

The Child Care



Eastern Shore Child Care
Resource Center
at Salisbury University

Chat

Published by the Eastern Shore Child Care Resource Center

SUMMER 2024

The ESCCRC **elevates** the early childhood profession through cohesive professional learning opportunities, **advocates** for the highest quality learning environments for young children, and **supports** the unique needs of all families.

LETTER FROM THE DIRECTOR

Hello! This is the first *Child Care Chat* for this fiscal year. Included is some news, announcements and a call to professionalism. You may have noticed that professionalism was the theme for last year: starting something new, taking on challenges, and focusing on personal growth and this issue are about navigating change.

There are changes going on at the Maryland State Department of Education (MSDE) that I want to address in this edition of the *Child Care Chat*. Credentialing changes at the state level are a result of funding allotments for the next fiscal year and we have heard they are temporary. During fiscal year 2025 (FY25), which is July 1, 2024, through June 30, 2025, the bonuses, vouchers and reimbursements will not be available. But the professionalism associated with the Maryland Child Care Credential Program still matters as you engage in training, coaching, conferences, higher education and service to the profession. Participating in the activities that make

you a professional in the field continues to impact your performance and allows you to be the best early childhood educator you can be. It allows you to contribute to the high-quality environment for children and the EXCELS level of your workplace. Your work as we wait out this Credentialing pause is to keep earning the clock hours, credits and PAUs.

Because MSDE says funding will return in FY26, which begins on July 1, 2025, you should keep good records of all clock hours, credits and PAUs so that when MSDE re-opens the program you are ready to submit your materials to receive your professional recognition. The ESCCRC is always available to help you as you work toward maintaining or increasing your level. If you have questions or want to talk about any of the changes going on, or how to be prepared, please contact the ESCCRC at 410-543-6650.

The ESCCRC is undergoing changes that are also a result of funding. We have had to plan for staffing changes, training program changes and a reassignment

of coaching responsibilities. The Family Resource Specialist (FRS) position was not funded this fiscal year. There is still LOCATE: Child Care assistance for families, but the navigation service is no longer a part of the ESCCRC. The Child Care Scholarship (CCS) is now completely online; families should request assistance directly from CCS.

At this time of year, I am sure you are experiencing the excitement and chaos of change such as changing schedules, adding new programs, children moving into summer programs and the general upheaval that accompany the summer season. Thank you for all you do every day to enrich the lives of the children you care for in home-based, center-based and school-based programs. As we all try to manage changes professionally and personally, don't forget to take time to recognize the way friends and colleagues forge ahead and embrace new things. The ESCCRC is always here to support you in your efforts and provide any assistance we can.

Leslie



Training/Membership Cost Updates

Effective July 1, 2024, training costs \$20 for a two-hour training and \$30 for a three-hour training. The cost of Medication Administration training is \$60. ESCCRC membership is now \$30 and comes with a \$30 credit to be used toward training.

TRAINING CALENDAR

CPR & FIRST AID NOTICE: The Eastern Shore Child Care Resource Center no longer offers CPR and First Aid training. Below are contacts for training:

Jay Hyde: 443-496-2464 • 1stalercpr@gmail.com | **Tessa Doughty:** 302-396-1988 • tdoughty43@gmail.com

Please pay attention to the location information given with workshop details.

JULY TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, July 16 6-9 p.m. Salisbury	\$30	Wonderful Ones Childcare professionals will gain a better understanding of wonderful ones and learn strategies to support this young toddler's growth and development.	2 CD 1 CUR	R. Merryweather
Tuesday, July 16 6-9 p.m. Salisbury	\$30	Sign Language for the Early Childhood Classroom: Communication for All Participants will learn about the benefits of using Sign Language in the Early Childhood Classroom for all students. This training will help teachers identify students with possible hearing loss, understand what steps to take if students are identified and how to access and use resources, materials and supports.	2 CD 1 SN	J. Uppercro
Thursday, July 18 6:30-8:30 p.m. Virtual	\$20	Teaching Parents About School Readiness This training will teach techniques to actively create meaningful family engagement in the school readiness process. The information will allow early care professionals to help families be more familiar with all areas of school readiness, including self-help skills, gross motor skills, language and speech skills, thinking skills, as well as social/emotional skills.	2 COM	L. Doeler
Saturday, July 20 9 a.m.-4 p.m. Salisbury	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	D. Conklin
Thursday, July 25 6-9 p.m. Virtual	\$30	Basic Health and Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop.	3 HSN	C. Berkey

