEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Saturday, December 7 9 a.m.-3 p.m. Wye Mills Room #110	\$30	Making Families Welcome: Positive Partnerships with Families This course provides child care providers with the tools for understanding positive partnerships with parents, guardians and family members. It is designed to help providers select a variety of ways for families to be represented in their classrooms so that the children feel comfortable and to stay connected to their families and community while they are in the child care setting.	3 COM	L. Doeler
Thursday, December 12 6-9 p.m. Virtual	\$30	Center Aide Orientation This workshop satisfies the regulatory requirement for child care center aides. Participants will review professionalism, the basic of supervisions, and interacting with families.	3 PRO	R. Merryweather
Saturday, December 14 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin



Literacy Wonderland: A New Approach to Book Clubs

We will explore children's books, podcasts, educational texts and journal articles, and share our favorites. We will learn about storytelling, reading to a group, creating lessons based on stories and bringing literature to life.

If you love literature of any sort, and want to share your enthusiasm, call the office or contact Leslie Sinclair at lasinclair@salisbury.edu. We meet by Zoom every second Thursday of the month beginning September 12.

I hope you'll join us!

TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): "Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers' classroom practice and child outcomes."



NEWS FROM THE INFANT AND TODDLER SCENE

Nemours KidsHealth writes about how reading to your babies enhances their ability to communicate, builds listening and memory skills, and helps them learn about their world.

By the time babies reach their first birthday, they will have learned all the sounds needed to speak their native language. The more stories you read aloud, the more words your baby will hear and the better they'll be able to talk.

Hearing words helps to build a rich network of words in a baby's brain. Kids whose parents talk and read to them often know more words by age 2 than children who have not been read to. And kids who are read to during their early years are more likely to learn to read at the right time.

When you read to your baby:

- Your baby hears you using many different emotions and expressive sounds. This supports social and emotional development.
- It encourages your baby to look, point, touch and answer questions. This helps with social development and thinking skills.
- Your baby improves language skills by copying sounds, recognizing pictures and learning words.

But perhaps the most important reason to read aloud is that it makes a connection between the things your baby loves the most – your voice and closeness to you – and books. Spending time reading to your baby shows that reading is important. And if infants and children are read to often with joy, excitement and closeness, they begin to associate books with happiness – and new readers are created.

<https://kidshealth.org/en/parents/reading-babies.html>

Update Your LOCATE Information and Enter to Win!

Maryland Family Network's LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN's LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.

Up-to-Date Info from the ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC. Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

How to Get Your Training Hours

In Person: At our SU and ESHEC locations

ESCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Training tailored to a group's specific need

Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md

Think about it, choose what best suits you, and contact Lynne Doeler at lsdoeler@salisbury.edu or at 410-543-6650.

How to File a Program Complaint

If you believe a particular child care program is in violation of state child care licensing laws or regulations, you may file an official complaint against that program. To file a complaint, contact the Regional Licensing Office covering the county where the program is located.

Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

Training Notes: Full Day of Training

Going forward things may look and feel a little different, but the Eastern Shore Child Care Resource Center will continue to provide the quality training you need to support your professional goals. Once a quarter you will have the opportunity to obtain five-six hours of training in one Saturday event to be held in alternating locations.

The second full-day PD experience is scheduled for Saturday, December 7, at the Wye Mills location. Join your peers for five hours of training to enhance your self-care skills at home and at work. There will be a lunch break with a make and take opportunity.

Please let us know of topics that might interest you. Feedback is welcome and collected by following this link: <https://forms.gle/z6YC4N5uxJrPity56>



TRAINING POLICY AND EXPECTATIONS

CUR-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your Assessment and Evaluation. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.



“Play is our brain’s favorite way of learning.”

– DIANE ACKERSON,
CONTEMPORARY AMERICAN AUTHOR

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out openchildcaretoday.com. If you have questions, you may contact the ESCCRC at 410-543-6650 and speak to GOFCC Coordinator Carolyn Frisby.

Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.-5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

Who's Who at the ESCCRC

- Lynne Doeler, Coach
- Carolyn Frisby, GOFCC Coordinator
- Jenn Hogan, Registrar
- Rose Merryweather, Technical Assistance Coordinator/Coach
- Leslie Sinclair, Director

Contact the main office at 410-543-6650 and we will direct you to the right person by phone or by email.

What Professionals Do

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!



Eastern Shore Child Care
Resource Center
at Salisbury University

FALL 2024

Published by the Eastern Shore
Child Care Resource Center

Suite 500 East Campus Complex
Salisbury, MD 21801
410-543-6650
LOCATE: Child Care
1-877-261-0060
easternshoreccrc.org

The Eastern Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.

Salisbury
UNIVERSITY

Make Tomorrow Yours



MARYLAND
FAMILY
NETWORK



MARYLAND CHILD CARE
RESOURCE NETWORK



Maryland
STATE DEPARTMENT OF EDUCATION

“Playtime is precious. Play builds brain pathways for thinking, creativity, flexibility, empathy and many other lifelong skills.”

– HEATHER SHUMAKER,
CONTEMPORARY AMERICAN AUTHOR





NON-PROFIT ORG.
U.S. POSTAGE
PAID
SALISBURY, MD
PERMIT NO. 65

EASTERN SHORE CHILD CARE RESOURCE CENTER
Suite 500
East Campus Complex
Salisbury, MD 21801



MARYLAND
FAMILY
NETWORK



Maryland
STATE DEPARTMENT OF EDUCATION



MARYLAND CHILD CARE
RESOURCE NETWORK

ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto www.easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____