

# The Child Care



Eastern Shore Child Care  
Resource Center  
at Salisbury University

# Chat

Published by the Eastern Shore Child Care Resource Center

WINTER 2024

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

## LETTER FROM THE DIRECTOR

### Happy New Year Everyone!

Beginnings are hopeful to me: Starting something new or challenging, having fresh ideas or plans, learning and accomplishing something rewarding are positive. This year, I encourage you to try something new, build on what you know and polish your current talents.

A 2024 New Year plan could include joining a professional organization. Whether you are new to the early childhood field or are a seasoned professional, membership in an organization of your peers is rewarding. Get together with colleagues who care as much as you do about topics such as brain development, developmentally appropriate practice or outdoor curriculum; discuss those topics and

share at a local or national conference. Meet with others who work with infants and toddlers, share ideas, and create wonderful environments for them based on your collective knowledge; and then present to the Infant and Toddler Advisory Board at the Eastern Shore Child Care Resource Center (ESCCRC). Join or create a support group of early childhood professionals who are working toward a degree while teaching full time – talk about a challenge! There are many opportunities to mentor new staff (we have a training for that), write a blog, build an outdoor classroom or author a children's story. There are so many ways to build on your professionalism!

Another personal goal could be attending workshops beyond those training hours required by the Office of

Child Care. Consider specializing in your field of interest by becoming the go-to person on early childhood environments, communicating with families or best practices when dealing with challenging behaviors. By participating in focused professional development, you will extend your knowledge and then share your talents with colleagues while forming a cohesive industry of dedicated professionals.

Take small steps, start where you feel comfortable – any change is a challenge. Perhaps moving up in the Maryland Credential is your next step, or simply making a call to the ESCCRC to begin building a relationship with a coach is your first move. No matter where you are, the ESCCRC is here to help you achieve the goal you set.

Two new Professional Learning Communities (PLCs) begin in January. One supports family child care providers and the other provides director supports. Watch Facebook posts for dates and times. Maybe you received an email with an attached questionnaire that will help to direct these groups. If so, please fill in that document so facilitators can launch the PLC to everyone's benefit. Our ultimate goal is to recognize your professionalism, support your ideas and build a strong child care community on the Eastern Shore.

The ESCCRC is thankful to be your resource destination. In 2024 the Resource Center will add new programs, expand professional development and coaching services, and improve collaborations with all early childhood stakeholders in this region. Let's finish this year with a bang and begin a new one with optimism! Best wishes for a wonderful 2024.

*Leslie*



# TRAINING CALENDAR

**CPR & FIRST AID NOTICE:** The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:  
**Jay Hyde:** 443-496-2464 • 1stalertcpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

*Please pay attention to the location information given with workshop details.*

## JANUARY TRAINING

**Salisbury, Lower Shore:** SU Office, 500 East Campus Complex, Power & Wayne Streets

**Wye Mills, Upper Shore:** Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, January 11 6-9 p.m. Virtual	\$20	<b>Basic Health and Safety Training with Supporting Breastfeeding in Child Care</b> This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop.	3 HSN	C. Berkey
Saturday, January 13 9 a.m.-4 p.m. Salisbury	\$52	<b>Medication Administration</b> Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Tuesday, January 16 6:30-8:30 p.m. Virtual	\$10	<b>Time for Referral: Tips for Talking with Families</b> This workshop will give providers strategies for talking with parents especially if there are concerns about a child's development and/or the need for a referral.	2 COM	J. Brestensky
Thursday, January 18 6:30-8:30 p.m. Wye Mills	\$10	<b>Re-Boot Your Centers: Implementing and Managing a Dynamic Learning Environment</b> This workshop discusses the importance of emergent literacy, social emotional skills and self-regulation skills. Participants will gain strategies to use in their programs that encourage their children to use positive behaviors and express themselves.	2 CUR	L. Doeler
Tuesday, January 23 6-9 p.m. Virtual	\$20	<b>Behavior Guidance for Infants and Toddlers</b> This training will outline the developmentally appropriate, yet sometimes challenging, behaviors of children, birth through age 3.	3 CD	A. Clymire
Thursday, January 25 6:30-8:30 p.m. Virtual	\$10	<b>So What are PAUs and How Do I Get Them</b> In this workshop, we will take a look at professional activities and how they can be applied to the Maryland Child Care Credentialing Program.	2 COM	R. Merryweather
Saturday, January 27 10 a.m.-1 p.m. Salisbury University	Free	<b>Uniquely Human: Understanding Young Children with Autism</b>	3 SN	P. Adkins

