

The Child Care



Eastern Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Eastern Shore Child Care Resource Center

FALL 2023

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

LETTER FROM THE DIRECTOR

Happy Fall Y'all!

First things first ... have you visited the Resource Center at the SU location recently? We've had some long-awaited maintenance work done to increase our efficiency and provide resources to the child care community. If you have a chance, stop in. It would be nice to see you; and show you around the space.

Next, and maybe more important, is the beginning of a new school year along with many changes for you and the children in your care. How are things going? We are glad to celebrate your successes and to help you with any snags you may have. Contact the office to reach your coach who can provide support remotely or in person.

Now for the fun stuff! Take some time to mark your calendars for these events currently in the planning phase. Some offer Professional Activity Units (PAUs), others offer clock hours, and some are free training sessions taking place at both the upper and lower shore locations. Please remember that you are welcome to attend any of our scheduled events. Any questions, just get in touch. We look forward to seeing you!



SAVE THE DATE:

- **Super Saturday @ Upper Shore ESHEC, Wye Mills:** Saturday, October 14, 9 a.m.-Noon & 1-4 p.m. Six hours of training for \$40. Lunch is provided. Be one of the 40 to register for this full-day professional development day.
 - **Expo @ SU ESCCRC Parking Lot:** Saturday, November 4, 10 a.m.-Noon. This outdoor fall event is called Hay Fever. See fall activities to use in your classrooms and visit the vendors - and earn a PAU.
 - **Elevate and Empower: Training Teachers as Young Scientist Mentors @ SU Commons:** Thursday, November 16, 6-9 p.m. This event is FREE and open to all providers. You will spend three hours learning about science and will leave with some great materials for the children to use. Watch for more details!
 - **Supporting Children with Autism @ SU Commons:** Saturday, January 20, 10 a.m.-1 p.m. Learn how to work with children in your care who have been diagnosed with autism. You will receive a book and network during a working lunch. First 25 who sign up will be admitted.
 - **Science Nerds @ Upper Shore ESHEC:** Saturday, March 2, 9 a.m.-Noon & 1-4 p.m. Two three-hour sessions learning about science. This event is FREE training. Pick one session. You will receive materials and have great experiences to take back to your classroom.
 - **NAEYC Week of the Young Child:** April 1-5. Celebrate in your program with activities you can find at www.NAEYC.org.
 - **Early Childhood Fair @ Centre at Salisbury:** Saturday, April 6, Time TBD.
- Visit vendors, get great ideas, win prizes and earn a PAU.
- **Expo @ ESHEC:** Saturday, April 20. This annual event is called Earth Day. Meet with vendors, learn more about conservation, participate in some hands-on learning, and earn a PAU.
 - **Provider Appreciation Week:** May 6-10. Watch our Facebook posts for notifications about how you can participate.
 - **Multicultural Family Celebration @ SU ESCCRC Parking Lot:** Saturday, May 11, Time TBD. Bring the family and celebrate the beauty of diversity in our community. Enjoy food, games, music, meet others in the child care community, interact with vendors and have fun. More details on this coming up!
- The ESCCRC is offering a training for family child care programs. This 10-session series addresses the business issues associated with small, home-based child care programs. Participants receive Core of Knowledge hours of 3 HSN, 25 PRO and 6 COM. This series is a part of Growing Opportunities for Family Child Care (GOFCC), a program to establish new home-based programs across the state. Currently, there are some slots available for established family child care providers. Training dates are most Tuesdays and Thursdays between October 10 and November 18. I guarantee that you will benefit from this business series. If you are interested or want to learn more, and can commit to this series, please contact the ESCCRC office at 410-543-6650.
- As fall settles upon the Eastern Shore bringing new faces, cooler days, colorful leaves and harvest festivals, I hope you enjoy the seasonal outdoor activities with the children.

Leslie

TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:
Jay Hyde: 443-496-2464 • 1stalertcpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details.

OCTOBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, October 12 6-9 p.m. Virtual	\$20	Including All Children and the Americans with Disabilities Act (ADA) How does the Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	L. Sinclair
Saturday, October 14 9 a.m.-Noon & 1-4 p.m. Wye Mills	\$40	SUPER SATURDAY Positive Words for Positive Actions Learn how to make your child care environment more positive. Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reward your directions and other guidance techniques you can use in your child care.	3 CD	A. Clymire
		Developmentally Appropriate Practice: Recognizing the Essentials This training teaches child care teachers the essentials of Developmentally Appropriate Practice (known as DAP) so that teachers can use knowledge about child development to create a program that is suitable for the age and stage of development of their children in their group.	3 CUR	L. Doeler
Tuesday, October 24 6:30-8:30 p.m. Salisbury	\$10	Discoveries of Infancy: The What and How of Learning Studies consistently show that babies learn the most and will likely remember what they learn when they can control what's happening. It's all about the experiences they choose (not necessarily those chosen for them) that help them learn fastest and most completely. This workshop explores the discovery of understanding that occurs in six main areas called the "Discovery of Infancy" theory.	2 PRO	K. Klein
Saturday, October 28 9 a.m.-4 p.m. Wye Mills	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Long
Saturday, October 28 9 a.m.-Noon Wye Mills	\$20	Working With Mixed-Age Groups Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.	2 CD 1 CUR	L. Doeler