Center Directors' Community of Practice

ESCCRC invites directors to join a virtual Community of Practice (CoP) held the last Tuesday of every month at 1 PM. A community of practice is a safe space to share and grow the knowledge and skills specific to the role of directors while addressing common challenges. The CoP provides a source of support and encouragement for the amazing and often difficult work you do. To receive the zoom link to join please respond to the interest form at this link: <https://forms.gle/7mnJLibTS4Jc7gTe7>

To learn more about community of practices: <https://www.earlylearningventures.org/what-are-communities-of-practice-in-early-childhood-education/>

AUGUST TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Saturday, August 17 9 a.m.-Noon Wye Mills	\$30	Fun with Found Materials Do you have a collection of "stuff" that you are not sure what you could create with it? In this workshop, we will explore how to use found materials in a creative way and engage young children in the process.	3 CUR	L. Doeler
Saturday, August 17 9 a.m.-4 p.m. Wye Mills	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Conway
Thursday, August 22 6-9 p.m. Virtual	\$30	Including All Children and the Americans with Disabilities Act (ADA) How do you ensure a child with special needs is included in every activity in your childcare? It can be difficult to answer these questions as you work hard to make sure all the needs of children are met in your program.	3 SN	C. Berkey
Tuesday, August 27 6-9 p.m. Virtual	\$30	Bottoms Up! Tummy Time Fun Tummy time is easy to implement in any child care setting and is critically important to supporting healthy infant development and preventing a number of infant disorders. Knowing about the importance of tummy time and how it can be implemented throughout the day, teachers can incorporate prone positioning in their classrooms.	3 CD	R. Merryweather

“We may not be able to prepare the future for our children, but we can at least prepare our children for the future.”

– FRANKLIN D. ROOSEVELT



TRAINING CALENDAR

SEPTEMBER TRAINING

Salisbury, Lower Shore: SU Office, 500 East Campus Complex, Power & Wayne Streets

Wye Mills, Upper Shore: Eastern Shore Higher Education Center located on the campus of Chesapeake College

Date, Time & Location	Cost	Training Title & Description	COK	Trainer
Tuesday, September 10 6:30-8:30 p.m. Virtual	\$20	Developmental Delays This workshop will teach child care providers the basics of developmental delays in children. Participants will learn the fundamental cause, recognition, diagnosis and treatment for developmental delays such as autism, intellectual disabilities, speech and language delays, and more.	1 CD 1 SN	C. Frisby
Thursday, September 19 6-9 p.m. Virtual	\$30	Basic Health and Safety Training with Supporting Breastfeeding in Child Care This training will satisfy the CCDF Health and Safety Requirements as well as the requirement for the Breastfeeding Workshop.	3 HSN	C. Berkey
Saturday, September 21 9 a.m.-4 p.m. Wye Mills	\$60	Medication Administration Learn how to correctly administer medication to children in your care. This class is required and meets the MSDE criteria.	6 HSN	M. Conway
Saturday, September 21 9 a.m.-Noon Wye Mills	\$30	Hands-On Art for Twos Art exploration with open ended materials provides countless opportunities for children to develop fine motor skills, social emotional skills, emerging perceptual-motor skills as well as pre-reading and writing skills. This workshop explores a variety of open-ended art experiences which are age and developmentally appropriate for the young child.	3 CUR	J. Brestensky
Saturday, September 28 9 a.m.-3 p.m. Salisbury	\$40	September Storytime Spectacular * A Make and Take Event Using Storytelling to Enhance Children's Development Storytelling is an integral part of our lives. We can enhance communication and encourage language development and social competence by expanding our capacity to tell stories. Once Upon A Storytime Once Upon a Storytime teaches child care professional best practices surrounding oral story telling. This training will provide ideas for storytelling, creating props and child engagement. Storytelling is a beneficial skill in children's oral language development and lends itself to acquiring critical pre-reading skills.	3 CUR 2 CUR	L. Doeler R. Merryweather

TIPS FOR ACCESSING HIGH-QUALITY PROFESSIONAL DEVELOPMENT

The ESCCRC utilizes trainings from a data base of the Maryland Family Network, which have been approved by MSDE and designed to support the training needs of the early childhood community. Maryland Family Network has also established a collaborative partnership with ProSolutions Training for your e-learning needs. To reduce the risk of having training credit rejected by licensing or the MSDE Credential program, access training through the links provided on our website.