### Credential Support • Virtual Open Office Hours

Second and Fourth Tuesday of Every Month • 1-2 p.m.

Email [arclymire@salisbury.edu](mailto:arclymire@salisbury.edu) or [rdmerryweather@salisbury.edu](mailto:rdmerryweather@salisbury.edu) for Zoom link

## FEBRUARY TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Thursday, February 8 6-9 p.m. Wye Mills	\$20	<b>Creating a Writing Center from Dollar and Thrift Store Finds</b> A writing center in the classroom supports children in their ability to express themselves through creative writing and drawing. In this workshop, we will explore dollar store and thrift store finds that can be combined to create a writing center which spurs children's imaginative writing skills.	3 CUR	L. Doeler
Saturday, February 10 9 a.m.-4 p.m. Salisbury	\$52	<b>Medication Administration</b> Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Saturday, February 10 9 a.m.-Noon Salisbury	\$20	<b>Professionalism: The Impact on Children, Families, Colleagues &amp; the Community</b> This training explores the ways in which both professionalism and unprofessionalism can impact others. The training will encourage providers to inspect the ways in which your professionalism directly impacts the children you work with, the families you serve, the colleagues you are in contact with and the greater community.	3 PRO	R. Merryweather
Tuesday, February 13 6:30-8:30 p.m. Salisbury	\$10	<b>Math and Science Board Books for Babies</b> Infants and toddlers are naturally curious about the world around them. They can begin to develop an understanding of pre-math and pre-science skills with the help of board books.	2 CUR	A. Clymire
Saturday, February 24 10 a.m.-Noon & 1-3 p.m. Salisbury	\$20	<b>Super Saturday</b> <b>Respecting All Family Structures</b> Family structures have moved away from the traditional nuclear family. Identify different family structures that you may encounter in your program. Explore ways to make all children and their families welcome in your program.  <b>A Sense of Place: Human Geography in the Early Childhood Classroom</b> Developing a sense of place through geographic experiences helps build the social and emotional foundation children need and will one day use as adults.	2 COM  2 CUR	R. Merryweather  A. Clymire
Tuesday, February 27 6-9 p.m. Virtual	\$20	<b>Including All Children and the Americans with Disabilities Act (ADA)</b> How does the Americans with Disabilities Act affect childcare providers? How do you make sure that a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program. Get practical information on how the ADA affects you and how to include all children in your daily activities. This class meets the MSDE requirement.	3 CUR	C. Berkey