Credential Support • Virtual Open Office Hours

Second and Fourth Tuesday of Every Month • 1-2 p.m.

Email arclymire@salisbury.edu or rdmerryweather@salisbury.edu for Zoom link

NOVEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, November 7 6-9 p.m. Virtual	\$20	Basic Health and Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop.	3 HSN	L. Sinclair
Tuesday, November 14 6:30-8:30 p.m. Wye Mills	\$10	Math and Science Board Books for Babies Infants and toddlers are naturally curious about the world around them. They can begin to develop an understanding of pre-math and pre-science skills with the help of board books.	2 CUR	A. Clymire
Thursday, November 16 6-9 p.m. Salisbury University	Free	Elevate and Empower: Training Teachers as Young Scientist Mentors This workshop explores the many ways in which music and movement for infants and toddlers can be incorporated into classroom as well as individualizing music and movement to meet the needs of individual children in your program.	3 CUR	Science Nerds
Thursday, November 16 6-9 p.m. Virtual	\$20	Building Resilience in Young Children In this workshop, participants will learn that warm and nurturing relationships between children and the adults in their lives are the most important factor in developing resilience and overcoming potential negative effects of daily stress.	3 CD	J. Bretensky
Saturday, November 18 9 a.m.-4 p.m. Salisbury	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Thursday, November 30 6-9 p.m. Salisbury	\$20	Introduction to Observation and Assessments for Children Birth Through 12 Years of Age Observation of children is key to evaluating their development and planning learning activities. Become equipped with observation and assessments tools, appropriate methods of collecting and interpreting information, and gain a better understanding of the purpose of on-going assessment.	3 CUR	M. Spencer

“Someone is sitting in the shade today because someone planted a tree a long time ago.”

– Warren Buffett



TRAINING CALENDAR

DECEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, December 7 6-9 p.m. Wye Mills	\$20	Engaging Indoor Activities for Inclement Weather How do you keep children learning and engaged when the weather is bad? This training will review the teachable moments that exist when children cannot go outside; learn how to choose and plan for a variety of indoor classroom activities. Try out some fun large and small group activities!	3 CUR	J. Brestensky
Tuesday, December 12 6-9 p.m. Virtual	\$20	Including All Children and the Americans with Disabilities Act (ADA) How does the Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 SN	L. Sinclair
Thursday, December 14 6-9 p.m. Virtual	\$10	Autism Spectrum Disorder: A Child's Perspective This workshop will explore the world of autism as seen through the eyes of a child with a focus on the range and variance of symptoms as a spectrum disorder.	3 SN	L. Doeler
Thursday, December 14 6:30-8:30 p.m. Virtual	\$10	Center Aide Orientation This workshop satisfies the regulatory requirement for child care center aides. Participants will review professionalism, the basic of supervisions, and interacting with families.	2 PRO	R. Merryweather
Saturday, December 16 9 a.m.-4 p.m. Wye Mills	\$52	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Conway
Saturday, December 16 10 a.m.-Noon Wye Mills	\$10	Resiliency and Adverse Childhood Experiences (ACEs) This training explores the profound long-term effects of toxic stress and offers solutions to help children deal with and overcome the effects of toxic stress. Participants will identify the effects of toxic stress on the body and discover ways to increase resilience in children.	2 CD	A. Clymire
Saturday, December 16 1-3 p.m. Wye Mills	\$10	Empowering Infant and Toddler Understanding Through Discovery When we empower infants and toddlers to explore through play, we are giving them the building blocks for critical thinking needed to succeed later in life. We are encouraging them as individuals to explore their world using their innate urge to play and acquire an individualized understanding of that world based on their experiences using a technique called Heuristic Play.	1 CUR 1 PRO	A. Clymire

TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): "Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers' classroom practice and child outcomes."



Up-to-Date Info from the ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC.

Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

How to Get Your Training Hours

In Person: At our SU and ESHEC locations
ESCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Training tailored to a group's specific need

Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md

Think about it, choose what best suits you, and contact Leslie Sinclair at lasinclair@salisbury.edu or at 410-543-6650.

Update Your LOCATE Information and Enter to Win!

Maryland Family Network's LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN's LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

Family Resource Specialist Information

In case you didn't know, the Eastern Shore Child Care Resource Center has a family resource specialist (FRS). The FRS assists families looking for child care. Not only do they help families identify the best child care environment, but they also assist families applying for the Child Care Scholarship. The specialist can also help families locate and then apply for other resources available in the community. If you know of a family that needs assistance with finding child care or navigating the resource system, call 410-543-6650.

How to Receive Your Certificate

Check out the Training Policy below.

In short, to receive credit for attendance, you must:

- Attend the entire training session
- Submit the assessment
- Complete the evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub.
- **ESCCRC will record responses and generate your certificate.**



Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.- 5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

TRAINING POLICY AND EXPECTATIONS FOR IN-PERSON WORKSHOPS

CUR-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your *Assessment and Evaluation*. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

Northern Notes

Hope this edition of The Chat finds you well and ready for the changes that come with the fall season.

As you read in Leslie's letter, we have various events and training opportunities planned for this quarter. I ask you to share with me your input on training ideas, events you would like to participate in, and other ways for you to connect and collaborate with each other.

The first three people who respond to this short questionnaire receive a gift card. Please email your answers to lsdoeler@salisbury.edu:

- What training topics would you like to see offered? Please name three.
- Do you prefer in person, virtual or no preference?
- If the following meeting opportunities were offered, please choose one or more you would like to attend.
 - Round table discussions on issues and challenges that childcare teachers face.
 - Guest speakers for topics such as you as a business owner, family and community partnerships, and simple ways for using your devices for your program.
 - Social get-togethers such as a luncheon or picnic.

We appreciate all that you do for your families and respect the amount of time and energy you put into teaching and caring for children.

- Lynne

THE IMPACT OF MARYLAND'S BLUEPRINT ON INFANT AND TODDLER PROGRAMS

From the Infant & Toddler Scene

Recent changes to public Pre-K will have a lasting impact on the number of families needing care for preschool age children. Maryland's Blueprint for Maryland's Future and the American Rescue Plan Act granted all three- and four-year-old children from families earning incomes at or below 300% Federal Poverty Level access to high-quality, full-day Pre-K at no cost. The Prekindergarten Capacity Building Grant is part of Maryland's plan for expanding access to high-quality prekindergarten.

Program directors and educators should be planning for a possible reduction in the demand for Pre-K classrooms and Pre-K qualified staff. Expanding program capacity to serve additional infant- and toddler-age children is an important step in ensuring your programs viability. Now is the time to invest in yourself – and your program/staff – by enrolling in the 45-Hour Zero to Three Critical Competencies Training for Infant and Toddler Educators or obtain the Infant and Toddler CDA. The Critical Competencies training is being offered through special funding provided from Maryland State Department of Education (MSDE)/Maryland Family Network (MFN). Critical Competencies satisfies the 45 clock hours of approved infant/toddler coursework. The MSDE has awarded a grant to the Council for Professional Recognition that will cover the cost of credential fees, books and training needed to obtain a CDA. Contact your Child Care Resource Center's infant and toddler specialists to learn more.

GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out www.openchildcaredtoday.com. If you have questions, you may contact the ESCCRC at 410-543-6650 and speak to GOFCC Coordinator Carolyn Frisby.

CDA News

If you are not aware of the scholarship for acquiring the Child Development Associate (CDA) credential, please get in touch. The CDA is a nationally recognized credential that is a best first step in professionalism for some child care providers. The State of Maryland has funding for materials, training and the application process. Our office will support your training and work with you as you compile your resource file. We can also connect you with the CDA Council and help you find a professional development specialist. Contact us at 410-543-6650.

WHAT PROFESSIONALS DO

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!

Congratulations to Tomeka Jones for earning her Infant & Toddler CDA

Training Voucher and Reimbursement Program

All Training Voucher and Reimbursement applications must be submitted using the online application form and the online voucher form:

<https://earlychildhoodmarylandpublicschools.org/child-care-providers/office-child-care/credentialingbranch/training-vouchers-and-reimbursements>



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Suite 500 East Campus Complex
Salisbury, MD 21801
410-543-6650
LOCATE: Child Care
1-877-261-0060
www.easternshoreccrc.org

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Salisbury
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FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



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Salisbury, MD 21801



ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto www.easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

Join/renew now for \$25. You will earn one PAU and will receive one free two-hour class per membership year. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____