According to Schachter, Gerde and Bowers (2019): "Engaging teachers in high-quality PD is essential to maintaining and enhancing the quality of the EC profession worldwide. Not all PD offerings deliver content using processes known to improve teachers' classroom practice and child outcomes."



ENRICHING OUTDOOR PLAY FOR INFANTS AND TODDLERS

From the Infant & Toddler Scene

How do you support outside play with infants and toddlers? Infants and toddlers like to explore. Without proper guidance and planned activities that encourage and support their natural curiosity, infants and toddlers will still seek these experiences. The developmentally appropriateness of these explorations are dependent on the caregiver. Ask yourself if your outdoor environment is interesting, safe and inviting to an infant or toddler. If you are spending more time redirecting and managing challenging behaviors than facilitating rich explorative play, your environment probably needs a refresh.

Many of the supporting elements you can use to enhance your outdoor area are inexpensive or naturally found items. Wood spoons, leaves, baking pans, artificial plants, child safe plants, water, wood slices, books and blankets.

“There is no substitute for the experience of being outside. The open spaces, natural objects, living creatures, and opportunities for movement cannot be re-created indoors. When you plan for learning in outdoor spaces, you maximize these experiences for infants, toddlers, and their families.” (Head Start, 2024)

According to the Early Childhood Learning and Knowledge Center, April 4 2024, some elements to consider are pretend play, sound exploration, water area and a garden. You can read more about rich outdoor play and get some fantastic ideas at:

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/creating-outdoor-spaces>

Update Your LOCATE Information and Enter to Win!

Maryland Family Network’s LOCATE: Child Care is a comprehensive directory of child care offerings throughout the state. Because parents regularly visit this site to make informed decisions about child care, it is critically important that information be accurate and updated. The more complete your listing is, the better MFN can help parents find and choose your child care program.

Please review and, if necessary, update your record today. Any additions and changes will be reviewed and made active in our database within just two business days. Update your information and be entered into our monthly sweepstakes to receive a gift from MFN’s LOCATE: Child Care. You can enter your program information online at <https://locate.marylandfamilynetwork.org/Provider/login> or by calling our LOCATE Provider Support Line at 866-752-1614.

Up-to-Date Info from the ESCCRC

Check your email inbox for the most up-to-date news from the ESCCRC. Are you on our email list? Frequently we send an update on training or scheduled activities. You will also find links to other sites and opportunities for you to take advantage of up-to-the-minute news important to you. Sometimes there are last-minute changes to office hours or open-late hours announced, PAU opportunities and events coming to the region. If you are not receiving these emails, we probably don’t have your correct email address. Get in touch so we can fix that. Call us at 410-543-6650. And, don’t forget to check your email!

How to Get Your Training Hours

In Person: At our SU and ESHEC locations

ESCCRC: Virtual classroom, networking with others through active discussion

Self-Paced: Convenient

Individualized: Training tailored to a group’s specific need

Online: Self-paced at your time and your location using ProSolutions at www.prosolutionstraining.com/md

Think about it, choose what best suits you, and contact Lynne Doeler at lndoeler@salisbury.edu or at 410-543-6650.

How to File a Program Complaint

If you believe a particular child care program is in violation of state child care licensing laws or regulations, you may file an official complaint against that program. To file a complaint, contact the Regional Licensing Office covering the county where the program is located.

Zoom Etiquette

- Face the camera
- Turn off your mic when not speaking
- Participate in class and breakouts
- Observe safe practices

Training Notes

Going forward, things may look and feel a little differently, but Eastern Shore Child Care Resource Center will continue to provide the quality training you need to support your professional goals. Once a quarter you will have the opportunity to obtain five-six hours of training in one Saturday event to be held in alternating locations. ESCCRC will kick off this initiative with September Storytime Spectacular in the Salisbury location. Come join your peers for five hours of literacy training that will include a make-and-take for your classroom. We would like to know what other topics and take-homes you would like for your program. Feedback is welcome and collected by following this link: <https://forms.gle/z6YC4N5uxJrPity56>

Your ESCCRC Training Team



TRAINING POLICY AND EXPECTATIONS

CUR-Curriculum CD-Child Development COM-Community HSN-Health, Safety and Nutrition PRO-Professionalism SN-Special Needs

Thank you for abiding by the following training policy. By doing this, you are helping us maintain our high standards and provide the highest quality training:

- You must pre-register for all classes. Registration forms can be found on ESCCRC's website, in our newsletter or at our office. Training registrations are on a first-come, first-served basis; register early. You are not considered to be registered for a class until payment has been received.
- Payment for a class should be made payable to Salisbury University. We gladly accept cash, check, Visa or MasterCard. There is a \$25 returned check fee. You can now register online with your Visa or MasterCard at www.training.easternshoreccrc.org
- Class registration fees are non-refundable. However, if you are unable to attend a training session, you must notify our office by close of business the day before the training or the full price of the training will be charged to your account.
- In order to ensure that all classes are conducted as scheduled, please register early. If the minimum registration requirement is not met prior to the class, it will be canceled. We will notify all registered students of this cancellation.
- In order to get a certificate for training, an attendee will need to be present for the entire training. Complete an assessment and evaluation and turn it in — This allows the ESCCRC to maintain funding as your CCRC and training hub. **ATTENTION:** In order to provide your certificate in a reasonable amount of time, you must submit your Assessment and Evaluation. **No certificate will be sent** if a completed assessment and evaluation is received after one month from training date.
- Please be on time for all trainings, as no one will be admitted late. Leaving a training early or arriving late can distract others from learning. Also, taking only a portion of a training does not allow for a participant to get a full grasp of the subject and takes away training opportunities from other providers who need the full amount of training hours.
- Although we love children at ESCCRC, please do not bring them to class with you.
- Certificates will be awarded to all participants successfully completing all requirements of a class. Please keep these certificates for licensing and credentialing purposes. **This is your professional responsibility!**
- Please check with local television stations for any possible cancellations due to bad weather. If a training is canceled, it will be rescheduled for a later date. The Resource Center is closed if Salisbury University is closed.
- Please be respectful of the trainer and other class members. Save private conversations for break time or after class. Cell phones, including texting, can be disruptive to others. Please turn your cell phone off at the beginning of class or put it on silent. Disruptive participants will be asked to leave the class and will not be given credit for the class or a refund.

MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high-quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is their mission to ensure that every interaction with staff at the child care resource centers is positive and professional.

If you have concerns about an incident or some aspect of service at a child care resource center, please contact the director/manager directly. Contact information for these individuals can be found at: <https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>.

If you are not satisfied with the way your concern is handled by the director/manager at the child care resource center, please contact Maryland Family Network (MFN) at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the statewide coordinating entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

WHAT PROFESSIONALS DO

- Take trainings in their specialty area whenever possible
- Network with their colleagues
- Join a professional organization
- Keep records of their professional development
- Take care of themselves!

Resource Rooms Open

Resource Rooms are available for your use at both locations. Call to make an appointment between the hours of 9 a.m.- 5 p.m. weekdays. You can find us at SU's East Campus and at the ESHEC building on Chesapeake College's campus.

GOFCC Information

Growing Opportunities for Family Child Care (GOFCC) is a grant program designed to recruit and support new family child care programs in Maryland. The Eastern Shore Child Care Resource Center is focusing efforts on the eight counties on the Delmarva Peninsula. If you or someone you know is interested in opening a home-based child care program, check out www.openchildcaredtoday.com. If you have questions, you may contact the ESCCRC at 410-543-6650 and speak to GOFCC Coordinator Carolyn Frisby.



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The Eastern Shore Child Care Resource Center is a member of the Maryland Child Care Resource Network with funding provided from the Maryland State Department of Education, through Maryland Family Network and Salisbury University.

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ADDRESS SERVICE REQUESTED



Visit Us on the World Wide Web

Just log onto www.easternshoreccrc.org or scan the code to view a copy of our newsletter, training calendar or just some helpful child care info.



Check us out on Facebook: Eastern Shore Child Care Resource Center and Eastern Shore Infant and Toddler Support Group

REGISTRATION FORM

Name _____ Resource Center Member? Yes _____ No _____

Center (if applicable) _____

Address _____ Phone _____
Street City State Zip Area Code

Email Address _____

Make personal check or money order for FULL AMOUNT payable to: Salisbury University
Mailing Address: C/O Eastern Shore Child Care Resource Center, Suite 500, East Campus Complex,
Salisbury University, Salisbury, MD 21801. Phone Number: 410-543-6650

Course Title	Date	Fee

Credit card: Visa _____ MasterCard _____ Name on card _____

Account Number _____ Expiration Date _____