**“Teaching Kids to Count Is Fine, But  
Teaching Them What Counts Is Best.”**

– THE UNION



# TRAINING CALENDAR

## MARCH TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

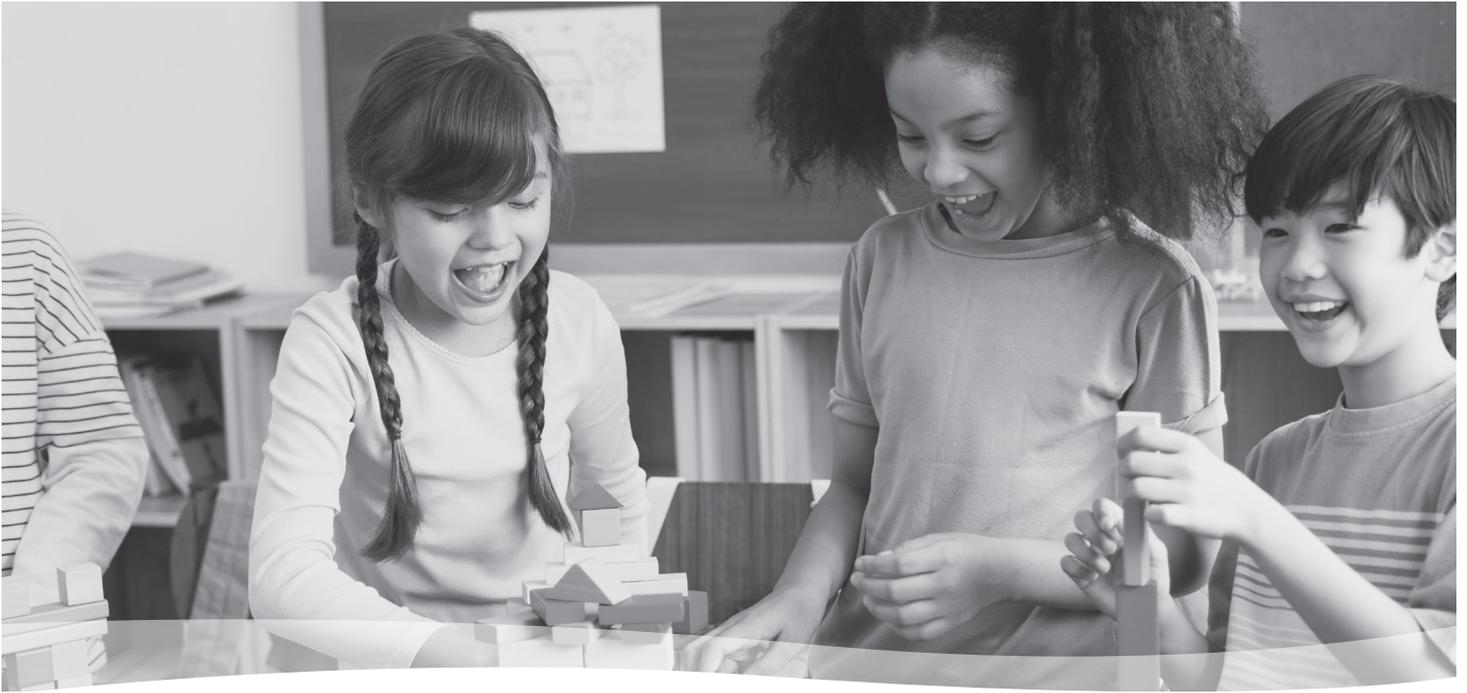
Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Saturday, March 2 9 a.m.-Noon or 1-4 p.m. Wye Mills	Free	<b>Elevate and Empower: Training Teachers as Young Scientist Mentors</b> In this hands-on science training workshop participants will explore the significance of science exposure in the first five years, how to incorporate science into everyday teaching, benefits science provides to children, how science can be used to support emotional and social needs, how messy play can be great for growth, what are the benefits of lab equipment in a young classroom/center, how safety and a clean organized environment creates successful science learning, step-by-step presentation guides, and the usefulness of visual learning modalities, the "why" behind lab science and the "science behind the labs," troubleshooting science tips, how lab stations can keep kids engaged, and prepping ahead of time for teacher sanity	3 CUR	Science Nerds
Tuesday, March 12 6:30-8:30 p.m. Virtual	\$10	<b>Introduction to the Maryland Credential</b> The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. If you would like more information on the how to participate in the Maryland Child Care Credential this workshop is for you!	2 PRO	R. Merryweather
Saturday, March 16 9 a.m.-Noon Virtual	\$20	<b>Building Resilience in Young Children</b> In this workshop, participants will learn that warm and nurturing relationships between children and the adults in their lives are the most important factor in developing resilience and overcoming potential negative effects of daily stress.	3 CD	L. Doeler
Saturday, March 16 9 a.m.-4 p.m. Salisbury	\$52	<b>Medication Administration</b> Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Conway
Tuesday, March 19 6-9 p.m. Virtual	\$20	<b>Basic Health and Safety Training with Supporting Breastfeeding in Child Care</b> This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop.	3 HSN	C. Berkey
Thursday, March 21 6-9 p.m. Wye Mills	\$20	<b>But It's Mine! Redirecting Toddlers (Developing Social Emotional Competencies)</b> Caregivers intentionally teaching social emotional skills throughout the daily routines, produces many positive outcomes for children. This workshop will present a definition of social emotional skills and presents benefits of promoting social emotional skills.	1.5 CD 1.5 CUR	A. Clymire

### TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): "Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers' classroom practice and child outcomes."



## Up-to-Date Info from the ESCCRC

### Check your email inbox for the most up-to-date news from the ESCCRC.

Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don't have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don't forget to check your email!

## How to Get Your Training Hours

**In Person:** At our SU and ESHEC locations

**ESCCRC:** Virtual classroom, networking with others through active discussion

**Self-Paced:** Convenient

**Individualized:** Training tailored to a group's specific need

**Online:** Self-paced at your time and your location using ProSolutions at [www.prosolutionstraining.com/md](http://www.prosolutionstraining.com/md)

**Think about it, choose what best suits you, and contact Leslie Sinclair at [lasinclair@salisbury.edu](mailto:lasinclair@salisbury.edu) or at 410-543-6650.**

## Update Your LOCATE Information and Enter to Win!

Maryland Family Network's LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN's LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.

## MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at [MCCRNinfo@marylandfamilynetwork.org](mailto:MCCRNinfo@marylandfamilynetwork.org). As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

## How to File a Program Complaint

If you believe a particular child care program is in violation of state child care licensing laws or regulations, you may file an official complaint against that program. To file a complaint, contact the Regional Licensing Office covering the county where the program is located.

## The Road to a Speedy Certificate

When registering for training through ESCCRC make sure to either register online, email [escrc@salisbury.edu](mailto:escrc@salisbury.edu) or call the office at 410-543-6650. Make sure to follow up with me to ensure you are registered and you should make note of the dates. I strive to send out multiple reminders before the day of the training to ensure your attendance. The email includes the assessment and the evaluation that will need to be completed BEFORE receiving your certificate, and it will also include any handouts that will benefit you during the training. Certificates will only be sent after BOTH forms are completed and assessments have a passing score. Either a trainer or I will reach out if there are any issues with assessments. If you are looking for a certificate, make sure to check that you completed the forms, or make sure to check your spam and junk folders for emails from [escrc@salisbury.edu](mailto:escrc@salisbury.edu), as this is where your certificate will come from.

Your ESCCRC Administrative Assistant/Registrar,

*Jenn Hogan*



## How to Receive Your Certificate

**Check out the Training Policy below.**

In short, to receive credit for attendance, you must:

- Attend the entire training session
- Submit the assessment
- Complete the evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub.
- **ESCCRC will record responses and generate your certificate.**

## Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

## Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.- 5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

## TRAINING POLICY AND EXPECTATIONS FOR IN-PERSON WORKSHOPS

**CUR**-Curriculum **CD**-Child Development **COM**-Community **HSN**-Health, Safety and Nutrition **PRO**-Professionalism **SN**-Special Needs

**Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:**

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at [www.training.easternshoreccrc.org](http://www.training.easternshoreccrc.org)
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in – This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your *Assessment and Evaluation*. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

## Northern Notes

As this year ends, many of us will start making plans, making lists and resolutions. It's easy to become overwhelmed with this activity and feel defeated before you start.

It is important to take time before you begin this task to make a list of all things, big and small, you did accomplish in 2023. The list is probably longer than you realize. Let us support you to reach your career and/or business goals, navigate challenges and celebrate successes for 2024.

Thank you for being a source of comfort, joy and inspiration in the lives of the children under your care. You are making a difference.

- Lynne

## WHAT DO YOU WANT TO IMPROVE ON, LEARN ABOUT OR EXPLORE?

### *From the Infant & Toddler Scene*

Educators of the youngest learners require an understanding of the specific developmentally needs of infants and toddlers. According to COMAR 13A.16.06.09, a child care teacher wishing to supervise a group of infants and toddlers shall complete approved training related to the care of infants and toddlers. High-quality infant and toddler educators commit to seeking ongoing professional development that supports the specific needs of this age group

Did you know that ESCCRC offers specific training to meet the needs of infant and toddler teachers? Each month, training is selected through the collaborative efforts of the infant and toddler specialists and the training coordinator. Input from the ESCCRC community of educators is collected during coaching sessions and trainings, from the Infant and Toddler Advisory Board and through other outreach events. If you have specific training topics you would like addressed, please reach out to Lynne Doeler, training coordinator, at [lsdoeler@salisbury.edu](mailto:lsdoeler@salisbury.edu)

## Training Voucher and Reimbursement Program

All Training Voucher and Reimbursement applications must be submitted on the Maryland OneStop platform.

Maryland OneStop - Application for Training Reimbursement:

<https://onestop.md.gov/forms/msde-application-for-training-reimbursement-6176a948a0c8d4019fc6978d>

Maryland OneStop - Application for Training Voucher:

<https://onestop.md.gov/forms/msde-application-for-training-voucher-608af42b6bce330222afb5ca>

## GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out [www.openchildcaretoday.com](http://www.openchildcaretoday.com). If you have questions, you may contact the ESCCRC at 410-543-6650 and speak to GOFCC Coordinator Carolyn Frisby.

## CDA News

If you are not aware of the scholarship for acquiring the Child Development Associate (CDA) credential, please get in touch. The CDA is a nationally recognized credential that is a best first step in professionalism for some child care providers. The State of Maryland has funding for materials, training and the application process. Our office will support your training and work with you as you compile your resource file. We can also connect you with the CDA Council and help you find a professional development specialist. Contact us at 410-543-6650.

## WHAT PROFESSIONALS DO

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!



Eastern Shore Child Care  
Resource Center  
at Salisbury University

## WINTER 2024

Published by the Eastern Shore  
Child Care Resource Center

Suite 500 East Campus Complex  
Salisbury, MD 21801  
410-543-6650  
LOCATE: Child Care  
1-877-261-0060  
[www.easternshoreccrc.org](http://www.easternshoreccrc.org)

The Eastern Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.

Salisbury  
UNIVERSITY

Make Tomorrow Yours



MARYLAND  
FAMILY  
NETWORK  
*Leading Maryland's  
Child Care Resource Centers*



MARYLAND CHILD CARE  
RESOURCE NETWORK



NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
SALISBURY, MD  
PERMIT NO. 65

EASTERN SHORE CHILD CARE RESOURCE CENTER  
Suite 500  
East Campus Complex  
Salisbury, MD 21801



ADDRESS SERVICE REQUESTED



**Visit Us on the World Wide Web**

Just log onto [www.easternshoreccrc.org](http://www.easternshoreccrc.org) or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



**Check us out on Facebook:** Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

*Join/renew now for \$25. You will earn one PAU and will receive one free two-hour class per membership year. You may join or renew your membership at any time. Use the form below for membership payment as well as class registration.*

**REGISTRATION FORM**

Name \_\_\_\_\_ Resource Center Member? Yes \_\_\_\_\_ No \_\_\_\_\_

Center (if applicable) \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_  
Street City State Zip Area Code

Email Address \_\_\_\_\_

**Make personal check or money order for FULL AMOUNT payable to: Salisbury University**  
**Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,**  
**Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650**

Course Title	Date	Fee

Credit card: Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ Name on card \_\_\_\_\_

Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_